

CURRICULUM VITAE

January 15, 2017

Barbara Riegel, PhD, RN, FAAN, FAHA

BUSINESS ADDRESS

Edith Clemmer Steinbright Professor of Gerontology
Facilitator, Biobehavioral Research Collaborative
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EDUCATION

PhD	1991	University of California Los Angeles, California Major: Nursing (Psychology minor) DNSc converted to PhD in 2015
MA (Hon.)	2003	University of Pennsylvania Philadelphia, PA Major: Arts
MN summa cum laude	1983	University of California Los Angeles, California Major: Nursing (Cardiopulmonary Clinical Nurse Specialist)
BS cum laude	1981	San Diego State University San Diego, California Major: Nursing
Diploma cum laude	1974	Jewish Hospital School of Nursing St. Louis, Missouri Major: Nursing

PROFESSIONAL EXPERIENCE

ACADEMIC POSITIONS

2015-2018	Adjunct Professor, Australian Catholic University (ACU) Melbourne, Australia
2010-2012	Visiting Professor, Linköping University, Sweden
2010-2011	Visiting Professor, Seattle University, Seattle, WA
2008-Present	Professor Associate Professor (with tenure) 2002-2008 School of Nursing University of Pennsylvania

Philadelphia, PA

1998-2002 Professor (Professor Emerita 2002-present)
Associate Professor (with tenure) 1995-1998
Adjunct Faculty 1990-1995
Lecturer 1984-1987
School of Nursing
San Diego State University
San Diego, California

LEADERSHIP ROLES

2014-2019 Executive Committee, T32 N 10042061 (Naylor and Bowles) *Individualized Care for At Risk Older Adults*

2016-present Director, Biobehavioral Interest Group
University of Pennsylvania, School of Nursing

2010-2015 Fulbright Specialist (expert available for consultation across the world)

2011-2013 Penn Institute on Aging (IOA) Internal Advisory Board

2011-present John Morgan Society, University of Pennsylvania

2010-present Center for Sleep and Circadian Neurobiology, T32 Training Faculty

2007-2008 Fulbright Senior Scholar - Australia

2003-present Senior Fellow, Leonard Davis Institute
University of Pennsylvania

1990-2002 Clinical Researcher / Senior Clinical Scientist Sharp HealthCare
San Diego, California

1977-1978 Organizer and Director
Community Health Organization, United States Army
Frankfurt, West Germany

ADMINISTRATIVE ROLES

2011-2016 Director, Center for Biobehavioral Research,
University of Pennsylvania, School of Nursing

2009-2010 Interim Division Chair
Family and Community Health Division, School of Nursing
University of Pennsylvania, Philadelphia, PA

2000-2002 Director of Research
School of Nursing, San Diego State University
San Diego, California

1991-1995 Managing Director

Clinical Research Department, Sharp HealthCare
San Diego, California

RESEARCH CENTER MEMBERSHIPS

- | | |
|--------------|--|
| 2016-present | Inaugural Member, Cardiovascular Outcomes, Quality, and Evaluative Research (CAVOQER) Center
University of Pennsylvania |
| 2016-present | Member, Center for Resuscitation Science
University of Pennsylvania |
| 2011-present | Senior Fellow, Center for Health Behavior Research,
University of Pennsylvania |
| 2010-present | Center for Sleep and Circadian Neurobiology,
University of Pennsylvania |
| 2004-present | NewCourtland Center for Transitions and Health,
University of Pennsylvania |

CLINICAL ROLES

- | | |
|--------------|--|
| 2013-present | Advisor, Heart Failure Program
Living Independently for Elders (LIFE) Program |
| 1984-1989 | Clinical Nurse Specialist
Private practice
San Diego, California |
| 1983-1989 | Clinical Nurse Specialist
Collaborative Cardiology Practice
Scripps Clinic and Research Foundation
La Jolla, California |
| 1975-1976 | Staff Nurse
Coronary Care Unit
Barnes Hospital, Washington University School of Medicine
St. Louis, Missouri |
| 1974-1975 | Staff Nurse
Intensive and Coronary Care, Missouri Baptist Hospital
St. Louis, Missouri |

CERTIFICATION/LICENSURE

Specialty Certification

Certification: California Public Health Nurse

Certification: Clinical Specialist in Medical-Surgical Nursing, American Nurses Association,
1985-2010

Licensure

RN Licensure: Pennsylvania active, California inactive, Delaware inactive, Missouri inactive

HONORS AND AWARDS

- 2015 Distinguished Scientist Award, American Heart Association
- 2015 Kathleen A. Dracup Lecturer in Exemplary Early Career Mentoring award, American Heart Association and the Council on Cardiovascular and Stroke Nursing
- 2015 Sigma Theta Tau International Nurse Researcher Hall of Fame
- 2015 Fellow, Preventive Cardiovascular Nurses Association
- 2014 Barnes Jewish Alumni Association Distinguished Alumni Award
- 2014 Christian R. & Mary E. Lindback Award for Distinguished Teaching, University of Pennsylvania
- 2013 President's award for Research on Chronic Disease Management & Impact of Nursing in Promoting Self-Care, Friends of the National Institute of Nursing Research (FNINR)
- 2013 School of Nursing's Nominee for the Provost's Award for Distinguished PhD Teaching and Mentoring
- 2012 Claire M. Fagin Distinguished Researcher Award, University of Pennsylvania
- 2012 Faculty Research Award, University of Pennsylvania School of Nursing
- 2009-2010 Family & Community Health Division, University of Pennsylvania, Gold Stars:
 - Selfless and exemplary leadership
 - Marvelous mentoring
 - Superlative service
- 2009 UCLA School of Nursing-Top 60 Distinguished Alumni
- 2009 American Heart Association Council on Cardiovascular Nursing (CVN)- Top 10 Scientists in Cardiovascular Nursing
- 2009 Best Abstract Award (highest-scoring abstract across the nursing abstract categories), American Heart Association Council on Cardiovascular Nursing for "From Novice to Expert: Confidence and Activity Status Determine Heart Failure Self-Care Performance"
- 2007 Barbara J. Lowery Doctoral Student Organization Faculty Award, the University of Pennsylvania

- 2007 Standing Faculty Mentorship Award in recognition of fostering professional and scholarly development of other faculty through counsel and help with opportunities for achievement, Biobehavioral and Health Sciences Division, University of Pennsylvania
- 2005 American Heart Association, Council on Cardiovascular Nursing, Katharine A. Lembright Award
- 2002 Research Award, Gamma Gamma Chapter, Sigma Theta Tau
- 2001 First Annual Nursing Research Award, Heart Failure Society of America
- 2000 San Diego State University Alumni Association Award For Outstanding Faculty Contributions to San Diego State University
- 2000 Distinguished Faculty Award, San Diego State University, College of Health and Human Services
- 1999 Distinguished Research Lectureship Award, American Association of Critical Care Nurses
- 1999 San Diego State University Outstanding Faculty Award: Most influential professor in the academic career of Joan Sullivan
- 1998 Heart Failure Research Prize, American Heart Association Council on Cardiovascular Nursing and Otsuka America, Inc.
- 1997 Fellow, American Heart Association, Council on Cardiovascular Nursing
- 1997 Research Award, Gamma Gamma Chapter, Sigma Theta Tau
- 1994 Alumni Association Award (Monty) as Distinguished Alumna, San Diego State University, College of Health and Human Services
- 1993 Fellow, American Academy of Nursing
- 1993 First Annual Anne Verderber Research Award, San Diego State University, Institute for Nursing Research
- 1993 Research Award, Gamma Gamma Chapter, Sigma Theta Tau
- 1991 Who's Who Among Students in American Universities and Colleges
- 1989 Gold Shield Distinguished Scholar Award, University of California, Los Angeles
- 1987-1990 Adrienne H. Moseley Doctoral Scholar Award, University of California, Los Angeles
- 1987 San Diego State University Meritorious Performance and Professional Promise Award
- 1983 Alumni Association Award for Academic Distinction, University of California, Los Angeles

- 1983 Thesis with Distinction, University of California, Los Angeles
- 1982 Academic Scholarship Award, Gamma Gamma Chapter Sigma Theta Tau
- 1981 Faculty Award, Recognition of Outstanding Academic and Clinical Performance in Nursing, San Diego State University

RESEARCH

Doctoral Dissertation

- 1991 Social support and cardiac invalidism following acute myocardial infarction (AAT 9128798), University of California, Los Angeles, Kathleen Dracup, dissertation supervisor

Present Funded Research Grants

- 2016-2017 Principal Investigator, Post-Intensive Care Syndrome Among Older Adults Receiving Home Care: A Feasibility Study of Sepsis Survivors (Office of Nursing Research)
- 2016-2021 Co-Investigator (Hodgson, N, PI) The Role of Palliative Care Interventions to Reduce Circadian Rhythm Disorders in Persons with Dementia (NINR)
- 2016-2017 Co-Investigator (Hanlon, A, PI) Quantifying the effects of sleep on cardiovascular health risk factors: A population analysis using UK Biobank data (University Research Foundation grant)
- 2015-2018 Co-Investigator (Abella, B, PI) CPR Education for Families of Cardiac Patients before Hospital Discharge (PCORI Communication and Dissemination grant)
- 2014-2016 Consultant (Matura, LA, PI) NINR K23-NR014885-01, Mechanisms of a Symptom Cluster: Dyspnea, Fatigue and Sleep Disturbance in Chronic Illness
- 2012-2016 Co-Investigator (Lewis L, PI), R01 NR013491 National Institute of Nursing Research
A longitudinal study of adherence to medication in black men with hypertension

Present Funded Educational Grants

- 2015-2017 Netter Center Award for Self-Care of Chronic Illness Case Study
- 2016-2021 Training faculty, NIH funded T32 program *Training in Sleep and Sleep Disorders* (T32HL007953, Pack PI)

Past Funded Research Grants

- 2014-2015 **Riegel, B** (Principal Investigator) University of Pennsylvania, Clinical and Translational Research Center (CTRC) Core Resources, \$2,700.
- 2014-2015 **Riegel, B** (Principal Investigator) University of Pennsylvania, Biobehavioral Research Center (BRC), \$10,000. Response to symptoms of fluid retention in patients with heart failure.
- 2014-2015 **Riegel, B** (Principal Investigator) University of Pennsylvania, New Courtland Center for Transitions in Health (NCTH), \$8,000. Balancing diuretics, diet and fluid intake to prevent hospitalization in heart failure patients.

