

CURRICULUM VITAE

OCTOBER 2018

G. ADRIANA PEREZ, PhD, RN, CRNP, ANP-BC, FAAN, FGSA

BUSINESS ADDRESS

University of Pennsylvania – School of Nursing
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EDUCATION

PhD	2005-2009	College of Nursing, Arizona State University Nursing and Healthcare Innovation Tempe, AZ
M.S.	2001-2004	College of Nursing, Arizona State University Adult Health Nurse Practitioner Tempe, AZ
B.S.	1998-2000	College of Nursing, Arizona State University Nursing Tempe, AZ
A.A.S.	1995-1998	Arizona Western College Nursing Yuma, AZ

PROFESSIONAL EXPERIENCE

2016-current	Senior Fellow Leonard Davis Institute of Health Economics University of Pennsylvania Philadelphia, PA
2015-current	Assistant Professor of Nursing University of Pennsylvania, School of Nursing Philadelphia, PA
2016-current	Per-Diem, Certified Registered Nurse Practitioner Mercy LIFE (Living Independently for Elders) – North Hancock Philadelphia, PA
2012-2015	Assistant Professor & Southwest Borderlands Scholar Arizona State University, College of Nursing & Health Innovation Phoenix, AZ
2014-2015	Adult Nurse Practitioner Clinica Medica del Sol Phoenix, AZ

2012-2014	Co-Director, Hartford Center of Gerontological Nursing Excellence Arizona State University, College of Nursing & Health Innovation Phoenix, AZ
2011-2013	Adult Nurse Practitioner, Cardiology Services St. Joseph's Hospital & Medical Center Phoenix, AZ
2009-2011	John A. Hartford Foundation Claire M. Fagin Postdoctoral Fellow Arizona State University, College of Nursing & Health Innovation Phoenix, AZ
2008-2010	Project Director – Mujeres en Accion NIH/NINR R21 (Keller, PI, Fleury, CoPI) Arizona State University, College of Nursing & Health Innovation Tempe, AZ
2005-2008	Graduate Research Assistant Arizona State University, College of Nursing & Health Innovation Tempe, AZ
1998-2008	Staff Nurse, Nursing Supervisor, Adult Nurse Practitioner, Nurse Educator St. Joseph's Hospital & Medical Center Phoenix, AZ

CERTIFICATION/LICENSURE

2017-present	Prescriptive Authority, Pennsylvania
2016-present	Certified Registered Nurse Practitioner, Pennsylvania
2016-present	Registered Nurse, Pennsylvania
2011-present	Adult Nurse Practitioner, Arizona
2011-present	Prescribing & Dispensing, Arizona
2005-present	Adult Health Nurse Practitioner, American Nurses Credentialing Center
1998-present	Registered Nurse, Compact States, Arizona

HONORS/AWARDS/MEMBERSHIPS IN HONORARY SOCIETIES

2018	Senior Service America Senior Scholar Award for Research Related to Disadvantaged Older Adults, Gerontological Society of America
2017	Gerontological Society of America Fellow
2016	Outstanding Community Health Leader, American Heart/Stroke Association
2014	Arizona's First Leadership in Action Award – Arizona Action Coalition
2014	Phoenix Business Journal Health Care Hero Honoree
2014	Dr. Janie Menchaca Wilson Award for Outstanding Leadership, National Association of Hispanic Nurses
2014	American Academy of Nursing Fellow
2013	American Public Health Association Erickson Foundation Award – Nominated for Paper "An audit of a local diverse community for safe routes to age in place"
2013	Univision & Valle del Sol Phoenix, 40 Hispanic Leaders Under 40 Award
2012	John A. Hartford Foundation – Western Institute of Nursing Regional Geriatric Nursing Research Award for a New Researcher
2011-12	American Political Science Association/The Atlantic Philanthropies & Center for Disease Control, Health and Aging Policy Fellow

