

**Diane L. Spatz, PhD, RN-BC, FAAN**  
**The Helen M. Shearer Professor of Nutrition**

*Contact Information:*

University of Pennsylvania  
School of Nursing  
418 Curie Boulevard  
Philadelphia, PA 19104-4217

*Telephone:* (215) 898-8100

*Electronic Mail:* [spatz@nursing.upenn.edu](mailto:spatz@nursing.upenn.edu)

*Home Address:*

527 South 27<sup>th</sup> Street  
Philadelphia, PA 19146-1012  
*Cell Phone:* (215) 498-8498

**EDUCATION**

**1995: Doctor of Philosophy**

University of Pennsylvania  
Philadelphia, PA

**1989: Master of Science in Nursing**

Major: Perinatal Nursing  
School of Nursing

University of Pennsylvania  
Philadelphia, PA

**1986: Bachelor of Science in Nursing**

School of Nursing

University of Pennsylvania  
Philadelphia, PA

**PROFESSIONAL EXPERIENCE**

**Other Appointments**

2019 – Present

World Health Organization Task Force on  
Human Milk and Milk Banking Globally

2017 – Present

Congressional Task Force on Research  
Specific to Pregnant Women and Lactating Women

**Academic Positions**

2013

Frances A. Matsuda Visiting Scholar  
University of Hawaii at Manoa Nursing

2012 - Present

Professor of Perinatal Nursing  
University of Pennsylvania School of Nursing  
Philadelphia, PA

2007

Visiting Professor-Curtin University of Technology  
Perth, Western Australia

## **PROFESSIONAL EXPERIENCE (continued)**

2007	Visiting Professor and Research Associate The University of Western Australia Perth, Western Australia
2004-2011	Associate Professor of Health Care of Women and Childbearing Nursing University of Pennsylvania School of Nursing Philadelphia, PA
1995-2004	Assistant Professor of Health Care of Women and Childbearing Nursing University of Pennsylvania School of Nursing Philadelphia, PA
1989-1991	Instructor Thomas Jefferson University Department of Nursing Philadelphia, PA

## **Clinical and Administrative Positions**

2015-Present	Clinical Coordinator- Children's Hospital of Philadelphia Mothers' Milk Bank
2010-Present	Nurse Scientist-Lactation Program Children's Hospital of Philadelphia
2000-2010	Clinical Nurse Specialist-Lactation Children's Hospital of Philadelphia
1995-2000	Perinatal Advance Practice Nurse Thomas Jefferson University Hospital Breastfeeding Services for LBW Infants RO1-NR-03881
1992-1995	Clinical Nurse Specialist-Research Nurse Home Care-High Risk Pregnant Women: Outcome and Cost (Research Project) RO1-NR-02897 (D. Brooten, PI) University of Pennsylvania, Philadelphia, PA
1989-2000 (Part-time and Per Diem)	Staff Nurse-Antepartal Unit Pennsylvania Hospital, Philadelphia, PA

## **PROFESSIONAL EXPERIENCE (continued)**

1986-1989                      Staff Nurse-Postpartum, antepartum,  
   newborn/transitional nurseries  
   Pennsylvania Hospital, Philadelphia, PA

## **CERTIFICATION/LICENSURE**

Registered Nurse-Pennsylvania Licensure  
1986 to present

Board Certified Perinatal Nurse  
American Nurses Credentialing Center  
1989 to present

## **HONORS AND AWARDS**

Nurse of the Year-Philadelphia Inquirer	2019
AWHONN Award of Excellence in Research	2019
Lifetime Achievement Award National Association of Neonatal Nurses	2016
Edge Runner-The American Academy of Nursing	2015
Norma M. Lang Award Distinguished Award for Scholarly Practice & Policy	2013
Helen M. Shearer Term Chair in Nutrition	2006–Present
Student Nurses of Pennsylvania Honorary Member SNAP’s highest honor	2011
Helen Berkowitz Award (Three-time recipient) Phi Sigma Sigma Sorority Sponsored by the Philadelphia Alumnae Chapter for service to community, profession and sorority	2011, 1997 & 1991
Pottsgrove High School Honor Roll Distinguished Alumni Honor	2011