- 2014-2015 Co-Investigator (Matura, LA, PI) International Society for Heart Lung Transplantation, NNSAH Research grant (\$12,000)
Slow-Paced Respiration Therapy for Treatment of a Symptom Cluster in Pulmonary Arterial Hypertension.
- 2013-2014 Co-Investigator (Matura, LA, PI), Penn Office of Nursing Research grant (\$10,000).
Feasibility of slow-paced respiration therapy for treatment of a symptom cluster in pulmonary arterial hypertension.
- 2013-2014 Co-Investigator (Matura, LA, PI), University Research Foundation grant (\$39,917).
Impact of Fatigue in Pulmonary Arterial Hypertension.
- 2012-2013 **Riegel, B** (Principal Investigator) University of Pennsylvania, Center for Therapeutic Effectiveness Research (CTER), \$12,500.
Pilot Study of CBT by Technology to Reduce Stress in Family Caregivers of Heart Failure Patients.
- 2012-2013 **Riegel, B** (Principal Investigator) University of Pennsylvania, School of Nursing Research Committee, \$10,000.
CBT by Technology to Reduce Stress in Family Caregivers of Heart Failure Patients: Pilot Study
- 2011-2013 Co-Investigator (Kim J, Principal Investigator) K99 NINR
An objective snoring index and its association with carotid atherosclerosis
- 2011-2015 Co-Investigator (Abella B, Principal Investigator) R18 HL107217, NHLBI
Hospital-based CPR training for family members
- 2011-2014 **Riegel, B** and Masterson Creber, R (Co-Principal Investigators) Edna G. Kynett Memorial Foundation, \$32,000.
Tailoring Self-Care Interventions
- 2011-2012 **Riegel, B** (Principal Investigator) University of Pennsylvania, NewCourtland Transitions in Health, \$8,100.
Pilot study of acceptability of technology by caregivers of adults with heart failure
- 2010-2012 Co-Investigator (Dickson VV, Principal Investigator) American Heart Association, Founders Affiliate (#10CRP4140049).
Building Skill in Heart Failure Self-Care: A Community-Based Intervention.
- 2009 – 2011 Co-Investigator (Meghani S, Principal Investigator) NINR (1RC1NR011591)
A Novel Approach to Elucidate Mechanisms for Disparity in Cancer Pain Outcomes.
- 2009 – 2011 **Riegel B**, Principal Investigator (3 RO1 HL084394-03S1) NHLBI \$71,900 Supplement
Impact of Sleepiness on Heart Failure Self-Care.
- 2007 – 2008 **Riegel, B.** Principal Investigator, University of Pennsylvania School of Nursing Investing in the Future Initiative, 6/1/2007-5/31/2008, \$20,000
Gender differences in self-care in patients with heart failure
- 2007 – 2008 **Riegel, B**, Principal Investigator
Symptom Recognition in Elders with Heart Failure

- Institute on Aging, University of Pennsylvania, \$50,000
- 2007 - 2011 **Riegel B**, Principal Investigator (R01 HL084394-01A1)
Impact of Sleepiness on Heart Failure Self-Care
NHLBI \$1,565,525
- 2007 – 2011 Co-Investigator (Corrine Jurgens, Principal Investigator)
Heart Failure Symptom Awareness and Response
American Heart Association Grant in-Aid \$260,000
- 2007 – 2008 Co-Investigator (Sharon McKinley, Principal Investigator)
Anxiety and In-Hospital Complications after Acute Coronary Syndrome
AACN Critical Care Research Grant \$14,850
- 2007 - 2009 Consultant (Steven Sayers, Principal Investigator)
A family intervention for improving self-care of patients with heart failure
VISN 4 Dept. of Veterans Administration \$50,000
- 2007 – 2008 Consultant (Richard Moberg, Principal Investigator)
The ICU as a Learning Environment
NIH/NINR, Phase I SBIR (R43) \$99,984
- 2006 - 2007 **Riegel B** (Principal Investigator) Edna G. Kynett Foundation \$47,356
Enhancing Heart Failure Self-Care
- 2005 - 2009 Co-Investigator (Kathy Bowles, Principal Investigator)
The Effect of Telehomecare on Self Care in Heart Failure
National Institute on Nursing Research \$1,701,422
- 2005 – 2006 Co-Investigator (Julie Sochalski, Principal Investigator)
Improving Quality and Efficiency: Coordinated Care Benefit for Medicare Beneficiaries
with Heart Failure.
Commonwealth Fund \$180,379
- 2005 - 2006 Co-Investigator (Stacen Keating, Principal Investigator)
Psychometric Testing of the Barriers to Health Care Scale
University of Pennsylvania, Gerontology Center, Jones Fund \$625
- 2005 – 2006 Co-Investigator (Andrea Driscoll, Deakin University, Victoria, Australia, Principal
Investigator), Australian Heart Foundation, Grant in Aid, \$24,021.
National **B**enchmarking and **E**vidence based **N**ational **C**linical guidelines for **H**ear
t failure management programs (BENCH Study)
- 2004 - 2006 **Riegel B**, Principal Investigator
Improving Outcomes in Heart Failure (Phases I and II)
Program Grant #P30-NR05043 Center for Nursing Outcomes Research, National Institute
of Nursing Research, NIH, University of Pennsylvania, \$18,000
- 2004-2006 Co-Investigator and faculty mentor, Rebekah Selwyn (Principal Investigator)
The Relationship between Socioeconomic Status and Hospitalization for Heart Failure:
Does Self-Care Explain This Relationship?
University of Pennsylvania Nassau Award \$960

- 2004 - 2006 Co-Investigator and faculty mentor, Ida Spruill (Principal Investigator)
Relationships among exercise, beliefs, obesity, genetic profile and diabetes in the
vulnerable population of Gullahs
University of Pennsylvania, Hampton-Penn Center to Reduce Health Disparities (P20-
NR009361) \$10,000
- 2004 – 2006 Co-Investigator and sponsor (Mary Powell, Principal Investigator)
Sharing Clear Health Messages with Elderly Heart Failure Patients
Pfizer Clear Health Communication Initiative Grant, \$130,000
- 2003 – 2006 Co-Investigator (Debra K. Moser, Principal Investigator)
Physiological and behavioral mechanisms linking depression with increased morbidity
and mortality in patients with heart failure
AACN-Philips Medical Systems Outcomes for Excellence Research Grant, \$100,000
- 2003 - 2005 Co-Investigator and faculty mentor, Leigh Bastable (Principal Investigator)
Teaching Heart Failure Self-Care in the Older Adult Population
University of Pennsylvania, 21st Century Scholars: Leadership in Gerontology Tyson
Family Scholars Award \$2,500
- 2003 – 2004 **Riegel B**, Principal Investigator
Relationships among sleepiness, cognition, mood, and self-care in persons with heart
failure: A pilot study
Program Grant #P30-NR05043 Center for Nursing Outcomes Research, National Institute
of Nursing Research, NIH, University of Pennsylvania, \$10,000
Frank Morgan Jones Fund of the University of Pennsylvania Gerontology Center, \$7,000
- 2003 - 2004 **Riegel B**, Principal Investigator
Efficacy of Enhanced Education of Heart Failure Self-Care: A pilot study
University of Pennsylvania Research Foundation (\$20,000)
- 2002 – 2004 **Riegel B**, Primary Investigator (#0270025N)
Effectiveness of Telephonic Case Management in Decreasing Rehospitalization for
Hispanics with Heart Failure
American Heart Association, \$500,000
- 2001 – 2006 Co-Investigator (Kathleen Dracup, Principal Investigator, RO1 NR5323-01)
Nurse-delivered focused education and counseling intervention to decrease delay in
seeking treatment for myocardial infarction, National Institute of Nursing Research,
\$2,778,548
- 2001 – 2002 **Riegel B**, Principal Investigator
Predictors of Readmission for Heart Failure
Azuse Fund, Sharp HealthCare Foundation, \$56,594
- 2000 – 2001 **Riegel B**, Principal Investigator
*The Minnesota Living with Heart Failure Questionnaire: Consistency, Sensitivity, and
Stability of the Factor Structure in an Unselected Clinical Population*
Research, Scholarship, and Creative Activity Award, San Diego State University \$4,888
- 2000 – 2001 Co-Investigator (Jill Bennett, Principal Investigator)

- Hypernatremic Dehydration in Residents of Nursing Homes
Institute for Nursing Research \$1,566
- 2000 – 2001 Co-Investigator (Sharon Burt, Principal Investigator)
Maternal Influences on Daughters' Health Behaviors
Sigma Theta Tau, Gamma Gamma Chapter, \$500
- 1999 – 2001 **Riegel B**, Principal Investigator (#9950684Y)
Peer Mentoring to Improve Self-Care of Senior Heart Failure Patients
Grant-in-Aid, American Heart Association Western States Affiliate \$120,000 and San Diego Chapter of the American Association of Critical Care Nurses (AACN) \$500
- 1999 – 2004 Consultant (Al Hallstrom, Principal Investigator, BAA N01-HC-95177)
Public Access Defibrillation clinical trial
Executive Committee Member, Co-Chair, PAD Intervention Sub-Committee
\$13,138,112: Funded by the National Heart, Lung, and Blood Institute (\$8,138,112), the American Heart Association (\$5,000,000), and device manufacturers (\$8,000,000 in devices)
- 1999 – 2000 **Riegel B**, Principal Investigator
Development of an Intervention for Cognitively Impaired Heart Failure Patients
Sharp HealthCare Foundation \$30,000
- 1998 - 2000 **Riegel B**, Principal Investigator
At Home with Heart Failure:TM A Congestive Heart Failure Disease Management Program Evaluation, Pfizer, Inc. \$821,499 competitive contract.
- 1996 - 1998 **Riegel B**, Principal Investigator
Disease Management for Congestive Heart Failure
Merck & Co and Sharp HealthCare Foundation \$178,299
- 1996 - 1997 **Riegel B**, Principal Investigator
Psychometric Testing of the State Trait Dependency Scale
50% leave from academic responsibilities (Spring 1997 semester) and grant from San Diego State University, College of Health and Human Services \$5,167
- 1995 - 1997 **Riegel B**, Principal Investigator
Effectiveness of Cardiac Rehabilitation in a Managed Care Population
Sharp HealthCare Foundation \$25,000
- 1995 - 1996 **Riegel B**, Principal Investigator
Disease Management for Congestive Heart Failure: Pilot study
Sharp HealthCare Foundation \$20,000
- 1995 - 1996 **Riegel B**, Principal Investigator
Development of an Instrument to Measure Self-Care Chronic Disease Management
SDSU, College of Health and Human Services \$5,167
- 1994 - 1996 Co-Principal Investigator (David Simon and **Barbara Riegel**, 1 R21-RR09726-01)
Ayurvedic vs. Western Health Promotion Techniques
Alternative Medicine Branch, National Institutes of Health \$50,000

- 1993 - 1995 **Riegel B**, Principal Investigator
Long-Term Outcomes of Acute Myocardial Infarction Patients
Genentech, Inc. and Sharp HealthCare Foundation \$27,000
- 1993 - 1995 Co-Investigator (Martha Shively, Principal Investigator)
Research Utilization: Changing from Heparin to Saline for Intermittent Intravenous
Devices; Institute for Nursing Research. \$2,000
- 1993 - 1995 Co-Principal Investigator (Peter Hoagland and **Barbara Riegel**)
Evaluation of the SHC Acute Myocardial Infarction Algorithm
Dupont Pharma \$7,000
- 1993 - 1994 Co-Principal Investigator (**Barbara Riegel** and Tanna Thomason)
National Survey of Nursing Care of Acute Myocardial Infarction Patients
Hemotech, Inc. \$2,000
- 1991 - 1992 Co-Principal Investigator (Tanna Thomason and **Barbara Riegel**)
Safety and Efficacy of Heparin Titration with Bedside Activated Clotting Time in Post-
Coronary Angioplasty Patients
Grant-in-aid, Gamma Gamma Chapter, Sigma Theta Tau \$2,000
- 1991 - 1993 Co-Investigator (Valorie Thomas, Principal Investigator)
National Survey of Pediatric Fever Management Practices Among Emergency
Department Nurses. Emergency Nurses Association and support in kind from Sharp
HealthCare \$500
- 1991 - 1993 Co-Investigator (Raelyn Hendred, Principal Investigator.)
Caring for Cardiac Transplant Patients
Grant-in-aid, Gamma Gamma Chapter, Sigma Theta Tau \$2,000
- 1988 - 1991 **Riegel B**, Principal Investigator
Social Support and Cardiac Invalidism Following Acute Myocardial Infarction
University of California, Los Angeles \$3,000
- 1986 - 1989 Co-Investigator (Martha Shively, Principal Investigator)
Effect of Nitroglycerin Ointment Placement on Headache and Flushing in Normal
Subjects, Drug provided by Marion Laboratories.

