Nursing Students Global Opportunities
Virtual Information Session – 11/08/21

Nancy Biller– Assistant Dean – Global Health Affairs - Penn Nursing
Recording Session
Mute Microphones
Q’s in Chat – Be Specific
Q’s held until all presentations made
Presentations ~4 minutes
1-minute “warning”
PURPOSE & STRUCTURE

- Why Global
- Penn Nursing Commitment
- Participation for All
- Global Pandemic Impact – Note on Fees
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<td><strong>Penn Global Seminars:</strong></td>
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<td>Chile</td>
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<td><strong>Center for the Advanced Study of India (CASI)</strong></td>
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<td>China</td>
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<td><strong>N298 Guided Independent Study:</strong></td>
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<td>Trinidad &amp; Tobago</td>
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Traditional SON Short-Term N535

- THAILAND
- SPAIN
- HONG KONG (NO TRAVEL)
- MULTINATIONAL (COIL – NO TRAVEL)
N535: Thailand and the US
Penn Faculty
Wendy Grube & Hanne Harbison
Mahidol University Faculty
Usavadee Asdornwised
COMPARATIVE HEALTH SYSTEMS - SPAIN
SPRING 2022

• Travel Dates
  • Wednesday, May 4 to Saturday, May 14, 2022
    (dates reflect revision post 11/8 info session)

• Student Expenses
  • Program Fee - $1,800
  • Out-of-Pocket Expenses - $1,200
    • Multi-city roundtrip airfare approximately $1,000 as of 10/28/2021
NURS 535-003
Comparative Elder Care
In Partnership with HKU MPH Program
NURS535-005
COIL Virtual
Multinational Exchange
Climate and Health During Global Heating
Global Opportunities for Penn Nursing Students

Penn Abroad / Penn Global
- Semester Study Abroad (SA)
- Global Research & Internship Program (GRIP)
- Penn Global Seminars (PGS)

School of Nursing
- Short-Term Faculty-Led Programs
- Guided Independent Study Program
- Independent Study
Penn Global Seminars (PGS)

- FOR TRADITIONAL UNDERGRADS
- OFFERED BY FACULTY ACROSS PENN’S CAMPUS
- NURSING LED: CHILE, CHINA (FALL 2022)

- SPRING APPLICATION DEADLINE: NOVEMBER 15, 2021
- JAMIE NISBET PRESENTING
Penn Global Seminars

Deepen your understanding of concepts discussed in the classroom through short-term travel

- Intensive semester-long study with an embedded short-term travel component
- Course options for students across majors and class years
- Flat program fee of $950 that covers all major travel expenses including round-trip airfare and lodging
- Financial aid packages can be applied

APPLICATIONS FOR SPRING 2022 ARE OPEN NOW
PGS SPRING 2022

The Parthenon: The Many Lives of a Monument
Mantha Zarmakoupi, History of Art
Travel to Greece, Spring Break 2022

Case Studies in Environmental Sustainability
Alain Plante, Earth and Environmental Science
Travel to Iceland, May 2022

Colonial and Cosmopolitan Encounters in Mumbai
Fayyaz Vellani, Critical Writing Program
Travel to India, May 2022
Fulfills Writing Seminar Requirement

Mongolian Civilization: Nomadic and Sedentary
Christopher Pratt Atwood, East Asian Languages and Civilizations Department
Travel to Mongolia, May 2022

The Great War in Memoir and Memory
Warren Breckman, Department of History
Travel to France, May 2022

The Tangled Web: National Competitiveness and International Security in Northeast Asia
Frank Plantan and Tomoharu Nishino, International Relations Program
Travel to Japan, May 2022

Scientific Nationalism in Japan
John Kehayias, Critical Writing Program
Travel to Japan, May 2022
Fulfills Writing Seminar Requirement

Seeing/Hearing Globally Indigenous Music and the Arts of Healing
Carol Muller, Department of Music
Travel to Australia, May 2022

THE DEADLINE TO APPLY IS NOVEMBER 15
NURS 343-401 – Health and the Healthcare System in Chile
Viña del Mar & Santiago, Chile Jan 2 to 10
# Penn Global Nursing Science

**Care to change the world.**

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**Are you interested in exploring traditional Chinese medicine? And taking a field trip to Shanghai, China?**

**Fall 2022 | NURS 343 | 543**  
Penn Global Seminar: Exploring Traditional Chinese Medicine (TCM)

**For all students across campus**

<table>
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<tr>
<th>TIME:</th>
<th>Wednesday, 4:00-7:00 PM</th>
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<tbody>
<tr>
<td>CREDITS:</td>
<td>1 C.U.</td>
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<tr>
<td>INSTRUCTOR:</td>
<td>Dr. Jianghong Liu</td>
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<td>LOCATION:</td>
<td>Claire Fagin Hall, Room TBD</td>
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<td>COURSE PRE-REQUISITES:</td>
<td>None</td>
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For more information, please visit the Penn Global site in Spring 2022.