2007-11	Health Disparities Loan Repayment Award Recipient, National Institute of Minority Health and Health Disparities
2010	National Institutes of Health/National Institute on Aging Summer Institute on Aging Research Scholar
2010	Gerontological Society of America/Hartford Geriatric Social Work Faculty Scholars Policy Leadership Institute
2009-11	John A. Hartford Claire M. Fagin Postdoctoral Fellow
2009	Global Caring Nurses' Foundation Honoree
2007-09	John A. Hartford BAGNC Predoctoral Scholar
2007-09	National Institutes of Health/National Research Service Award Predoctoral Fellow
2007	AARP Student Fellowship
2006	National Coalition of Ethnic Minority Nurses' Association/AETNA Fellowship Award
2004	Sigma Theta Tau, Upsilon Chapter, Graduate Thesis Scholarship Award
2003	NurseWeek Magazine, Excellence in Nursing Leadership Finalist, Las Vegas, NV
2003	National Association of Hispanic Nurses, National Scholarship Award
2002-04	Dr. Andrew Nichols Service Award, University of Arizona
2002	National Association of Hispanic Nurses, Valle Del Sol Chapter "Essay Award"
2000-present	Sigma Theta Tau, International Honor Society for Nurses

RESEARCH

National Institute on Aging/National Institutes of Health
Resource Center for Minority Aging Research (P30)
Center for Improving Care Delivery for the Aging (CICADA)
"Influence of Community on Well-Being and Resource Utilization in Home Dwelling Persons with Dementia"
This study will examine health care utilization in a multi-ethnic population, with a focus on the role of community in explaining wellbeing and resource utilization for persons with dementia.

Awarded 10/18-09/19
\$33,321 (direct costs)

NIH/NINR Research Supplements to Promote Diversity in Health Related
Research Program#3R01NR015226-02S1 (Hodgson, PI)
"Meaningful Activity and Quality of Life in older Latinos with Dementia"
This study uses a mixed-methods approach to culturally adapt the timed activity protocol in the parent study ("Healthy Patterns") with input from Latino elders with dementia and their caregivers (Phase I); and to evaluate the feasibility and proof of concept of the tailored activities on outcomes related to quality of life, sleep disruption, and behavioral symptoms (Phase II).

Awarded 6/17 – 5/19
\$166,538 (direct costs)

National Institute on Aging/National Institutes of Health
University of California at Davis Latino Aging Research Resource Center
Role: PI
This study includes a secondary analysis of both qualitative focus group data and intervention study results from a community based Wellness Motivation Intervention (WMI) among older Latinas in South Phoenix, AZ. The WMI was implemented in two phases, which acknowledge the complexities of culturally relevant, community-based research promoting physical activity. Phase I included a series of focus groups to explore the role of motivation and self-knowledge in addressing health concerns, including cognitive health, consistent with cultural values, priorities and goals to increase physical activity.

Awarded 7/16 – 6/17
\$40,250

U.S. Department of Health & Human Services, Office of Minority Health
Partnerships to Increase Coverage in Communities
Role: PI

Awarded 9/14 – 8/16
\$500,000

“Hispanic Nurses Educating Multicultural Communities on the ACA,” implemented in partnership with the National Association of Hispanic Nurses for the purpose of testing a nursing leadership model in 7 states with the highest Latino uninsured rates. The overarching purpose was to educate multicultural communities, particularly Hispanic/Latinos about the protections, benefits, and health insurance options through the Health Insurance Marketplace and state Medicaid program; using this platform to promote health and wellness. Training was multifaceted, enhancing the knowledge of nurses on the fundamentals of the ACA, leadership skills, effective communication, community organizing, partnership and outreach activities for ultimate community-wide change.

AARP State & Communities Office and the Center to Champion
Nursing in America
Role: PI/Project Director

Awarded 6/13 – 9/15
\$25,000

“Educating Multicultural Communities on the Patient Protection & Affordable Care Act (ACA)” implemented in partnership with the Phoenix Chapter of the National Association of Hispanic Nurses. A leadership training model to empower nurses to inform the community on the basic provisions of the ACA, including the current health status of Arizona ethnic minority communities.