## **HONORS AND AWARDS (continued)**

Expert Alumni Award for Clinical Excellence University of Pennsylvania School of Nursing	2011
Academic Practice Award Family and Community Health Department School of Nursing	2011
Leader of Leaders Award National Student Nurses Association	2011
Dean's Award for Exemplary Professional Practice University of Pennsylvania	2010
Faculty Advisor of the Year Student Nurses Association of Pennsylvania	2008
Maternal Child Health Leadership Academy Sigma Theta Tau International and Johnson & Johnson-Mentor	2008–2009
Temple University Greek Association Advisor of the Year 2008-2009	2009
Lenore Williams Award For contributions to women Association of Penn Professional Women & The Penn Women's Center	2008
Sigma Theta Tau International Research Utilization Award	2007
Fellow in the American Academy of Nursing	2007
Faculty Advisor of the Year Student Nurses Association of Pennsylvania	2005
Nursing Leadership Award The Children's Hospital of Philadelphia	2005
Who's Who Among America's Teachers	2005
Service Award Phi Sigma Sigma {for greater than 10 years service}	2004

## HONORS AND AWARDS (continued)

Order of the Sapphire Award Phi Sigma Sigma Awarded based on skills, achievement, perspective, perpetuity, honor, influence, responsiveness, and experience	2003
Philadelphia Area Alumnae Panhellenic Outstanding Women of the Year	2003
Faculty Teaching Award University of Pennsylvania School of Nursing	2002
Faculty Advisor of the Year Student Nurses Association of Pennsylvania	2001
The Lindback Award for Distinguished Teaching	2001
The Pyramid Award: Phi Sigma Sigma Sorority's Highest Honor	2001
Rho Lambda Honor Society	2001
Who's Who Among America's Teachers	2000
National Sisterhood Award Phi Sigma Sigma Sorority Awarded by the national organization for service {above and beyond the scope of one's volunteer duties}	2000
Distinguished Lecturer-Sigma Theta Tau International	1999
Outstanding Alumnae Chapter President Phi Sigma Sigma Sorority Awarded by the national organization {for outstanding leadership at the local level in community service, undergraduate support and collegiate development}	1999
Outstanding Alumna Advisor Phi Sigma Sigma Sorority Awarded by the national organization {for significant mentoring to collegiate women}	1999
Undergraduate Advisor Award University of Pennsylvania School of Nursing	1999

## HONORS AND AWARDS (continued)

Faculty Teaching Award University of Pennsylvania School of Nursing	1998
Order of Omega An honor society for Greek scholars	1996
Outstanding Active Alumna Phi Sigma Sigma Sorority Awarded by the national organization {for significant professional and community achievements, as well as service to the sorority }	1995
Nursing Excellence Award Philadelphia County Pennsylvania Nurses Association	1995
Chapter Key Advisor Award Phi Sigma Sigma Sorority Awarded by the national organization for significant mentorship of an undergraduate chapter of the sorority	1993
Sigma Theta Tau	1989
Philadelphia Perinatal Society	1989
Mortar Board National Honor Society	1986

## RESEARCH

**Doctoral Dissertation:** Spatz, D. L. (1995). Classification of advanced practice nurse functions using the taxonomy of transitional follow-up care. *Dissertation Abstracts International*, 56(08), 4245B. (UMI Number 9543147)  
Supervisor: Dorothy Brooten

### **Funded Research (\*Principal Investigator)**

*Bereaved mothers' experiences in donating milk to HMBANA Milk Banks*

Paraszczuk, A., Candelaria, L., Hylton-McGuire, K., & Spatz, D.L.