PUBLICATIONS

Journal Articles: Refereed Articles (* Senior author)

1. *In press*, Kim J, Pack Chirinos JA, Hanlon A, Lee SK, Shin C. Objective snoring time and carotid intima-media thickness in non-apneic female snorers. Journal of Sleep Research.
2. *In press*, Wiley J, Chan YK, Ahamed Y, Ball J, Carrington MJ, **Riegel B**, Stewart S. Multimorbidity and the risk of all cause 30-day readmission in the setting of multidisciplinary management of chronic heart failure: A retrospective analysis of 830 hospitalized patients in Australia, Journal of Cardiovascular Nursing.
3. *In press*, Ausili D, Rebora P, Di Mauro S, **Riegel B**, Grazia Valsecchi M, Paturzo M, Alvaro R, Vellone E. Clinical and socio-demographic determinants of self-care behaviours in patients with heart

- failure and diabetes mellitus: a multicentre cross-sectional study. International Journal of Nursing Studies.
4. *In press*, **Riegel B** & Dickson VV. A Qualitative Secondary Data Analysis of Intentional and Unintentional Medication Nonadherence in Adults with Chronic Heart Failure. Heart & Lung: The Journal of Acute and Critical Care.
 5. *In press*, Dickson VV, Lee CS, Yehle KS, Abel WM, **Riegel B**. Psychometric Testing of the Self-Care of Hypertension Inventory, Journal of Cardiovascular Nursing.*
 6. *In press*, Vellone E, Pancani L, Greco A, Steca P, **Riegel B**. Self-care confidence may be more important than cognition to influence self-care behaviors in adults with heart failure: testing a mediation model. International Journal of Nursing Studies.*
 7. *In press*, Davis LL, McCoy TP, **Riegel B**, McKinley S, Doering LV, Dracup K, Moser DK. Congruence of Time from Symptom Onset in the Medical Record and Subject Interview in Patients Diagnosed With Acute Coronary Syndrome. Dimensions of Critical Care Nursing.
 8. *In press*, Byun E, **Riegel B**, Sommers M, Tkacs N, Evans L. Caregiving Immediately after Stroke: A Study of Uncertainty in Caregivers of Older Adults. Journal of Neuroscience Nursing.
 9. *In press*, Buck HG, McAndrew L, Dionne-Odom JN, Wion R, & **Riegel B**. What Were They Thinking? Patient's cognitive representations of heart failure self-care. Journal of Hospice and Palliative Nursing.*
 10. *In press*, Lovén Wickman U, Yngman-Uhlin P, Hjortswang H, **Riegel B**, Stjernman H & Hollman Frisman G. Self-care among patients with Inflammatory Bowel Disease - an interview study. Gastroenterological Nursing, (planned for 2017, 40:1). 10.1097/SGA.000000000000120
 11. *In press*, Lennie TA, Moser DK, **Riegel B**, McKinley S, Doering LV, Dracup K. Anxiety measured up to two years prior to onset of acute coronary syndrome is associated with in-hospital complications. American Journal of Critical Care.
 12. Li J, Cacchione PZ, Hodgson N, **Riegel B**, Keenan B, Scharf M, Richard KC, Gooneratne NS. Napping and Cognition in Chinese Older Adults: Findings from the CHARLS Baseline Assessment, Journal of the American Geriatrics Society, published ahead of print, 2016.
 13. Dickson VV, Lee CS, Yehle K, Mola A, Faulkner KM, **Riegel B**. Psychometric Testing of the Self-Care of Coronary Heart Disease Inventory (SC-CHDI). Research in Nursing & Health, 40(1), 15-22, 2017.*
 14. **Riegel B**, Dickson VV, Garcia LE, Masterson Creber R, Streur M. (2016). Mechanisms of Change in Self-Care in Adults with Heart Failure Receiving a Tailored, Motivational Interviewing Intervention, Patient Education and Counseling. S0738-3991(16)30406-2. doi: 10.1016/j.pec.2016.08.030. [Epub ahead of print].
 15. Stewart S, **Riegel B**, Boyd C, Ahamed Y, Thompson DR, Burrell LM, Carrington MJ, Coats A, Granger BB, Hides J, Weintraub WS, Moser D, Dickson VV, McDermott CJ, Keates AK, Rich MW. Establishing a pragmatic framework to optimise health outcomes in heart failure and multimorbidity (ARISE-HF): A multidisciplinary position statement. International Journal of Cardiology, 212, 1-10, 2016.

16. Jonkman NH, Westland H, Rolf H, Groenwold H, Ågren S, Anguita M, Blue L, Bruggink-André de la Porte PWF, DeWalt DA, Hebert PL, Heisler M, Jaarsma T, Kempen GIJM, Leventhal ME, Lok DJA, Mårtensson J, Muñiz J, Otsu H, Peters-Klimm F, Rich MW, **Riegel B**, Strömberg A, Tsuyuki RT, Trappenburg JCA, Schuurmans MJ, Hoes AQ. What are effective program characteristics of self-management interventions in patients with heart failure? An individual patient data meta-analysis. Journal of Cardiac Failure, published ahead of print June 30, 2016.
17. Streur M, Ratcliffe SF, Ball J, Stewart S, **Riegel B**. Symptom clusters in adults with chronic atrial fibrillation. Journal of Cardiovascular Nursing, published ahead of print, 2016.
18. Jurgens C, Lee CS, **Riegel B**. Psychometric analysis of the Heart Failure Somatic Perception Scale as a measure of patient symptom perception. Journal of Cardiovascular Nursing, published ahead of print, December 21, 2015.*
19. Byun E, Kim J, **Riegel B**. Associations of Subjective Sleep Quality and Daytime Sleepiness with Cognitive Impairment in Adults and Elders with Heart Failure, Behavioral Sleep Medicine, 2016 Apr 26:1-16. [Epub ahead of print], DOI: 10.1080/15402002.2015.1133418.*
20. Blewer AL, Li J, Ikeda DJ, Leary M, Buckler DG, **Riegel B**, Desai S, Groeneveld PW, Putt ME, Abella BS. Recruitment for a hospital-based pragmatic clinical trial using volunteer nurses and students. Clinical Trials. 13(4), 425-33, 2016, DOI: 10.1177/1740774516643265.
21. MacKenzie M, Buck HG, Meghani S, **Riegel B**. Unique Correlates of Heart Failure and Cancer Caregiver Satisfaction with Hospice Care, Journal of Pain and Symptom Management, 51(1), 71-8, 2016.*
22. Masterson Creber R, Pak VM, Varrasse M, Dinges DF, Wald J, **Riegel B**. Determinants of behavioral alertness in adults with heart failure. Journal of Clinical Sleep Medicine, 12(4), 589-96, 2016.*
23. **Riegel B**, Dickson VV, Faulkner KM. The situation specific theory of heart failure self-care: Revised and updated. Journal of Cardiovascular Nursing, 31(3), 226-235, 2016. 10.1097/JCN.0000000000000244.
24. Jonkman NH, Westland H, Groenwold RHH, Ågren S, Atienza F, Blue L, Bruggink-André de la Porte PWF, DeWalt DA, Hebert PL, Heisler M, Jaarsma T, Kempen GIJM, Leventhal ME; Lok DJA, Mårtensson J, Muñiz J, Otsu H, Peters-Klimm F, Rich MW, **Riegel B**, Strömberg A, Tsuyuki RT, van Veldhuisen DJ, Trappenburg JCA, Schuurmans MJ, Hoes AW. Do self-management interventions work in patients with heart failure? An individual patient data meta-analysis. Circulation, 2016; 133: 1189-1198. DOI: 10.1161/CIRCULATIONAHA.115.018006.
25. Vasaroangrong T, Thosingha O, **Riegel B**, Ruangsetakit C, Viwatwongkasem C. Factors influencing prehospital delay time among patients with peripheral arterial occlusive disease, European Journal of Cardiovascular Nursing, 15(4), 2016. DOI: 10.1177/1474515114567813
26. Reed SD, Neilson MP, Gardner M, Li Y, Briggs AH, Polsky DE, Graham FL, Bowers MT, Paul SC, Granger BB, Schulman KA, Whellan DJ, **Riegel BJ**, Levy WC. TEAM-HF Cost-Effectiveness Model: A Web-Based Program Designed to Evaluate the Cost-Effectiveness of Disease Management Programs in Heart Failure. American Heart Journal, 170(5), 951-60, 2015.
27. Masterson Creber R, Patey M, Lee CS, Kuan A, Jurgens C, **Riegel B**. Motivational interviewing to improve self-care for patients with chronic heart failure: MITI-HF randomized controlled trial. Patient Education and Counseling. 2016; 99: 256-264. Epub 2015/09/08. doi10.1016/j.pec.2015.08.031. NIHMSID: 721685.*

28. Buck HFG, Mogle J, **Riegel B**, McMillan S, Bakitis M. Exploring the Relationship of Patient and Informal Caregiver Characteristics with Heart Failure Self-care Using the Actor-Partner Interdependence Model: Implications for Outpatient Palliative Care. Journal of Palliative Medicine, 18(12), 1026-32, 2015.
29. MacKenzie M, Buck HFG, Meghani SH, **Riegel B**. Does Diagnosis Make A Difference? Comparing Hospice Care Satisfaction in Matched Cohorts of Heart Failure and Cancer Caregivers, Journal of Palliative Medicine, 18 (12), 1008-14, 2015, 10.1089/jpm.2015.0078.*
30. Lee CS, Mudd JO, Hiatt SO, Gelow JM, Chien CV, **Riegel B**. Trajectories of heart failure self-care management and changes in quality of life. European Journal of Cardiovascular Nursing, 14(6), 486-94, 2015. *
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2. ACCEL interview concerning Symptom perception in heart failure, July 2014 edition.
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4. Contributor, Living with Heart Failure: Helping your heart day-to-day, Foundation for Informed Medical Decision Making, 2007.
5. Contributor, Heart Failure Society of America, Heart Failure Clinical Guideline, 2006.
6. Contributor, patient education series published by the Heart Failure Society of America, 2005.
7. Contributor, first edition of the *Caregivers' Medical Guide*, a print and web-based patient education resource, 2000.
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RESEARCH CONSULTATION (SELECTED)

2016 Reviewer, NHLBI R03 grants

2015 Reviewer, Letters of Intent for the inaugural American Heart Association Merit Award

2014 Selection Committee Member, Friends of the National Institute of Nursing Research awards

2014 External Reviewer, AHRQ Evidence-based Practice Center Program.

2013- External Advisor, Evidence-Based Practice Heart Failure Management Clinic, LIFE Program, University of Pennsylvania.