The Urban Health Solutions & Urban Health Partners
Role: Sub-Contract, Evaluator

Awarded 10/12 – 9/14
\$13,200

Awarded sub-contract to serve as health researcher to make recommendations for the development, adoption, and implementation of age-friendly considerations in the Open Space Master Plan of Miami-Dade County.

The Atlantic Philanthropies in partnership with the Centers for Disease
Control & Prevention, Healthy Aging Program
Role: PI, Non-Residential Fellowship

Awarded 9/11 – 10/13
\$45,000

As the CDC Health & Aging Policy Fellow, this grant supports a focus on environmental policies that promote healthy aging, particularly in diverse communities. This project uses community based participatory methods to connect generations in working with local policy leaders and city planning council to design healthy neighborhoods.

American Heart Association
Role: PI

Awarded 10/11 – 10/12
\$15,000

Chequeo por Vida: Promoting Blood Pressure Awareness in the Hispanic Community in partnership with the Valle del Sol Chapter of the National Association of Hispanic Nurses and local, Hispanic owned Barber/Beauty Shops, the goal of this pilot project is to promote blood pressure awareness in the Hispanic community to ultimately reduce deaths from CVD and stroke by 20%, by the year 2020, among all Americans.

St. Luke’s Health Initiatives Foundation Grant
Moving Communities
Role: PI

Awarded 9/11 – 10/12
\$30,000

The purpose of this grant is to address cardiovascular health disparities in Central City South Phoenix, a predominantly Hispanic community in Arizona. Program objectives were developed in collaboration with community partners, and are based on a social ecological, empowerment framework for program design and evaluation. The overarching goal is to build individual and community capacity for physical activity and healthy diet, as a basis for reducing cardiovascular health disparities and contributing to the development of sustainable community resources, across generations.

John A. Hartford Foundation Claire M. Fagin Postdoctoral Fellow

Awarded 9/09 – 9/11

Role: Fellow (Fleury, Mentor)	\$120,000
Selected among 9 postdoctoral applicants in the country for this competitive two year fellowship focused on testing a full scale randomized controlled trial based on the Wellness Motivation Theory to promote heart health among older Hispanic women, though regular physical activity.	
NIH/National Institute of Minority Health and Disparities Research Loan Repayment Program	Awarded 9/09 – 9/11 \$40,344
Role: PI This study builds on preliminary studies within a program of research aimed at determining the effectiveness of a Motivational Intervention for Physical Activity in fostering desired theoretical mediating, behavioral, and cardiovascular health outcomes among older Hispanic women.	
John A. Hartford Foundation BAGNC Patricia G. Archbold Predoctoral Role: Scholar, (Fleury, Mentor)	Awarded 7/07 – 8/09 \$100,000
Selected among 14 doctoral students in the country for this competitive scholar award in order to promote and improve education, health, and health policy focused on older adults. This program is designed to support 2 years of doctoral education for nurses committed to careers in academic geriatric nursing science.	
NIH/NINR National Research Service Award #5F31NR010049-03 Motivation for Physical Activity in Older Hispanic Women	Awarded 8/07 – 8/09 \$76,259
Role: Pre-doctoral Scholar (Fleury, Sponsor) Intervencion de Motivacion Para Caminar Todas (IMPACTO) focused on the development and evaluation of a theory-based motivational intervention program to promote regular physical activity in older Hispanic women. The Wellness Motivation Theory provides a framework for the proposed intervention, which uses culturally relevant methods to test the hypothesis that a community-based intervention conducted with older Hispanic women will result in increased levels of social contextual resources, behavioral change process variables, increased levels of physical activity, and improvement in cardiovascular health outcomes.	