**\*Co-Investigator & Senior Mentor**

Funded: Molloy College Faculty Research Grant  
\$2,025 (2020-present)

*An exploration of the use of technology (Angel Eyes camera system) as part of the NICU mother's lactation journey*

Spatz, D.L., Froh, E.B. & Candelaria, L.

**\*Principal Investigator**

Funded: Sigma Theta Ta-Xi Chapter  
\$1,000 (2019-present)

*Adaptation of a Breastfeeding Support Model for Neonatal Units for an African Middle-Income Setting-Botswana*

Arscott-Mills, T, Mogotsi, T.V., Lowenthal, E. & Spatz, D.L.

**\*Co-Investigator & Senior Mentor**

Funded: CHOP Global Health Grant  
\$1,000 (2018-present)

*Informal Milk Sharing in the Orthodox Jewish Community*

Candelaria, L., Spatz, D., Bressler, T.

**Co-Investigator**

Funded: Nursing Research  
Molloy College Faculty Research Grant  
\$1780 (2018-present)

*Breastfeeding Experiences of Same Sex Mothers*

Spatz, D.L. & Juntereal, N.A.

**\*Principal Investigator**

Funded: University of Pennsylvania School of Nursing  
\$2,580 (2018-present)

## RESEARCH (continued)

*Effects of complimenting breast pumping with automated breast compression, on the quality and quantity of milk expression.*

Spatz, D.L. & Froh, E.B.

**\*Principal Investigator**

Funded: University of Pennsylvania School of Nursing  
\$8,250 (2018-present)

*Improving knowledge regarding drug exposure in pregnancy and lactation*

Običan, S. G., Louis-Jacques, A., Hernandez, I., & Spatz, D. L.

**Co-Investigator**

Funded: OTIS HRSA  
Reproductive Environmental Health Network  
\$6,830 (2016-present)

*The Lived Experience of the Human Milk Donor*

Candelaria, L., Spatz, D., Aprigliano, A. & Borga, J.

**Co-Investigator**

Funded: Nursing Research  
Molloy College Doctoral Support Grant  
\$200 (2016-2017)

*Mothers Voices: The Lived Experience of the HMBANA Milk Donor*

Candelaria, L., Spatz, D., Aprigliano, A. & Borga, J.

**Co-Investigator**

Funded: Nursing Research  
Medela, Inc.: Doctoral Research Scholar Grant  
\$2,100 (2016-2017)

*The Experience of the Human Milk Donor: A Case Series*

Candelaria, L., Spatz, D., Aprigliano, A. & Borga, J.

**Co-Investigator**

Funded: Nursing Research  
Molloy College Summer Research Grant  
\$2,150 (2015)

*The Lived Experience of the Human Milk Donor*

Candelaria, L., Spatz, D., Aprigliano, A. & Borga, J.

**Co-Investigator**

Funded: Nursing Research  
Molloy College Research & Scholarship Grant  
\$2,100 (2014-2015)



## RESEARCH (continued)

*An Exploration and Understanding of the Breastfeeding Resource Nurse Role and Program at The Children's Hospital of Philadelphia*

Spatz, D. L., Barton, S., Roth, R. & Froh, E.B.

**\*Principal Investigator**

Funded: Nursing Research  
The Children's Hospital of Philadelphia  
\$3,000 (2013-2015)

*Impact of an Employee Lactation Program on Breastfeeding Initiation and Duration*

Spatz, D. L. & Kim, G.

**\*Principal Investigator**

Funded: FULD Four Program  
\$3,000 (2012-2013)

*The Role of Human Milk and Breastfeeding in the Cardiac Intensive Care Unit*

Torowicz, D., Spatz, D. L., Seelhorst, A. & Zhao

**Co-Principal Investigator**

Funded: National Association of Pediatric Nurse  
Practitioners  
\$2,445 (2011-2012)  
Nursing Research  
The Children's Hospital of Philadelphia

*Twenty-five-Year Retrospective of the Clinician Educator (CE) Role at the University of Pennsylvania School of Nursing*

Barnsteiner, J., Stringer, M., Spatz, D. L., Lynaugh, J.