Course questions?
Dr. Jianghong Liu jhliu@nursing.upenn.edu

Application questions?
Arielle Schweb er aschweb@upenn.edu

**Features of the course:**

- **Part I: On-Campus**
  - Introduction to TCM theory, therapies, and treatments
  - Lectures, case studies by Chinese TCM experts, discussions on campus and a field trip to a local TCM clinic in the Philadelphia area

- **Part II: Travel to China**
  - Explore TCM and work with experts from Shanghai University of Traditional Chinese Medicine and affiliated hospitals
  - Observe and immerse in exploring several TCM modalities (acupuncture and acupressure, moxibustion, Chinese herbal medicine, tui na, cupping and scraping, qigong, and dietary therapy)
  - Tentative Travel Period: Dec 29, 2022 – Jan 8, 2023

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[Image of students and activities related to TCM]
Shanghai TCM Hospital in China

TCM Treatment Modalities
- Acupuncture
- Ear Acupressure
- Moxibustion
- Herbal Medicine
- Cupping
- Qigong Exercise

The students spent their first day in Shanghai exploring the city. They participated in a traditional Chinese tea ceremony (left), visited the Oriental Pearl Tower (right), and many more!

A few modalities of Traditional Chinese Medicine (TCM) practiced by Penn students: Pictured is auric acupressure (top left), acupuncture (top middle), tui na (top right), herbal medicine (bottom left), and Qigong exercise (bottom right). During the trip to China, students were able to engage in clinical observation, gain hands-on experience, and personally experience common therapies in TCM.

Students also attended seminars and lectures led by experts in the field, as well as the TCM Museum.
N298 Guided Independent Study

- PARIS, FRANCE
- OAXACA, MEXICO
- PORT OF SPAIN, TRINIDAD & TOBAGO
MICEFA
PUBLIC HEALTH & MEDICINE: The French Model

- One month in Paris
- Orientation & comparative healthcare course
- Visits to hospitals/clinics / public health-relevant institutions
- Observership tailored to interests
- French= 4 semesters college level
INSTITUTO CULTURAL OAXACA / FUNDACION EN VIA
Spanish immersion & public health

- Six weeks – mid-May + June
- General Spanish, medical Spanish & public/community health
- Homestay, cultural workshops, excursions
- Spanish = 4 semesters college level
TRINIDAD AND TOBAGO
A SERVICE-LEARNING EXPERIENCE

• DIRECT, HANDS-ON PUBLIC HEALTH EXPERIENCE FOCUSED ON PREVENTING AND RESPONDING TO GENDERED-BASED VIOLENCE AND GENDERED HEALTH DISPARITIES IN TRINIDAD AND TOBAGO, WEST INDIES.

• PLACED AT A HOST SITE IN TRINIDAD FOR FOUR WEEKS TO CONDUCT PRE-DETERMINED ACTIVITIES FOCUSED ON PREVENTING AND RESPONDING TO GENDER-BASED VIOLENCE AND GENDERED HEALTH DISPARITIES.
A SERVICE LEARNING EXPERIENCE

• STUDENTS WILL LEARN BARRIERS THAT PRACTITIONERS FACE IN TRINIDAD AND TOBAGO TRYING TO IMPLEMENT EVIDENCE-BASED STRATEGIES AND INTERVENTIONS FOCUSED ON GENDER-BASED VIOLENCE AND GENDERED HEALTH DISPARITIES;

• GAIN KNOWLEDGE AND SKILLS TO ASSIST THEM IN BECOMING COMPASSIONATE HEALTH LEADERS IN CULTURALLY DIVERSE CONTEXTS
SERVICE COMPONENTS

ORIENTATION: 2 DAY ORIENTATION

SERVICE/INTERNSHIP AT HOST SITE @ 30 HOURS A WEEK OVER 4 WEEKS

SEMINARS: 3-HOUR WEEKLY SEMINARS AT THE UNIVERSITY OF WEST INDIES, IGDS
- 1 HOUR DEBRIEFING
- 2-HOUR LECTURE/SEMINAR
Internships – No Academic Credit

- CENTER FOR THE ADVANCED STUDY OF INDIA (CASI)
- GLOBAL RESEARCH & INTERNSHIP PROGRAM (GRIP)
Center for the Advanced Study of India
Summer internship at the Public Health Foundation of India

**CASI** is looking for two undergraduate or graduate students who are interested in a summer internship with the **Public Health Foundation of India (PHFI)**.

- Students actively contribute to public health and policy research in India
- Suitable for students interested in medicine, public health, and health care
- No language requirement or travel experience necessary
- 8 - 10 weeks in Gurgaon, Haryana (just outside of New Delhi)
- Fully funded, including roundtrip airfare!
CASI is looking for four undergraduate or graduate students who are interested in a summer internship with Aravind Eye Care System.