PUBLICATIONS

Journal Articles: Research, Peer Reviewed [* indicates data-based]

- *Brody, A.A., Bryant, A.L., Perez, G.A., & Bailey, D.E. (2018). Best practices and inclusion of team science principles in appointment promotion and tenure documents in research intensive schools of nursing. *Nursing Outlook*.
- * Schroeder, K., McCormick, R., Perez, A., & Lipman, T. H. (2018). The role and impact of community health workers in childhood obesity interventions: a systematic review and meta-analysis. *Obesity Reviews*, 19(10), 1371-1384.
- *Perez, A., Fleury, J., Belyea, M., & Shearer, N. (Accepted). The Wellness Motivation Intervention Promoting Physical Activity & Cardiovascular Health in Older Latinas. *Research in Gerontological Nursing*.
- *Perez, A., & Fleury, J. (2018). Using a cultural framework to assess motivation for physical activity among older Hispanic women: application of the PEN-3 Model. *Family & community health*, 41(1), 10-17.
- *Perez, G. A., Mason, D. J., Harden, J. T., & Cortes, T. A. (2018). The growth and development of gerontological nurse leaders in policy. *Nursing Outlook*, 66(2), 168-179.

- *Schroeder, K., Ratcliffe, S. J., Perez, A., Earley, D., Bowman, C., & Lipman, T. H. (2017). Dance for health: an intergenerational program to increase access to physical activity. *Journal of Pediatric Nursing: Nursing Care of Children and Families*, 37, 29-34.
- *Perez, A., Fleury, J., & Belyea, M. (2016). Environmental Resources in Maintenance of Physical Activity 6 Months Following Cardiac Rehabilitation. *Clinical Nursing Research*, 25(4), 391-409.
DOI:10.1177/1054773815627277
- *Perez A., Garces A., Hunter R., & Marquez D. (2015). An audit of a diverse community for safe routes to age in place: Environmental policy implications. *J Gerontol Nurs*, 41(3) 13-21. DOI: 10.3928/00989134-20150205-01
- *Bryant, A. L., Brody, A., Perez, A., Shillam, C., Edelman, L., Bond, S., Foster, V., & Siegel, E. O. (2015). Development and implementation of a peer-mentoring program for early career gerontological faculty. *Journal of Nursing Scholarship*, 47(3), 258-266.
- *Perez, A., Fleury, J., & Shearer, N. B. C. (2012). Salud de Corazon: Cultural resources for cardiovascular health among older Hispanic women. In *Hispanic Health Care International*, 10(2), 93-100.
- *Keller, C., Fleury, J., Perez, A., Belyea, M., & Castro, F. G. (2011). Mujeres an accion: Design and baseline data. *Journal of Community Health*. DOI: 10.1007/s10900-011-9363-9
- *Perez, A., Fleury, J., & Keller, C. (2009). Wellness motivation theory in practice. *Special Supplement to Geriatric Nursing: Theory-Based Interventions for Research and Clinical Practice*, 30(2 Suppl): 15–20.
NIHMSID: NIHMS110951
- *Fleury, J., Keller, C., & Perez, A. (2009) Social support theoretical perspective. *Special Supplement to Geriatric Nursing: Theory-Based Interventions for Research and Clinical Practice*. NIHMSID: NIHMS122568
- *Fleury, J., Keller, C., & Perez, G. A. (2009). Exploring resources for physical activity in Hispanic women using visual methods. *Qualitative Health Research*, 19(5), 677-686.
- *Keller, C., Fleury, J., Castro, F. G., Ainsworth, B., & Perez, A. (2009). Moderators of physical activity in Hispanic women. *Hispanic Health Care International*, 7(2), 60-71.
- *Keller, C., Fleury, J., Perez, A., Ainsworth, B., & Vaughan, L. (2008) Using visual methods to uncover context. *Qualitative Health Research*, 18(3), 428-436. PMID 18235165
- *Keller, C., Fleury, J., & Rivera, A. (2007) Dieta en mujeres Americanas Mexicanas (Diet in Mexican American Women). *Western Journal of Nursing Research*, 29(6), 758-773.

Journal Articles: Research, Peer Reviewed

Fleury, J. & Perez, G. (In Review). Review of Culturally Relevant Intervention Studies Promoting Physical Activity in Hispanic Women. *Journal of Transcultural Nursing*.