2012-2017 Data Safety Monitoring Board, Nutrition intervention to reduce symptoms in patients with advanced heart failure (Lennie, PI, NR013430)

2012 Ad Hoc Reviewer, PCORI

2010 Advisory Board for a book series by Cardiotext Publishing, titled *Cardiovascular Diseases: A Multidisciplinary Team Approach for Management and Prevention*

2010 Ad Hoc Reviewer, NINR

2010-2014 TEAM-HF Advisory Panel, Shelby Reed (PI), Duke University, NIH funded

2009 Consultant, Nurse-led Heart Failure Care Transition Intervention for African Americans, Cheryl Dennison, NINR funded

2009-2014 Data Safety Monitoring Board, Implementation of Practice Standards for ECG Monitoring (PULSE Trial), (Funk, PI, HL081642)

2009 Ad Hoc Reviewer, GO TRIP Grants, NHLBI

2008 Consultant, R03 Angela Clark (PI), University of Texas at Austin School of Nursing

2007 Chair, Behavioral Science Epidemiology and Prevention Scientific Review Section, American Heart Association

2007-2012 External Advisory Committee, P20 Center for Biobehavioral Research in Self-Management of Cardiopulmonary Disease, University of Kentucky, College of Nursing

2006 Ad Hoc Reviewer, NHLBI

2006-2010 Data Safety Monitoring Board, Heart PACT Study, Martha Shively, Principal Investigator

2005 - 2006 Ad Hoc Reviewer, Veterans Affairs Health Services Research & Development (HSR&D) Quality Measurement & Effectiveness Scientific Merit Review Board

2005 Scientific Advisory Committee member, Tele-Heart Failure grant funded by NHLBI (Krumholz, PI)

- 2005 Expert Reviewer, National Heart Foundation of Australian, grant-in-aid program
- 2005 Expert Reviewer, selection of measures for evaluation of the CMS Chronic Care Improvement Programs (CCIP), Mathematica Research
- 2004-2006 Co-Chair, Behavioral Science Epidemiology and Prevention Review Section, American Heart Association
- 1999-2002 Data Review Panel, Effect of Behavioral Management on Quality of Life in Heart Failure (NRI 95-244.1), Martha Shively, Principal Investigator

RESEARCH PRESENTATIONS (Only oral presentations as first author; *accompanied by a published scientific abstract)

- 2016 Intentional and Unintentional Medication Nonadherence in Adults with Chronic Heart Failure, 28th Annual ENRS Scientific Sessions, Pittsburgh, PA, abstract 0690-000040.
- 2015 *Motivational Interviewing Decreases Readmissions in Adults with Heart Failure, American Heart Association's Scientific Sessions 2015, Orlando, FL. Circulation, 132, supplement 3, abstract 10283.
- 2014 *Content Validity Testing of the Self-care of Chronic Illness Inventory, 26th Annual ENRS Scientific Sessions, Philadelphia, PA, Nursing Research 63(2) abstract 0339-000074.
- 2013 * Factors associated with cognitive deficits in heart failure differ by gender, November 19, 2013, American Heart Association Scientific Sessions, Dallas, TX. Circulation 128 (22 supplement) abstract 9607.
- 2013 * Sleep quality is a significant determinant of executive attention in adults with heart failure, November 19, 2013, American Heart Association Scientific Sessions, Dallas, TX. Circulation 128 (22 supplement) abstract 9688.
- 2012 * Adults with Heart Failure have Worsening Cognitive Deficits as Comorbidity Increases, November 6, 2012, American Heart Association Scientific Sessions, Los Angeles, CA. Circulation, 126, issue 21 supplement, abstract 12474.
- 2011 * Double Jeopardy: The Influence of Excessive Daytime Sleepiness and Impaired Cognition on Quality of Life in Adults with Heart Failure, November 14, 2011, American Heart Association Scientific Sessions, Orlando, FL. Circulation, 122 (supplement) abstract 8266.
- 2011 * Sickness Behavior Predicts Event Free Survival in Adults with Heart Failure, November 15, 2011, American Heart Association Scientific Sessions, Orlando, FL. Circulation, 122 (supplement) abstract 8268.
- 2009 * Sensory loss associated with aging may impair the ability to accurately detect heart failure symptoms, November 17, 2009, American Heart Association Scientific Sessions, Orlando, FL. Circulation, 120 (supplement) abstract 1436.
- 2009 * From novice to expert: Confidence and activity status determine heart failure self-care performance, November 18, 2009, American Heart Association Scientific Sessions, Orlando, FL. Circulation, 120 (supplement) abstract 1547.

- 2009 * Is there a better way to screen for sleep disordered breathing in adults with heart failure?, November 18, 2009, American Heart Association Scientific Sessions, Orlando, FL. Circulation, 120 (supplement) abstract 3805.
- 2009 * Determinants of excessive daytime sleepiness in adults with heart failure, November 18, 2009, American Heart Association Scientific Sessions, Orlando, FL. Circulation, 120 (supplement) abstract 1548.
- 2008 * Who Listens to Our Advice? Predicting who Responds to an Intervention Designed to Decrease Delay in Seeking Treatment for Acute Coronary Syndrome, November 11, 2008, American Heart Association Scientific Sessions, New Orleans, LA. Circulation, 118 (supplement) abstract 4070.
- 2008 * Poor Heart Failure Self-Care is a Worldwide Problem, November 10, 2008, American Heart Association Scientific Sessions, New Orleans, LA. Circulation, 118 (supplement) abstract 2722.
- 2006 *Designing Disease Management for Hispanics with Heart Failure, November 15, 2006, American Heart Association Scientific Sessions, Chicago, IL. Circulation, 114 (supplement) abstract 2508.
- 2006 *Self-Care Improves Health-Related Quality of Life in Hispanics with Heart Failure, November 14, 2006, American Heart Association Scientific Sessions, Chicago, IL. Circulation, 114 (supplement) abstract 3091.
- 2006 *Issues encountered by nurses caring for cultural diverse populations with heart failure, June 8, 2006, Resourcing Global Health conference, Glasgow, Scotland.
- 2006 *Predictors of self-care in Hispanics with heart failure in “The multidimensionality of self-care behavior in patients with chronic heart failure,” Symposium Presenter and Discussant, March 23, 2006, Society of Behavioral Medicine’s 27th Annual Meeting, San Francisco, CA. Annals of Behavioral Medicine, 31 (supplement) abstract S005.
- 2005 *Effectiveness of Telephone Case Management in Hispanics with Heart Failure. The 9th Annual Scientific Meeting, Heart Failure Society of America. Journal of Cardiac Failure, 11 (6), supplement, abstract 387.
- 2004 *Telephone case management improves self-care of Hispanic persons with heart failure, November 6, 2004, American Heart Association, Funded Research Symposium, New Orleans, LA.
- 2004 *Self-care of Hispanics with Heart Failure, Heart Failure Society of America, September, 2004, Journal of Cardiac Failure 10 (4), supplement, abstract 410.
- 2004 *Ethnic differences in quality of life in persons with heart failure, March 25, 2004, Society of Behavior Medicine’s 25th Annual Meeting, Baltimore, MA. Annals of Behavioral Medicine, 29 (supplement).
- 2004 *How Sleepiness influences self-care in persons with heart failure, Heart Failure Society of America, September, 2004, Journal of Cardiac Failure supplement 10 (4), supplement, abstract 378.
- 2003 *Psychometric testing of the self-care of heart failure index, November 11, 2003, American Heart Association Scientific Sessions, Orlando, FL. Circulation, abstract # 2298.

- 2003 *Predictors of Cardiopulmonary Resuscitation and Automated External Defibrillator Skill Retention, November 8, 2003, American Heart Association, Resuscitation Science Symposium, Orlando, FL.
- 2003 *Preliminary testing of the Barriers to Health Care Scale, June 29, 2003, International Council of Nurses Conference, Geneva, Switzerland.
- 2002 *Differences in quality of life in men and women with heart failure, November, 2002, American Heart Association Scientific Sessions, Chicago, IL. Circulation, abstract #1838.
- 2001 *Preliminary testing of the research version of the self-management of heart failure scale, September 11, 2001, Nursing research award, Heart Failure Society of America, 5th Scientific Meeting, Washington, DC. Journal of Cardiac Failure, 7(3), Supplement 2, 2001, Abstract #015.
- 2001 *Preliminary testing of the research version of the self-management of heart failure scale, November, 2001, American Heart Association Scientific Sessions, Anaheim, CA. Circulation, 104(17), Supplement Abstract #3032.
- 2001 *Sensitivity to Treatment Intensity of the Minnesota Living with Heart Failure Questionnaire, November, 2001, Featured research session, American Heart Association Scientific Sessions, Anaheim, CA. Circulation, 104(17), Supplement, Abstract #1777.
- 2001 *At home with heart failure:™ Effect of standardized telephonic case management for heart failure”, April, 2001, Featured research session, Society of General Internal Medicine Annual Conference, San Diego, CA. Journal of General Internal Medicine, 16, Supplement 1, 2001, 168.
- 2000 *Is computer-supported telephonic case management as effective in a Latino heart failure population?, November, 2000, American Heart Association Scientific Sessions, New Orleans, LA. Circulation 102 (18), Supplement, Abstract #3619.
- 1999 *Which Heart Failure Patients Respond Best to a Multidisciplinary Disease Management Approach? November, 1999, American Heart Association Scientific Sessions, Atlanta, GA. Circulation, 100(18), Supplement, Abstract #515.
- 1999 *Which Heart Failure Patients Respond Best to a Multidisciplinary Disease Management Approach?, September, 1999, Featured and moderated poster session, Heart Failure Society of America, San Francisco, CA. Journal of Cardiac Failure 5(3), Supplement, Abstract #254.
- 1998 Public Access Defibrillation: A Major Clinical Trial, November, 1998, Invited research presentation, American Heart Association Scientific Sessions, Dallas, TX
- 1998 *Development and Testing of a Clinical Measure of Self-Care Abilities of Heart Failure Patients (Heart Failure Prize), November, 1998, American Heart Association Scientific Session, Circulation, 98(17), Supplement, Abstract 2539.
- 1997 Public Access Defibrillation: A Clinical Trial of a Revolutionary Strategy, November, 1997, Invited research presentation, American Heart Association Scientific Sessions, Orlando, Florida
- 1997 *Traditional Cardiac Rehabilitation the Most Cost-Effective Approach? November, 1997, Featured research session, American Heart Association Scientific Session, Circulation, 96(8), Supplement, Abstract 1061.

- 1997 *Multidisciplinary Disease Management for Heart Failure, November, 1997, American Heart Association Scientific Session, Circulation, 96(8), Supplement, Abstract 2457.
- 1994 *A New Scale for Measuring Illness Dependency Among Cardiac Patients, November, 1994, American Heart Association Scientific Session, Circulation, 90(4), Supplement, Part II, Abstract 3466.
- 1993 *Caregiver Burden Following Bypass Surgery, November, 1993, American Heart Association Scientific Session, Circulation, 89, Supplement, Abstract.
- 1991 *Social Support and Adjustment Following Acute Myocardial Infarction, November, 1991, American Heart Association Scientific Session, Circulation, 87, Supplement, Abstract.

