BACKGROUND

• RNs are leaving the bedside at an alarming rate
• 2022 National RN Turnover Rate increased from 8.4% to 27%!

LITERATURE REVIEW

• RN mentorship programs help improve turnover rates.
• Traditional RN mentorship program may not be enough.

INTERVENTION

• Teaching RN mentors about adult learning, how to give “on-the-spot-feedback”, time/stress management, etc, will provide the tools necessary to be confident & impactful mentors.

RESULTS

• 100% of RN mentors reported an increase in confidence levels after attending a mentor education and training program.