Perez, G., Nichols, B., & Quinn, W. (2018). Growing Diverse Nurse Leaders: the current progress of the Future of Nursing- Campaign for Action. *Nurse Leader*, 16(1), 38-42.
<https://doi.org/10.1016/j.mnl.2017.10.009>

Polansky, P., Gorski, M. S., Green, A., Perez, G. A., & Wise, R. P. (2017). Nurses leading change to advance health. *Nursing Outlook*, 65(6), 746-752.

Floegel, T. A., & Perez, G. A. (2016). An integrative review of physical activity/exercise intervention effects on function and health-related quality of life in older adults with heart failure. *Geriatric Nursing*.

Van Cleave, J. H., Szanton, S. L., Shillam, C., Rose, K., Rao, A. D., Perez, A., & Bellot, J. (2015). Hartford gerontological nursing leaders: From funding initiative to national organization. *Journal of Professional Nursing*. DOI: 10.1016/j.profnurs.2015.06.004

Perez, A., Fleury, J., & Keller, C. (2010). Review of interventions promoting physical activity in Hispanic women. *Western Journal of Nursing Research*, 32(3), 341-362. NIHMSID: NIHMS312538

Fleury, J., Keller, C., & Perez, G. A., Lee, S. M. (2009). The role of lay health advisors in cardiovascular risk reduction: A review. *Am J Community Psychol*, 44(1-2), 28-42.

BOOKS AND/OR CHAPTERS

Perez, A. Keller, C., & Nunez, M. (2011). Chapter 32: Leisure, Health and Adjustment of Immigrants. Leisure, Health and Wellness: Making the Connections. Venture Publishing, Inc. State College, PA.

Keller, C., Fleury, J., & Perez, A. (2008). Chapter 18: Culturally Specific Strategies for Retention and Adherence to Physical Activity Interventions in Hispanic Women. When Research Goes Off the Rails. The Guilford Press: New York, NY.

EDITORIALS

Perez, A. (2018). Outsize impact of climate change on older women. *Aging Today*.

Perez, G. A. (2015). What does the future hold for healthcare delivery? Opportunities for emerging nurse leaders. *Imprint*, 63(4), 38-39.

Davitt, J. K., Perez, G. A., & Miles, T. P. (2015). Policy advocacy to promote healthy aging: The time to engage is now. *Research in Gerontological Nursing*, 8(4), 158-159.

Mentes, J. C., & Perez, G. A. (2013). The John A. Hartford Foundation Hartford gerontological nursing leaders improving care for older adults across the health care continuum. *Clinical Nursing Research*, 22(4), 399-401.

POLICY BRIEFS

Perez, G. A., Rose, K.M., Spurlock, W., Bowers, B., Lutz, B., Arslanian-Engoren, C., Wicks, M., Caceres, B.A., Bressler, T., Hagan, T., & Bertrand, D. (2018). Position statement: Policies to support family caregivers. *Nursing outlook*, 66(3), 337-340.

Caceres, B.A., & Perez, A. (2018). Implications of the CARE Act for Latino Caregivers. Public Policy. *Journal of Gerontological Nursing*, 44(3).

Arslanian-Engoren, C., Laskowski-Jones, L., Bressler, T., Kolanowski, A. M., Perez, A., Popejoy, L. L., & Caceres, B. A. (2016). Admit to observation status: Policy brief. *Nursing Outlook*, 64(6), 604-606.

PEER REVIEWED ABSTRACTS

INTERNATIONAL

- 2017 International Association of Gerontology and Geriatrics, San Francisco, CA. "Change AGENTS: Assessing the Health Transitional Care Needs for Vulnerable Older Adults."
- 2014 II Jornada Nacional de Enfermería, Universidad del Tolima, Colombia. "Using Theory- Based Interventions to Promote Heart Health among Older Adults," Invited International Lecture.
- 2011 5th Annual International Conference on Psychology, Athens, Greece. "Predictors of Physical Activity Maintenance in Older Adults with Coronary Heart Disease" – Fleury, Belyea, Perez
- 2010 International Conference on Communication in Healthcare 2010, Verona, Italy. "The use of "dichos" to communicate resources for physical activity in older Latinas"
- 2010 International Conference on Communication in Healthcare 2010, Verona, Italy. "The partially sighted leading the blind" - a symposium presented by learners: learners' perspectives on what is missing in communication skills teaching
- 2008 Centro de Medicina De la CEDAJ, León, Gto. Mexico. "Uso de Métodos Visuales para Detectar Signos de Diabetes y Nivel de Actividad Física"
- 2006 Sigma Theta Tau International, Montreal, Canada. "Measuring Diet Intake and Physical Activity in Hispanic Women"