OTHER NATIONAL PRESENTATIONS (SELECTED)

- 2016 CardioMEMS: Results, Practicality, Integration, and Finances, TCT conference, Washington DC, November 1, 2016.
- 2016 Keynote: PCNA Leadership Luncheon, PCNA 22nd Annual Symposium, Orlando, FL, April 15, 2016.
- 2016 “Focusing on the patient – methods to improve self-care” American College of Cardiology 65th Annual Scientific Session & Expo, Chicago, IL, April 4, 2016.
- 2016 “Working Together to Decrease Readmissions of Patients with Heart Failure”, Nursing Research Grand Rounds, Hospital of the University of Pennsylvania, February 10, 2016.
- 2015 “You Can’t Choose Your Parents but...” 2015 Kathleen A. Dracup Lecturer in Exemplary Early Career Mentoring. American Heart Association, Scientific Sessions, Orlando, FL, November 7, 2015.
- 2015 “Symptom Recognition and Management to Improve Outcomes” American Heart Association, Scientific Sessions, Orlando, FL, November 9, 2015.
- 2015 “The Next Best Thing in Self-Care” representing the Council on Cardiovascular and Stroke Nursing at The Next Big Thing in Cardiovascular Science. American Heart Association, Scientific Sessions, Orlando, FL, November 10, 2015.
- 2015 “Using Motivational Interviewing to Promote Behavioral Change” Heart Failure Society of America, Washington DC, September 27, 2015.
- 2015 Keynote: Heart Failure Nursing Research State of the Science: Past, Present, Future.” American Association of Heart Failure Nurses Pre-Conference Session: Nursing Research and Practice: Innovation, Impact, and All that Jazz, New Orleans, LA, June 24, 2015.
- 2015 Healthcare Transitions. National Nursing Research Roundtable, Washington DC, March 6, 2015.
- 2014 “Why is self-care so difficult?” Open Space speaker, Goldfarb School of Nursing, St. Louis, Missouri, October 9, 2014
- 2014 Keynote: Self-care of chronic illness, University of Illinois at Chicago, Research Day, March 6,

- 2014.
- 2013 “Influence of cognitive dysfunction on cardiovascular outcomes”, American Heart Association Scientific Sessions, Dallas, TX, November 19, 2013.
- 2013 “Recognition and symptom monitoring in patients with heart failure”, American Heart Association Scientific Sessions, Dallas, TX, November 19, 2013.
- 2013 “Highlighting significance and innovation in scientific writing”, American Heart Association Scientific Sessions, Dallas, TX, November 16, 2013.
- 2012 “Patient Education: The Role of Self-Monitoring”, American Heart Association Scientific Sessions, Los Angeles, CA, November 7, 2012.
- 2012 “Predicting Nonadherence”, Heart Failure Society of America Scientific Sessions, Seattle, WA, September 11, 2012.
- 2012 “Tales of a Broken Heart”, Claire M. Fagin Award presentation, University of Pennsylvania, April 5, 2012 (**keynote**)
- 2012 “The Art and Science of Heart Failure Self-Care”, The John & Nora Darby Endowed Lecture, Ashland, Oregon, April 16, 2012 (**keynote**)
- 2012 “Automatic External Defibrillators in the Hospital and in the Home”, Hypothermia and Resuscitation Training Institute at Penn (HART), Philadelphia, PA, March 15, 2012
- 2011 “Innovations in Self-Care”, American Heart Association Scientific Sessions, Orlando, FL, November 13, 2011.
- 2011 “Important Considerations for Publishing Your Research” American Heart Association Scientific Sessions, Orlando, FL, November 12, 2011.
- 2011 “Automatic External Defibrillators in the Hospital and in the Home”, Hypothermia and Resuscitation Training Institute at Penn (HART), Philadelphia, PA, October 13, 2011.
- 2011 “How to Build a Research Question from Clinical Practice”, Second Annual Nursing Research Symposium, Pennsylvania Hospital Research and Evidence-Based Council, Philadelphia, PA, September 26, 2011.
- 2011 “Real World Data on Heart Failure Management”, 15th annual Heart Failure Society of America, Boston, MA, September 21, 2011.
- 2010 “One myth of self-care”, The American Heart Association Cardiovascular Nursing Clinical Symposium, Chicago, IL, November 17, 2010.
- 2010 “State of the Science: Living with Heart Failure”, The American Heart Association Scientific Sessions, Chicago, IL, November 16, 2010.
- 2010 “Keynote: Management of Heart Failure, Improving Outcomes with Disease Management”, The 6th Annual Dartmouth Conference on Advances in Heart Failure: Special Topics – 2010, Lebanon, NH, May 24, 2010.

- 2010 “Promoting Self-Care in Adults with Heart Failure”, The 6th Annual Dartmouth Conference on Advances in Heart Failure: Special Topics – 2010, Lebanon, NH, May 24, 2010.
- 2010 “Transition Interventions: What Works, What Doesn’t, and for Whom?”, American Heart Association’s Quality of Care and Outcomes Research in Cardiovascular Disease and Stroke 2010 Scientific Sessions, Washington DC, May 19, 2010.
- 2010 “Using Clinical Practice to Develop a Program of Research”, Nursing Grand Rounds, Hospital of the University of Pennsylvania, Philadelphia, PA, February 3, 2010.
- 2009 “The Self-Care Model for Chronic Stable Angina”, American Heart Association Scientific Sessions, Orlando, FL, November 16, 2009.
- 2009 “The Art and Science of Heart Failure Self-Care”, University of Massachusetts Dartmouth, Dartmouth, MA, October 26, 2009
- 2009 “How to Develop a Program of Research in Nursing”, University of Massachusetts Dartmouth, Dartmouth, MA, October 27, 2009
- 2009 “Motivating Behavioral Change”, New York State IPRO, Albany, NY April 22, 2009
- 2009 “State of the Science of Heart Failure Self-Care”, AACN SePA Chapter Annual Meeting, Philadelphia, PA, April 16, 2009
- 2008 “State of the Science: Quality of Life in Heart Disease”, American Heart Association Scientific Sessions, New Orleans, November 2008
- 2008 “Understanding Qualitative Research Studies”, American Heart Association Scientific Sessions, New Orleans, November 2008
- 2008 “Patient Rehabilitation and Support”, Sudden Cardiac Arrest Prevention and Treatment: Strengthening the Chain of Survival, Philadelphia, PA, October 2008
- 2008 “The Art of Heart Failure Self-Care”, Keynote address, American Association of Heart Failure Nurses, Boston, MA, June 2008
- 2007 “Heart failure and sleep”, Foulkeways Retirement Community, Gwynedd, Pennsylvania, May 3, 2007.
- 2007 “Heart failure, self-care, sleep, and cognition”, Gerontology Grand Rounds, University of Pennsylvania, January 26, 2007
- 2006 “Individual Approaches to Improving Self-Care”, American Heart Association Scientific Sessions, November 14, 2006, Chicago, IL.
- 2006 “Improving Outcomes in Hispanics with Heart Failure”: Excellence in Cardiac Care, a RWJ Funded National Program, November 9, 2006
- 2006 “Motivating Change”, Visiting Nurse Services of New York, October 31, 2006
- 2006 “Motivating Behavioral Change”, Philadelphia Corporation for Aging, October 17, 2006

- 2006 “What symptoms should be addressed in heart failure management?” Ethical Issues in Care for Persons with Advanced Heart Failure conference, April 17-18, 2006, Washington, D.C.
- 2005 “Helping People Change”, Visiting Nurses Society (VNS) of New York, December 7, 2005.
- 2005 “Improving Heart Failure Outcomes in the Hispanic Population”, 9th annual Heart Failure Society of America Scientific Sessions, September, 2006 Boca Raton, FL
- 2005 “Writing for Publication”, Preventive Cardiovascular Nurses Association, National Conference, April, 2005, New Orleans, LA
- 2004 “Keynote: New Cardiovascular Care Models for Women”, Women’s Heart Week event, Robert Wood Johnson University Hospital, New Brunswick, NJ
- 2004 “How to Measure Nurse Sensitive Patient Outcomes for Heart Failure”, American Heart Association’s 5th Scientific Forum on Quality of Care and Outcomes Research in Cardiovascular Disease and Stroke. Washington DC.
- 2004 “Keynote: Clinical Research, Striving to Improve Patient Outcomes”, University of Massachusetts Dartmouth, North Dartmouth, MA
- 2003 “Tailoring Interventions for Persons with Heart Failure”, Heart Failure Society of America 7th Scientific Meeting, Las Vegas, NV
- 2003 “Keynote: Examining New Cardiovascular Care Models for Women”, Women’s Heart Foundation Leadership Luncheon Series, Montvale, New Jersey.
- 2003 “Disease Management Initiatives: Do You Make the Grade with JCAHO?” American Heart Association Scientific Sessions, Orlando, FL.
- 2003 “Keynote: Nurse Case Managers—the Quality Link for Maine Cares: A Statewide Disease management System”, Portland, ME.
- 2002 “Treatment Seeking Delay in Patients with Heart Failure: Scope and Impact of the Problem”, American Heart Association sponsored conference on Interdisciplinary Approaches to Reducing Treatment Seeking Delay in Patients with Acute Cardiovascular Syndromes and Stroke: An Emerging Science, Dallas, TX.
- 2002 “Stages of Change: You Can Teach Old Dogs New Tricks”, Heart Failure Society of America 6th Scientific Meeting, Boca Raton, FL
- 2002 “Motivational Interviewing for Cardiovascular Disease Risk Factors”, American Heart Association Scientific Sessions, Chicago, IL
- 2001 “Models of Care Delivery”, Heart Failure Society of America, Scientific Meeting, Washington, DC
- 2001 “Targeting Chronic Heart Failure: Optimizing Outcomes through Multidisciplinary Models”, American Heart Association Scientific Sessions, Anaheim, CA
- 2001 “The Challenge of Patient Self-Management and Adherence”, American Heart Association Scientific Sessions, Anaheim, CA

- 1999 “Keynote: Public Access AED Defibrillation”, International Association of Fire Fighters EMS Conference, San Francisco, California
- 1999 “Organizing Care to Improve Outcomes”, American Heart Association Scientific Sessions, Atlanta, Georgia
- 1999 “Distinguished Research Lecture: Uncovering What We Know”, April 1999, American Association of Critical-Care Nurses National Teaching Institute, New Orleans, Louisiana
- 1999 “Public Access Defibrillation – The Clinical Trial”, American Heart Association Scientific Sessions, Atlanta, GA
- 1998 “Public Access Defibrillation: A Defibrillator on Every Corner”, American College of Cardiology Scientific Sessions, Atlanta, Georgia
- 1998 “Making the Connection: Quality Outcomes and Cost”, American Heart Association Scientific Session, Dallas, TX
- 1998 “Public Access Defibrillation”, American Heart Association Emergency Cardiac Care Update, Orlando, Florida
- 1997 “Training the Public to Use AEDs”, American Heart Association Public Access Defibrillation II Conference, Washington DC