- Students work alongside doctors and healthcare professionals who have dedicated their lives to ending needless blindness
- Suitable for students interested in medicine, public health, health care management, and social entrepreneurship
- No language requirement or travel experience necessary
- 8-10 weeks in Madurai, Tamil Nadu
- Fully funded, including roundtrip airfare!
**CASI** funds independent research projects related to contemporary India. Undergraduates can receive up to **$4,000** and graduate students can receive up to **$5,000**.

- Suitable for students with strong background in research
- Includes on-the-ground fieldwork in India or home-based research
- Students present summer research at annual Student Research Symposium

This includes undergraduate senior theses, publications, and dissertations.
Laura Iwanyk
Assistant Director, CASI Student Programs & Outreach

Email: liwanyk@upenn.edu  Phone: 732-546-6544
Global Research & Internship Program

Enhance your career potential through life-changing global work and research experience

- Internship and research placements are available in more than 20 countries around the world and in a wide variety of career industries
- Accepted students receive a generous guaranteed funding award to help offset travel and/or internship-related expenses
- Due to the ongoing COVID-19 pandemic, some GRIP placements will take place on-site abroad and others may be offered in a remote format in Summer 2022

ADVISING & APPLICATIONS FOR SUMMER 2022 OPEN ON NOVEMBER 8
Global Research & Internship Program

- GRIP placements and application opens in mid-October
- October – January: Meet with a GRIP advisor for an advising session
- Submit your GRIP application by the early January deadline
- Pre-departure Orientation, getting your visa, preparing to go abroad
- Receive decision on GRIP application and funding award in late February
- Abroad!
Semester Abroad

- DR. KAGAN: AUSTRALIA & UNITED KINGDOM
- DR. MEDOFF-COOPER: ISRAEL
Semester Abroad

Establish yourself in a new global community through extended study for a semester or year

- Earn Penn credit while you are abroad
- Enhance language skills and cultural competence in an immersive, academic environment
- Develop lifelong friendships with students from all over the world
- Gain soft skills that will translate from study abroad to career goals post-graduation
- Use financial aid and scholarships just as you would at Penn

ADVISING AND APPLICATIONS FOR FALL 2022 OPEN IN EARLY DECEMBER
Think about how going abroad fits in with your academic career

Meet with Penn Abroad advisor, academic advisor to talk through options

Complete Penn Abroad application and host university application (typically in the year prior, but check individual program deadlines)

Pre-departure Orientation, getting your visa, preparing to go abroad

Receive acceptance to your abroad program and complete any post-decision requirements

Abroad!
Short Term Study Abroad
Nursing Programs & Financial Aid

John DeLong, School of Nursing, Financial Aid Counselor
Each Short Term Study Abroad (STSA) Nursing Program has a course fee that will be applied directly to your student billing account. However this is not the only expense included in the total cost of the experience.

- Other areas that will be potentially included/covered:
  - Airfare
  - Housing
  - Meals
  - Immunizations
  - Transportation
  - Visa application fees

*** Above items vary by program
How is my aid determined for the STSA program?

- **Total cost of the programs previously has been between $2,300 and $5,400**
  - Program and attendee lists are maintained by Nursing FA & sent to SFS for necessary adjustments

- **Traditional BSN students receiving need-based aid:**
  - BSN Students receiving need-based aid from Penn can be awarded additional Penn Grant and loan eligibility after enrolling in a STSA program.
  - There is a budget increase formula used to determine the breakdown of your potential aid adjustment:
    - Increase in family contribution to be applied to the total program cost is 5% of the student’s Parent Contribution.
    - Increase of Penn Grant is 60% of the difference between total cost of the program – 5% of PC
    - Increase in loan eligibility is the other 40% of that difference
  - Unaided BSN students can still have their budgets increased to allow for loan support if necessary

- **ABSN, MSN, DNP & PHD Students:**
  - Can have their total student budgets increased to include the total cost of their STSA Nursing Program which will increase their Federal/Private loan eligibility accordingly
Important considerations for planning to apply to a Short Term Study Abroad Nursing Program:

• Can I apply for/plan to attend more than one STSA program in the same Academic Year?
  ❖ Yes, but only one can be covered by need based Financial aid, the second program would be all loan eligibility.

• Should I set up an appointment with Nursing FA if I have specific questions about my aid?
  ❖ Absolutely!

• How to contact Nursing FA Office:
  ❖ Email FinancialAid@nursing.upenn.edu with the subject line “Appointment Request,” include your Penn ID#, phone # and your availability
Complete an interest form

Thanks & Q&A

Students in Attendance

Presenters:
- School of Nursing Faculty & Staff
- Penn Abroad
- Center for the Advanced Study of India

Office of Academic Affairs (OAA):
- John DeLong

Global Health Affairs (GHA):
- Valerie Sica

Check our website regularly for events and updated information: https://www.nursing.upenn.edu/global-health/