NATIONAL

- 2018 Gerontological Society of America, Annual Conference, Boston, MA. "Physical Activity & Sleep in Older Latinos with Mild Cognitive Impairment."
- 2017 American Public Health Association, Annual Meeting & Expo, Atlanta, GA. "A Community-Based Intervention to Promote Physical Activity, Heart Health & Mental Health in Older Latinas."
- 2017 American Public Health Association, Annual Meeting & Expo, Atlanta, GA. "Promoting environmental health literacy and awareness for cardiovascular health among older Latinos."
- 2016 American Geriatrics Society 2016 Annual Scientific Meeting, Long Beach, CA. "Messaging Geriatrics: Lessons from the Frameworks Institute reports on Aging -- Effective New Ways to Talk to Patients, the Public, Colleagues, Trainees, and System Leaders."
- 2015 Gerontological Society of America's 68th Annual Scientific Meeting, Orlando, FL. "Promoting Cardiovascular Health in Older Hispanics through an Intergenerational Physical Activity Program."
- 2015 Gerontological Society of America's 68th Annual Scientific Meeting, Orlando, FL. "Environmental Policies to Promote Healthy Aging across Diverse Populations."
- 2014 39th Annual National Association of Hispanic Nurses Conference, Miami, FL, "Educating Multicultural Communities on the Affordable Care Act."
- 2014 The Western Institute of Nursing's 47th Annual Communicating Nursing Research Conference, Seattle, WA. "Wellness Motivation Theory: a strength-based perspective for knowledge generation."
- 2013 The American Society on Aging – 2013 Aging in America Conference, Chicago, IL. "Influencing Aging Policy: Lessons Learned From the Health and Aging Policy Fellows Program."
- 2013 Gerontological Society of America, New Orleans, LA. Pre-conference workshop "Advancing Age-Friendly and Livable Communities."