PROFESSIONAL ORGANIZATIONS

2010-Present	American Academy of Sleep Medicine
2004-Present	American Association of Heart Failure Nurses
2003-Present	Preventive Cardiovascular Nurses Association
2002-Present	Pennsylvania Nurses Association
2000-2005	Academy Health (formerly Academy of Health Services Research and Policy)
1999-Present	Society of Behavioral Medicine/ International Society of Behavioral Medicine
1997-Present	Heart Failure Society of North America
1996-2002	American Nurses Association/California
1993-Present	American Academy of Nursing
1986-Present	Council on Cardiovascular Nursing, American Heart Association
1981-Present	American Nurses Association
1980-Present	Sigma Theta Tau, Gamma Gamma Chapter
1978-Present	American Heart Association
1978-Present	American Association of Critical Care Nurses

Professional Organizational Activities (Selected)

American Association of Critical Care Nurses

- Task Force on Ethics in Critical Care Research 1983-84
- Research Committee, 1990-92
- Clinical Practice Analysis Task Force, Cardiology, 2004

American Heart Association

- Council on Cardiovascular Nursing, 1985-Present
 - Budget Committee, 1987-88

- Southern California Council Representative, 1993-95
- Executive Committee, 1998-2002
- Membership Committee, 1998-2002
- Chair, Awards Subcommittee, Clinical Article of the Year Award, 2003 - 2007
- Council representative to the writing group updating Scope and Standards of Practice for Cardiovascular Nursing 2005 - 2007
- Nominating Committee, 2011 - 2014
- National Peer Review Committee, 2004-2008
- Automatic External Defibrillator Task Force, 1994 – 1997
 - Co-Chair, AED Research Task Force, 1995 – 1997
 - Chair, Public Access Defibrillation Clinical Trial Training Sub-committee, 1999-2000
 - Co-Chair, Public Access Defibrillation Clinical Trial Intervention Sub-committee, 2000-2003
- American College of Cardiology/American Heart Association Committee on Management of Acute Myocardial Infarction, 1994 – 2000
- Abstract Reviewer, Scientific Sessions, 1995-2003, 2005-2013
- Abstract Reviewer, AHA Outcomes Conference, 2005-2009
- Clinical Science Committee, 2001-2002
- Database Committee, 2001-2002
- Executive Database Steering Committee, 2002-2006
- ACC/AHA Task Force on Practice Guidelines, 2004-2007
 - Guidelines Update Work Group
 - Perioperative Guideline Committee, Task Force representative
- Quality of Care and Outcomes Research Interdisciplinary Working Group, 2005-2006
- Scientific Publishing Committee, 2005 – 2009
 - Chair, Task Force to Consider a New AHA Journal 2007

American Association of Heart Failure Nurses

- Member, Research Consortium 2016 – present

European Society of Cardiology

- Heart Failure Association 2006 -
 - Heart Failure Management Programmes Network 2006 –
 - Abstract Reviewer, 2013-2016

Gerontological Society of America

- Abstract Reviewer, 2014

Heart Failure Society of America (HFSA) 1997-

- Nursing Committee, 1999 – 2005
 - Nursing Research Award Committee, 2002-2004
 - Chair, Clinical Practice Award Committee 2006-2010
- Abstract Reviewer for Annual Scientific Meeting, 1999 - 2011
- Program Planning Committee, 2000 – 2003
- Co-Chair, Program Planning Committee, 2010-2012
- Abstract Reviewer for Nursing Research award, 2014

Sigma Theta Tau

- Research Committee, Gamma Gamma Chapter, 1989 - 1991
- President Elect, Gamma Gamma Chapter, 1991 – 1992
- President, Gamma Gamma Chapter, 1992 – 1993

SELECTED PROFESSIONAL ACTIVITIES

2016	Visiting Scholar, Chinese University of Hong Kong, Hong Kong, China
2016-	Academic Advisory Board, International Self-Care Foundation
2015	Visiting Scholar, University of North Carolina, Chapel Hill, NC
2015-2017	Steering Committee, ACC/NIA Multimorbidity in Older Adults with CVD workshops
2011-2013	ACCF/AHA Guideline for the Diagnosis and Treatment of Heart Failure writing committee
2011	Philadelphia Magazine Nursing Forum
2010-2013	Patient-Centered Episode System (PACES) Cardiac Clinical Working Group to design an episode grouper for CMS
2010-2011	American Heart Association writing group member for <i>Decision Making in Advanced Heart Failure</i>
2009	Pilgrim Scholar, University of Massachusetts Dartmouth, Dartmouth, MA.
2009-present	Board of Directors, Sudden Cardiac Arrest Association (SCAA)
2009	Visiting Lecturer, University of Kentucky, Lexington, KY
2009	Visiting Lecturer, University of Southern Florida, Tampa, FL
2007	Visiting Scholar for Cardiovascular Nursing, Massachusetts General Hospital Heart Center, Boston, MA
2007	Visiting Scholar, Manchester University School of Nursing, Manchester, United Kingdom
2005	Advisory Board, Cultural competence and health disparities training program, School of Medicine, University of Pennsylvania
2005	Consultant, Foundation for Informed Medical Decision Making, Heart Failure Program
2004	Visiting Scholar, University of Kentucky, Lexington, KY
2004	Expert Reviewer, CMS proposals for Medicare Fee for Service Chronic Care Improvement Programs (CCIP).
2004	Expert Panel, Heart Failure Disease Management interventions. Pfizer Health Solutions, Inc. and Health & Technology Vector, Inc.
2004	Visiting Scholar, University of Massachusetts Dartmouth, Dartmouth, MA.
2003	External Reviewer, Guidelines for the Management of Patients with ST Segment Myocardial Infarction by the ACC/AHA Task Force on Practice Guidelines

- 2002 Expert Panel, Joint Commission on Accreditation of Healthcare Organizations (JCAHO), Disease-Specific Care Heart Failure Expert Panel.
- 2000-Present Associate, National Center for Early Defibrillation, University of Pittsburgh, PA
- 2000 Consultant, Caregivers' Medical Guide (a website resource), Secant communications, Inc.
- 1997–1999 Technical Expert, AHCPR technology assessment: Effectiveness of Technologies for Identifying Patients with Acute Cardiac Ischemia in Emergency Departments
- 1987 Nursing board exam item writer, NCLEX Registered Nurse Licensing

Editorial Services (Selected)

- 2015 - Editorial Board, Journal of Biomedicine and Prevention
- 2013 - Editorial Board, European Journal of Cardiovascular Nursing
- 2012 - Editorial Board, JACC: Heart Failure
- 2008- 2012 Consulting Editor, Circulation
- 2008- 2013 Editorial Review Board, Circulation: Cardiovascular Quality and Outcomes
- 2008- Editorial Review Board, Circulation: Heart Failure
- 2001- 2005 Editorial Review Board, Journal of Cardiac Failure
- 1991- 2013 Editorial Review Board, The American Journal of Critical Care
- 1988- 1989 Editorial Review Board, Journal of Advanced Medical Surgical Nursing
- 1986- 2014 Editorial Review Board, Critical Care Nursing Quarterly
- 1985- 2010 Editorial Review Board, Heart and Lung: The Journal of Acute and Critical Care
- 1985- Present Founding Editor, the Journal of Cardiovascular Nursing, Lippincott, Williams & Wilkins Publishers, Official publication of the Preventive Cardiovascular Nurses Association and the Australasian Council of Cardiovascular Nurses; Endorsed by the Council of Cardiovascular Nurses of the American Heart Association

SELECTED INVITED INTERNATIONAL ACTIVITIES

Presentations

- 2016 “Making an Impact on Cardiovascular Nursing Practice through Quality Research and Publication”, Chinese University of Hong Kong, Hong Kong, China, September 22, 2016
- 2016 “Establishing a Pragmatic Framework to Optimize Health Outcomes in Heart Failure and Multimorbidity (ARISE-HF): A Multidisciplinary Perspective”, Chinese University of Hong Kong, Hong Kong, China, September 21, 2016
- 2016 “Update on the Situation-Specific Theory of Heart Failure Self-Care”, Chinese University of Hong Kong, Hong Kong, China, September 20, 2016
- 2016 “The Design and Implementation of Patient Management Interventions for Patients (and their Caregivers) with Heart Failure”, Chinese University of Hong Kong, Hong Kong, China, September 19, 2016
- 2016 “Self-care in patients with heart failure”, Virtual Course “Care for patients with heart failure” presented by the Nursing Working Group of Colombian Society of Cardiology and

Cardiovascular Surgery

- 2016 Session organizer/presenter: Role of nurses in preventing and treating cardiovascular disease, World Congress of Cardiology & Cardiovascular Health 2016 (WCC 2016), Mexico City, Mexico
- 2016 “Self-Care of Chronic Illness”, Genoa, Italy, May 26, 2016.
- 2015 Keynote: “Middle range theory of self-care of chronic conditions”, University of Milan, Italy, May 21, 2015.
- 2014 Keynote: “Seminar on Self-care in Chronic Conditions”, Campus Biomedico University, Rome, Italy, May 27, 2014.
- 2014 “The Future of Nursing Science”, Tor Vergata Sora University, Sora, Italy, May 28, 2014.
- 2014 “Writing for publication”, Tor Vergata University, Rome, Italy, June 3 and 4, 2014.
- 2013 “Self-care of heart failure: the State of the Science in 2013”, Updates in Heart Failure Self-Care presented by the Italian Center of Excellence, Rome, Italy, June 14, 2013.
- 2012 “Gender Differences in Self-Care Behaviors”, ICOWHI 19th International Congress, Bangkok, Thailand, November 15, 2012.
- 2012 “Self-care: the concept that binds us together”, presentation to graduate students in various clinical specialties, Linköping University, Linköping, Sweden, September 5, 2012.
- 2012 “Self-care of multiple chronic illnesses”, start of the academic year event, Linköping University, Linköping, Sweden, August 16, 2012.
- 2011 “How to build a research career: from doctoral student ‘til professor”, seminar, Linköping University, Norrköping, Sweden, June 7, 2011.
- 2011 “Motivating Elderly Heart Failure Patients”, European Society of Cardiology, Heart Failure Association, Gothenburg, Sweden, May 2011.
- 2011 “Information for the Potential ICD Patient: How to be Accurate”, European Society of Cardiology, Heart Failure Association, Gothenburg, Sweden, May 2011.
- 2011 “Heart Failure Disease Management”, Seminar at the Center of Excellence for Nursing Culture and Research, Rome, Italy, May 2011.
- 2011 “Heart Failure Self-Care”, Seminar at the Center of Excellence for Nursing Culture and Research and seminar at the University “Tor Vergata”, Rome, Italy, May, 2011.
- 2011 “Developing your career, writing for publication”, University “Tor Vergata”, Rome, Italy
- 2011 “Science of Heart Failure Self-Care”, Middle Eastern Medical Association (MEMA) presentation, Beirut, Lebanon, May 2011
- 2010 “Science of Self-Care of Heart Failure”, Installation Presentation, Visiting Professor appointment, Linköping University, Linköping, Sweden