- 2013 Gerontological Society of America, New Orleans, LA. MetLife Journalists in Aging pre-conference seminar "Engaging a Community for All Ages to Inform Environmental Policy."
- 2012 The Western Institute of Nursing Annual Communicating Nursing Research Conference, Portland, OR, "Feasibility and Impact of a Physical Activity Intervention for Older Hispanic Women."
- 2012 The Western Institute of Nursing Annual Communicating Nursing Research Conference, Portland, OR, "Recruitment and Retention of Older Hispanic Women in a Physical Activity Intervention."
- 2012 37th Annual National Association of Hispanic Nurses Conference, San Juan, PR, "A Theory-Based Intervention for Promoting Cardiovascular Health in Older Hispanic Women: the Postdoctoral Experience."
- 2011 44th Annual Western Institute of Nursing Communicating Nursing Research Conference, Las Vegas, NV, "The Role of Self-Knowledge in Promoting Physical Activity in Older Hispanic Women."
- 2011 36th Annual National Association of Hispanic Nurses Conference, Las Vegas, NV, "Using a Cultural Framework to Assess Motivation for Physical Activity among Older Hispanic Women: Application of the PEN-3 Model."
- 2010 National Association of Hispanic Nurses, Washington, DC, "Salud de Corazon: Cultural Resources for Cardiovascular Health among Older Hispanic Women"
- 2010 National Association of Hispanic Nurses, Washington, DC, "Results of a Motivational Intervention to Promote Physical Activity Among Older Hispanic Women"
- 2010 Council for the Advancement of Nursing Science, State of the Science, Washington, DC, "Wellness Motivation Intervention to Promote Physical Activity among Older Hispanic Women"
- 2009 Western Institute of Nursing, Salt Lake City, UT, "Developing Culturally-Embedded Health Promotion Interventions: Hispanic Women as Community Partners"
- 2009 National Association of Hispanic Nurses, San Antonio, TX, "Developing Culturally-Embedded Health Promotion Interventions: Hispanic Women as Community Partners"
- 2009 Arizona Geriatrics Society, Mesa, AZ, "Mujeres en Accion"
- 2009 John A. Hartford Foundation Leadership Conference, Atlanta, GA, "Answering the Call to Leadership"
- 2009 Gerontological Society of America, Atlanta, GA, "IMPACTO: Motivational Intervention to Promote Physical Activity Among Older Hispanic Women"
- 2009 Council for the Advancement of Nursing Science, National Institutes of Health/National Institute of Nursing Research Special Topics, Washington, DC, "National Research Service Award Results"
- 2008 University of Arizona, Tucson, AZ "Using Visual Methods to Uncover Context"
- 2008 National Coalition of Ethnic Minority Nurses' Association, San Diego, CA "Motivation for Physical Activity Among Older Hispanic Nurses" and "Considering a Research Career in Nursing"
- 2008 Western Institute of Nursing Research, Garden Grove, CA, "Building Geriatric Nursing Knowledge: Physical Activity and Functional Status"
- 2008 Gerontological Society of America, National Harbor, MD, "Environmental Resources Among Older Adults in Maintenance of Physical Activity 6 Months Following Cardiac Rehabilitation"
- 2007 Western Institute of Nursing Research, Portland, OR, "Review of Interventions to Promote Physical Activity Among Older Hispanic Women"
- 2007 Sigma Theta Tau's Biennial Conference, Baltimore, MD, "Assessment of Diet Intake in Mexican American women"
- 2006 Arizona State University, Department of Exercise & Wellness, Building Healthy Lifestyles Conference, "Physical Activity in Women"
- 2006 Western Institute of Nursing Research, Albuquerque, NM, "Motivation for Physical Activity in Older Hispanic Women"

2006 Center for the Advancement of Nursing Science, Washington, DC, "Developing and Testing a Community-Based Intervention to Promote Physical Activity Among Urban-Dwelling Older Adults."

LECTURES BY INVITATION, SPEECHES, AND WORKSHOPS

2017 Building Capacity for Care of Older Adults with Chronic Disease (NCDs) CIESS Mexico City, October 9-12, 2017. "The Older Adult with Cardiac Problems."

2017 The University of South Florida Geriatric Workforce Development Program (GWEP), October 26-27, 2017. Invited Lecturer. "Environmental Research & Policies that Impact the Health of Older, Vulnerable Populations."

2016 Center for the Advancement of Gerontological Nursing Science (AGNS) 2016 University of California Los Angeles School of Nursing, Keynote Speaker. "Research & Policies Promoting Healthy Aging among Latinos."

2015 The Philippine Nurses Association of North East Florida, Inc. 15th Annual South Central Conference, Jacksonville, FL. "Promoting a Culture of Health: Empowering Nurse Leadership in Diversity," Invited Keynote.

2015 Mississippi Nurses Association, Annual Convention, Biloxi, MI. "Mississippi Nurses Promoting a Culture of Health," Invited Keynote.

2014 Tennessee Action Coalition: 40 Under 40, Nashville, TN. "Promoting Leadership & Diversity: a Call to Action for Emerging Nurse Leaders."

2014 National Gerontological Nursing Association, Annual Convention, San Antonio, TX. "Health Promotion Among Older Hispanics," Invited Keynote.

2014 9th Annual Latino Health Forum in Seattle, WA. "Interprofessional Education: Transforming Care through Team Work," Invited Lecture.

2013 National Hartford Centers of Gerontological Nursing Excellence 13th Annual Leadership Conference – New Orleans, LA. "Exerting Health System Leadership in and through Professional Organizations."

2012 Philippine Nurses' Association of Arizona, Invited Speaker. "Health and Aging Policy Opportunities for Nurses."

2012 Arizona Society for Cardiovascular and Pulmonary Rehabilitation Conference, Invited Speaker. "Wellness Motivation for Cardiovascular Health Promotion in the Hispanic Community."

2010 Banner Good Samaritan, Invited Speaker. "Wellness Motivation for Health Promotion in Practice."

2010 Arizona Nurses Association, Invited Speaker. "Pick Your Path: Career Opportunities 2009 Arizona Geriatric Society, Invited Speaker."

2008 Banner Boswell Geriatric Nursing Research Scholar Series

2007 Transcultural Nursing Society of Arizona, Annual Conference

2006 Arizona Nurses' Association, Invited Leadership Speaker

2005 Arizona Healthcare Leadership Academy, Invited Luncheon Speaker

MEMBERSHIPS IN PROFESSIONAL & SCIENTIFIC SOCIETIES AND ORGANIZATIONS & OFFICES HELD

Memberships

2000 Sigma Theta Tau, International Nursing Honor Society, Beta Upsilon Chapter

2000 National Association of Hispanic Nurses

2002 American Association of Critical Care Nurses

2004 American Academy of Nurse Practitioners

2005	American Heart Association, Council on Cardiovascular Nursing
2005	Western Institute of Nursing
2006	Council for the Advancement of Nursing Science
2006	Cultural Health Initiatives Subcommittee (American Heart Association)
2007	Gerontological Society of America
2009	Founding Chair, Building Academic Geriatric Nursing Capacity (BAGNC) Alumni
2011	Center for Disease Control, Health Aging Research Network
2011	Member, American Nurses Association
2011	National Gerontological Nursing Association
2011	Arizona Nurse Practitioner Council
2011	Centers for Disease Control & Prevention Health Aging Research Network
2014	American Academy of Nursing

Service to Professional Organizations

2014-present	United Health Group Center for Nursing Advancement External Nursing Advisory Board Member
2014-2017	American Academy of Nursing Co-Chair, Expert Panel on Aging Co-Chair, Policy Conference Planning Advisory Committee
2014-2016	National Association of Hispanic Nurses Elected Board Member, Chair of Public Policy Committee
2014-2015	American Organization of Nurse Executives Appointed Board Member
2014-2015	National Association of Hispanic Nurses Valle Del Sol/Phoenix Chapter
2010-2013	President
2004-2006	Secretary, Chair Community Services Chair Education Committee
2013-2015	Gerontological Society of America (GSA) Public Policy Committee Chair
2013-present	The Future of Nursing: Campaign for Action Center to Champion Nursing in America at AARP Diversity Consultant
2011-2016	American Heart/Stroke Association Western States Affiliate Health Equity Task Force Appointed Member
2011-2015	CDC-Health Aging Research Network Affiliate Member
2009-2015	Hartford Gerontological Nursing Leaders

– Formerly: John A. Hartford Foundation Building Academic Geriatric Nursing Capacity (BAGNC) Alumni
Chair & Founding Member

2006-2008 Transcultural Nursing Society of Arizona
Treasurer, Executive Board Member
2004-2016 American Heart Association
President, Community Speaker
Member Cultural Health Initiatives Committee
Co-Chair Health Disparities Group, Executive Board

PUBLIC SERVICE

NATIONAL

2017-2018 Harvard Medical School, Institute for Aging Research External Scientific
Advisory Committee

STATEWIDE

2017-present La Comunidad Hispana, Healthcare Quality Committee Board Member

2017-present The Latino Golden Age Committee Board Member
Philadelphia Prevention Partnership

SERVICE ACTIVITIES AT THE UNIVERSITY OF PENNSYLVANIA

School of Nursing Committees

2017-present Member, Academic Freedom Committee
2017-present Chair-Elect, Committee on Nominations and Committee Appointments
2017-present Member, Graduate Professional Curriculum Committee
2016-2017 Member, DNP Task Force
2016-2017 Member, Department of Family and Community Health Awards Committee