- 2009 “State of the science of heart failure self-care”, 6th Simposio Internacional de Cardiologic, Falla Cardiac y 3rd Congreso de la Sociedad Latinoamericana de Cirugia Cardiovascular y Toracica, February 12-14, 2009, Cartagena de Indias, Columbia.
- 2009 “Improving outcomes in heart failure”, 6th Simposio Internacional de Cardiologic, Falla Cardiac y 3rd Congreso de la Sociedad Latinoamericana de Cirugia Cardiovascular y Toracica, February 12-14, 2009, Cartagena de Indias, Columbia.
- 2009 “Sleep, cognition, and heart failure self-care”, 6th Simposio Internacional de Cardiologic, Falla Cardiac y 3rd Congreso de la Sociedad Latinoamericana de Cirugia Cardiovascular y Toracica, February 12-14, 2009, Cartagena de Indias, Columbia.
- 2008 “Women with Cardiovascular Disease”, Primer Simposio Internacional Cuidado para la Salud Cardiovascular de la Mujer, Universidad Nacional de Colombia, Bogota, Colombia, September, 2008.
- 2008 “Self-Care of Heart Failure: Are Women Different?”, Primer Simposio Internacional Cuidado para la Salud Cardiovascular de la Mujer, Universidad Nacional de Colombia, Bogota, Colombia, September, 2008.
- 2008 “Sleep, Cognition, and Heart Failure Self-Care”, Cardiology Seminar, St. Vincent’s Hospital, Melbourne, Australia, April 2008
- 2008 “Beyond Adherence: Promoting Self-Care in Persons with Heart Failure”, Public Lecture, Australian Catholic University/St. Vincent’s Center for Nursing Research, Melbourne, Australia, April 2008
- 2008 “Improving Outcomes in Persons with Heart Failure”, Public Lecture, Deakin University/Boxhill Hospital, Melbourne, Australia, April 2008
- 2008 “The Challenges of Heart Failure Self-Care”, Keynote Presentation, Perth Heart Failure Nursing Seminar, Bruce Hunt Lecture Theatre, Royal Perth Hospital, Perth, Australia, April 2008
- 2008 “Sleep and Heart Failure”, research presentation, Perth Heart Failure Nursing Seminar, Bruce Hunt Lecture Theatre, Royal Perth Hospital, Perth, Australia, April 2008
- 2008 “Leadership in Clinical Research”, Public Lecture, Curtin University, Perth, Australia, April 2008
- 2008 “Promoting Self-Care in Disadvantaged Groups”, Invited presentation and facilitation of workshop for the Australian Heart Foundation, Melbourne, Australia, March 2008
- 2008 “Writing for Publication”, Australian Catholic University, Melbourne, Australia, March 2008
- 2008 “Improving Heart Failure Outcomes Through Disease Management”, Public Lecture, sponsored by the National Centre for Nursing Research (NaCCOR) of the Australian Catholic University, Brisbane, Australia, February 2008
- 2008 “Incorporating Self-Care into Practice”, Public Lecture, sponsored by the National Centre for Clinical Outcomes Research (NaCCOR) in nursing, Australian Catholic University, Brisbane, Australia, February 2008

- 2008 “Bridging cultural barriers”, Australasian College of Cardiac Nurses Congress, Melbourne, Australia, January 2008
- 2008 “Does cognitive impairment negatively impact ability for self-care?” (with Jan Cameron), Asia Pacific Heart Failure Congress, Melbourne, Australia, January 2008
- 2008 “Psychometric Testing: Choices and Challenges”, Australasian College of Cardiac Nurses Congress Doctoral Day, Australian Catholic University, January 2008
- 2007 “Self-care in heart failure – a window of opportunity”, European Society of Cardiology, Heart Failure Congress 2007, Hamburg, Germany, June 2007
- 2007 Translating and adapting educational material for specific populations”, European Society of Cardiology, Heart Failure Congress 2007, Hamburg, Germany, June 2007
- 2007 “Self-care in Patients with Heart Failure”, The 7th Annual Spring Meeting on Cardiovascular Nursing “Changing Practice to Improve Care” Manchester, United Kingdom, March 23, 2007
- 2007 “Paper in Mind? Just Do it!”, The 7th Annual Spring Meeting on Cardiovascular Nursing “Changing Practice to Improve Care” Manchester, United Kingdom, March 23, 2007
- 2006 “Keynote: Improving Outcomes in Heart Failure”, Australian Cardiac Rehabilitation Association congress in Melbourne, Victoria, Australia, August, 2006
- 2006 “Beyond Treatment Adherence: the Challenges of Heart Failure Self-Care”, Australian Cardiac Rehabilitation Association congress in Melbourne, Victoria, Australia, August, 2006
- 2006 “Keynote: Developing Your Professional Voice”, Cardiac Society of Australia and New Zealand Annual Scientific Meeting. Canberra, Australia, August, 2006
- 2006 “Challenges of Conducting Clinical Research”, Cardiac Society of Australia and New Zealand Annual Scientific Meeting. Canberra, Australia, August, 2006
- 2006 “Applying Gold-Standard Therapies in Heart Failure”, Cardiac Society of Australia and New Zealand Annual Scientific Meeting. Canberra, Australia, August, 2006
- 2004 “Helping Heart Failure Patients to Cope with Self-Care”, European Society of Cardiology, Munich, Germany

International Consultations (selected)

- 2012 Expert in Evaluation, National Agency for the Evaluation of Universities and Research Institutes (ANVUR) of Italy.
- 2012- Member of the Centre of Excellence for Nursing Scholarship International Scientific Committee, Rome, Italy
- 2011 Fulbright Senior Specialist, University of Rome Tor Vergata, Italy
- 2010- Board of International Professors, Università degli Studi di Roma "Tor Vergata", Roma, Italy
- 2007 Expert Reviewer, National Heart Foundation of Australian, grant-in-aid program

- 2006- Member, Heart Failure Management Programmes Network, a Committee of the Heart Failure Association (HFA) of the European Society of Cardiology (ESC)
- 2006 External Reader, Dissertation of Jyotika Anand, School of Graduate Studies, the University of Melbourne, Victoria, Australia
- 2005 Expert Reviewer, National Heart Foundation of Australian, grant-in-aid program

UNIVERSITY OF PENNSYLVANIA SERVICE ACTIVITIES

School of Nursing Committees and Task Forces

- 2016 Member, DNP Task Force
- 2016-2017 Member, Endowed Chair Review Task Force
- 2016-2017 Chair, Personnel Committee
- 2015-2017 Chair, PhD Curriculum Committee
- 2015-2016 Member, PhD Admissions Committee
- 2015-2016 Member, Laboratory of Innovative and Translational Nursing Research Taskforce
- 2015-2017 School of Nursing Graduation Ceremony Planning Committee
- 2015-2016 Members, Academic Standards and Progression Committee
- 2013-2014 Member, Dean Search Committee
- 2013 Ex Officio Member, Doctoral Student/Post-Doctoral Fellow Funding Taskforce
- 2013 Chair, Committee to Review the Center for Health Equity Research
- 2012-2016 Claire M. Fagin Distinguished Researcher Award Selection Committee
- 2012-2014 Chair, Graduate Group in Nursing
- 2011-2014 Member, Academic Freedom Committee; Chair 2011-2012
- 2011-2012 Co-chair, Bylaws Committee
- 2010-2012 Chair Elect, Graduate Group in Nursing
- 2010-2012 Chair, Doctoral Progressions Committee
- 2010-2011 Member, Task Force to identify a Chair of the BHS Division
- 2009 Leader, Undergraduate Curriculum Revisions Work Group on *Inquiry*
- 2009-2010 Member, Faculty Search Committee
- 2009-2010 Member, Faculty Awards Task Force
- 2009-2010 Internal Advisory Panel, Center for Health Behavior Research (Glanz, Director)
- 2008-2014 Member, PhD Admissions Committee
- 2008-present Member, Personnel Committee
- 2007-present Member, NewCourtland Center for Transitions and Health
- 2007-2011 Associate Director, Research & Development
- 2007 Member, Task Force to Develop a Ballot for Graduate Group Chair
- 2006 Member, Task Force to Consider the Teaching Residency Requirements
- 2005-2006 Member, Editorial Board, Penn Nursing Magazine
- 2005-2006 Member, Long-Term Nursing Space Task Force
- 2005 Member, Staff Retreat Planning Task Force
- 2005 Member, Teaching Evaluation Phased Implementation Work Group
- 2005 Member, Review Panel, Biobehavioral Center application
- 2004-2007 Chair Elect, Chair, Past Chair, Faculty Senate
- 2004-2006 Member, Dean's Coordinating Council
- 2004 Member, Task Force to Develop a Clinical Faculty Advancement System
- 2002-2006 Member, Doctoral Progressions Committee

2003-2004	Member, Academic Freedom Committee
2003-2005	Chair, Research Committee
2003-2004	Member, Establishment, Governance, Review, Termination of Centers in SON
2003	Chair, Dean's Advisory Board, Associate Deans Search
2002-2003	Member, Scholarship and Research Strategic Planning
2002-2003	Member, Penn Nursing Think Tank
2002-2003	Mentor, Summer Nursing Research Institute
2002	Member, Chair Selection Committee

University Committees

2016-2017	Advisor, Center for Undergraduate Research and Fellowships (CURF) and the Provost's Office promoting undergraduate research
2012-2014	Graduate Council of the Faculties
2012-2014	Member, University Council Committee on Academic and Related Affairs
2011-2013	Member, University Research Foundation (URF) Biomedical Review Panel
2004-2007	Member, Senate Executive Committee
2003-2004	School of Nursing Representative, HIPAA in Research
2003-2004	Member, Senate Nominating Committee

DISSERTATION / THESIS COMMITTEES AND POSTDOCTORAL FELLOWS

Master's Thesis Committee Chair (highest degree offered), San Diego State University

2002	Chair, Patricia Chriss, Predictors of self-care of heart failure: A replication and extension of prior research.
2002	Chair, Marcy Sagerian, Burden in Hispanic and non-Hispanic white caregivers of patients with heart failure.
2002	Chair, Cara Hills, Further testing of the state-trait dependency scale.
2002	Chair, Jason McSweeney, Predictors of functional performance in a heart failure population.
2001	Sponsor, Samantha Lee American Heart Association Student Scholarship (\$2000 award) Predictors of self-care self-efficacy in patients with heart failure.
2001	Chair, Nancy Lynn Hodge, Social support and health related quality of life in heart failure patients.
2001	Chair, Laura J. Frontiero, What are the self-care abilities of heart failure patients?
2001	Chair, Catherine F. Won, Optimizing ACE-inhibitor therapy in heart failure patients.
1999	Chair, Andra S. Davis, Testosterone replacement therapy in perimenopausal and postmenopausal women: an Internet study. Finalist for California State University Research Competition.
1999	Chair, Soukahn Nonthavet, Effect of comprehensive management of heart failure on health-related quality of life.
1999	Chair, Joyce Skora, Bystander initiated cardiopulmonary resuscitation: the motivations, thoughts, and feelings of laypersons who initiate CPR on strangers.
1999	Chair, Stephanie Lori Stearns, Primary predictors of health related quality of life in heart failure patients enrolled in a disease management program.
1998	Chair, Jean Marie Rockwell, Predictors of self-care in patients with heart failure.
1998	Chair, Joyce Eileen Nichols, The relationship between meaning in life and chronic illness.
1998	Chair, Rebecca Lynn Bennett, Cardiovascular effects of beta 2 agonists on severely ill pediatric asthmatics.
1996	Chair, Valorie A. Thomas, Sequellae of heart failure modifiable through self-care.

Doctoral Dissertation Committees, External Universities

- 1996-1998 External Member, Jane Rapps, University of San Diego: Testing a theoretical model of critical thinking and cognitive development.
- 2003-2006 External Advisor, Seongkum Heo, University of Kentucky: Testing a theoretical model of health-related quality of life in persons with heart failure.
- 2004-2010 External Advisor, Jan O'Reilly Cameron, University of Australia, Melbourne, Australia: The Nexus between Cognitive Function and Self-care ability in patients with Chronic Heart Failure
- 2004-2007 External Advisor, Andrea Driscoll, Deakin University, Melbourne, Victoria, Australia: National **B**enchmarking and **E**vidence based **N**ational **C**linical guidelines for **H**earth failure management programs (BENCH Study)
- 2005-2008 External Advisor, Ida Spruill, Hampton University, Hampton, VA
- 2006-2007 External Member, Jom Suwanno, Prince of Songkla University, Had Yai Songkhla, Thailand
- 2009-2010 External Member, Kessiri Wongkongkam, Mahidol University, Bangkok, Thailand
- 2010-2013 External Member, Tidarat Vasaroangrong (Panchoowong), Mahidol University, Bangkok, Thailand
- 2010-2015 Consultant and DrNP Committee Member, Janet Riggs, Drexel University
- 2012-2015 Advisor, Ercole Vellone, Tor Vergata University, Rome, Italy
- PhD with highest honors
 - Winner of the 2016 ESC Nurse Investigator Award

Doctoral Dissertation Committees, University of Pennsylvania

- 2004-2007 Member/Chair, Stacen Keating: Ethnography of Multidisciplinary Teams
- 2004-2007 Advisor/Chair, Victoria Vaughn Dickson: A Mixed Methods Study Investigating Biobehavioral Variables that Influence Self-Care Management in Persons with Heart Failure
- Winner of the 2007 HFSA Nursing Research award: "A Mixed Methods Investigation of Biobehavioral Variables Influencing Self-Care in Employed Individuals with Heart Failure"
 - Finalist in the 2008 Martha N. Hill New Investigator Award
- 2005-2009 Advisor/Chair, Christopher S. Lee: The Influence of Heart Failure Self-Care Behavior on Health Outcomes and Cardiac Performance
- Winner of the 2009 Marion Gregory Research Award, University of Pennsylvania
 - Winner of the 2009 Martha N. Hill New Investigator Award recognizing the outstanding contributions of investigators in understanding, preventing and treating cardiovascular diseases for his paper: "Biomarkers of Myocardial Stress and Systemic Inflammation are Lower in Patients Who Engage in Heart Failure

- Self-Care Management"
 - Winner of the American Heart Association's Council on Cardiovascular and Stroke Nursing (CVSN) 2015 Arteriosclerosis/Heart Failure Translational Research Prize
- 2008-2010 Advisor/Chair, MinKyoung Song: Self-Care And Health Outcomes Of Diabetes: How Do Co-Morbid Conditions And Health Perception Influence This Relationship?
- Sigma Theta Tau International Small Grant recipient, 2009-2010 (\$4,849)
 - Winner of the 2009 Global Korean Nursing Foundation Scholarship
 - Winner of the 2010 Wealtha McGurn Research Award, University of Pennsylvania
- 2007-2010 Advisor/Chair, Desiree Fleck: Self-Care in Emerging Adults with Congenital Heart Disease
- Edna E. Kynett Foundation grant
 - Sigma Theta Tau International, Delta Rho Chapter grant
- 2009-2011 Advisor/Chair, Houry Puzantian: Age and Cardiovascular Event-Free Survival in Chronic Kidney Disease
- National Kidney Foundation (NKF) Council of Nephrology Nurses and Technicians (CNNT) Grant recipient, 2010-2011 (\$5,000)
- 2010-2013 Member/Chair, Eeeseung Byun: Factors Affecting Outcomes for Family Caregivers of Older Adults with Stroke
- 2010-2012 John. A. Hartford Foundation Building Academic Geriatric Nursing Capacity Predoctoral Scholar Award
 - Ruth L. Kirschstein National Research Service Award (NRSA) Institutional Research Training Grants Predoctoral Fellowship (T32 NR009356)
 - Neuroscience Nursing Foundation Research Grant
 - Sigma Theta Tau International Xi Chapter Research Award
 - Frank Morgan Jones Fund
 - 2013 Finalist, American Heart Association Martha N. Hill New Investigator Award
- 2010-2014 Advisor/Chair, Ruth Masterson Creber
- T32 (NR009356) Transition in Health pre-doctoral scholar 2011-2013
 - Hartford BAGNC pre-doctoral scholar 2012-2014
 - Ruth L. Kirschstein National Research Service Award (NRSA) Institutional Research Training Grant Predoctoral Fellowship
 - 2013 Associate Fellow, Leonard Davis Institute
 - 2014 Fellow, Emerging Leaders in Science & Society
 - 2015 Wealtha McGurn Research Award for demonstrating excellence in research, particularly in the area of adult health
- 2010-2014 Advisor/Chair, Meredith MacKenzie
- 2013-2014 Office of Nursing Research Dissertation Grant
- 2011-2015 Advisor/Chair, Roksolana Starodub
- 2013-2014 VAMC Interprofessional Fellowship in Patient Safety and Clinical Simulation
 - 2014 Jonas Veterans Scholarship

- 2014 Biobehavioral Research Center, research grant award
 - 2014 Xi Chapter of Sigma Theta Tau research grant award
 - 2014 Dr. Mary Anne Rizzolo/NLN Doctoral Dissertation Award
 - 2016 Marion R. Gregory Award for a distinguished completed doctoral dissertation
- 2011-2014 Committee Member, Christina Slota
- NIH Graduate Partnerships Program
- 2011-2014 Advisor/Chair, Ercole Vellone, Università degli Studi di Roma "Tor Vergata"
- Graduated with honors
- 2012-2016 Advisor/Chair, Megan Streur
- Ruth L. Kirschstein NRSA Pre-Doctoral Fellow T32NR009356
 - 2015 Teaching Assistant Award
 - Ruth L. Kirschstein National Research Service Award (NRSA) Institutional Research Training Grant Predoctoral Fellowship 1F31-NR015687, Atrial fibrillation symptom perception.
- 2013-present Advisor/Chair, Miranda Varrasse
- Ruth L. Kirschstein NRSA Pre-Doctoral Fellow T32NR009356
 - 2016 Frank Morgan Jones research funding
 - 2016 Xi Chapter of Sigma Theta Tau research funding
- 2015-present Advisor, Solim Lee
- 2015-present Advisor, Foster Baah
- 2016-present Committee Member, Rosario Jaime-Lara

Post-Doctoral Fellows

Corrine Jurgens, RN, PhD (2004-2006), Hartford Foundation, Building Academic Geriatric Nursing Capacity (BAGNC) Post-Doctoral Scholar, "Readmission factors in community dwelling elders with heart failure", University of Pennsylvania, \$100,000.

- Winner of the American Heart Association's Council on Cardiovascular and Stroke Nursing (CVSN) 2015 Mathy Mezey Excellence in Aging Award

Harleah G. Buck, PhD, RN, CHPN (2008-2010), Geroscholars Individualized Care for At-Risk Older Adults T32, University of Pennsylvania, "Quality of Life for End of Life Heart Failure Patients: An Instrument for At Risk Older Adults".

Jean Tang, PhD, RN (2011-2013), Hartford Foundation, Building Academic Geriatric Nursing Capacity (BAGNC) Post-Doctoral Scholar, "Multi-Faceted Audio-Relaxation Program for Older Adults with Comorbid Hypertension and Insomnia".

Victoria Pak, PhD, RN (2013-2014), Post-doctoral fellow, University of Pennsylvania Perelman School of Medicine, Center for Sleep and Circadian Neurobiology, NINR K99/R00 and American Nurses Foundation grant: "Mechanisms of Sleepiness Symptoms in Obstructive Sleep Apnea and Cardiovascular Disease."

Colleen Ciano, PhD, RN, (2015-2016), Post-doctoral fellow, University of Pennsylvania School of Nursing, *Individualized Care for At Risk Older Adults* (T32NR009356)

Junxin Li, PhD, RN (2015-2017), Post-doctoral fellow, University of Pennsylvania Perelman School of Medicine, Center for Sleep and Circadian Neurobiology

Susan Malone, PhD, RN (2015-2017), Post-doctoral fellow, University of Pennsylvania Perelman School of Medicine, Center for Sleep and Circadian Neurobiology

Glenna Brewster, PhD, RN (2015-2017), Post-doctoral fellow, University of Pennsylvania Perelman School of Medicine, Center for Sleep and Circadian Neurobiology

MENTORED PROFESSIONALS

Bart De Jonghe, PhD, University of Pennsylvania, School of Nursing, Assistant Professor, 2015-present
Adriana Perez, PhD, RN, University of Pennsylvania, School of Nursing, Assistant Professor, 2015-present

Jinyoung Kim, PhD, RN, University of Pennsylvania, School of Nursing, Assistant Professor, 2013-present

Lea Ann Matura, PhD, RN, University of Pennsylvania, School of Nursing, Assistant Professor, 2011-present

Nancy Hanrahan, PhD, RN, University of Pennsylvania, School of Nursing, Assistant Professor, 2011-2012, promoted to Associate Professor in 2012

Mo-Kyung Sin, PhD, RN, Seattle University, Assistant Professor, 2010-2011

Jean Tang, PhD, RN, University of Washington, Assistant Professor, 2010-present

Cynthia Connelly, PhD, RN, University of Pennsylvania, School of Nursing, Associate Professor, 2010-2013, tenured in 2013

Kathy Richards, PhD, RN, University of Pennsylvania, School of Nursing, Professor, 2010-2011

Maureen George, PhD, RN, University of Pennsylvania, School of Nursing, Assistant Professor, 2008-present

Joe Libonati, PhD, University of Pennsylvania, School of Nursing, Associate Professor, 2008-2013, awarded tenure in 2013

Karen Badellino, PhD, RN, University of Pennsylvania, School of Nursing, Assistant Professor, 2008-2009

Lisa Lewis, PhD, RN, University of Pennsylvania, School of Nursing, Assistant Professor, 2006-2013, promoted to Associate Professor with tenure in 2013

Andrea Driscoll, PhD, RN, Monash University, Melbourne, Australia, 2006-2007 and American Heart Association International Mentee 2007-2010

Eileen Lake, PhD, RN, University of Pennsylvania, School of Nursing, Assistant Professor, 2005-2007, promoted to Associate Professor with tenure in 2007

Laura Alberto, RN, Buenos Aires, Argentina, 2005-2007

Marcia Leventhal, RN, MSN, Swiss National Fund Mentor, 2004

Kristin Sethares, PhD, RN University of Massachusetts Dartmouth, Associate Professor, 2002-present

Shu-Tsen Tseng, doctoral student in psychology, United Kingdom, 2000-2007

SPONSORED INDUCTEES, AMERICAN ACADEMY OF NURSING

2003, Susan (Bennett) Pressler, PhD, RN

2006, Mariann Piano, PhD, RN

2009, Terry Lennie, PhD, RN

2011, Tiny Jaarsma, PhD, RN

2012, Anna Stromberg, PhD, RN

2014, Victoria Vaughan Dickson, PhD, RN
2014, Philip Moons, PhD, RN
2015, Harleah Buck, PhD, RN
2016, Simon Stewart, PhD, RN