**Co-Investigator**

Funded: University of Pennsylvania School of Nursing  
\$25,000 (2010 to present)

*Mothers' beliefs and experiences regarding breastfeeding in public urban areas*

Spatz, D. L., Cricco-Lizza, R. & Repetto, C.

**Co-Principal Investigator**

Funded: Penn Institute for Urban Research (O)  
\$2,000 (2007)

*The use of human milk and outcomes of infants with congenital surgical anomalies*

Spatz, D. L., Lorch, S., Miesnik, S. & Gatti, L. R.

**\*Principal Investigator**

Funded: The Center for Nursing Outcomes Research (PP)  
University of Pennsylvania  
\$10,000 (2006-2007)

## RESEARCH (continued)

*Breastfeeding promotion at primary care Market Street*

Spatz, D. L.

**\*Principal Investigator**

Funded: Pennsylvania Department of Health (TG)  
\$5,900 (2006-2008)

*A retrospective review of feeding outcomes of infants with congenital surgical anomalies*

Spatz, D. L.

**\*Principal Investigator**

Funded: Division of Neonatal Nursing Grant (O)  
\$5,000 (2005-2006)

*A retrospective review of infants readmitted with early breastfeeding difficulties*

Spatz, D.L. & Goldschmidt, K.A.

**\*Principal Investigator**

Funded: Division of Neonatology Departmental Grant (O)  
\$2,500 (2005-2006)

*NICU mother's experiences using a silicone nipple shield for breastfeeding their preterm infants*

Frisk, B. & Spatz, D. L.

**\*Co-Principal Investigator and Faculty Mentor**

Funded: Sigma Theta Tau-Xi Chapter (PG)  
\$1,000 (2005-2006)

*Breastfeeding promotion at primary care in University City*

Spatz, D. L.

**\*Principal Investigator**

Funded: The Pennsylvania Department of Health (TG)  
\$3,000 (2005-2006)

*Infant feeding beliefs and experiences of NICU nurses*

Cricco-Lizza, R. & Spatz, D. L. (Co-I)

**Co-Investigator and Faculty Mentor**

Funded: Sigma Theta Tau-Xi Chapter (PG)  
\$1,000 (2004-2005)

*Support for low income breastfeeding-Outcomes and cost*

Pugh, L. C., Milligan, R., Frick, K. & Spatz, D. L.

**Sub-contract with Johns Hopkins University (PI for Penn)**

**Co-investigator and educator for the nurses and peer counselors**

Funded: National Institute of Nursing Research (R01)  
RO1-NR-007675-01A1 - \$2.1 million (3/1/03-4/10/07)

## RESEARCH (continued)

*An innovative program for breastfeeding education and training*

Spatz, D. L., Ludwig, S., Pereira, G., Gordin, M. & Friedman, S.

**\*Principal Investigator**

Funded: The Foerderer Foundation (PG)  
\$70,000 (7/1/02 – 6/30/05)

*Influencing nutrition of African American adolescent mothers and their infants by using the maternal child nutrition support team*

Spatz, D. L., Ford, E., Brown, L. P. & McKinney, S.

**\*Principal Investigator**

Funded: University Research Foundation (PG)  
University of Pennsylvania  
\$20,000 (3/01 – 3/04)

*Nurse intervention for low income breastfeeding women*

Pugh, L. C., Milligan, R. A., Frick, K., Bronner, Y. L., Spatz, D. L. & Brown, L. P.

**Co-Investigator and educator for the nurse interventionists and peer counselors**

Funded: National Institute of Nursing Research (PP)  
Shannon Award- \$100,000 (1998-2000)

*Mom and me do BSE: Mothers and daughters together for breast health promotion*

Spatz, D. L.

**\*Principal Investigator**

Funded: The Breast Health Institute - \$13,424 (PG)  
In collaboration with Pennsylvania Hospital,  
Philadelphia, PA (1998-2002)

*Breastfeeding services for LBW infants-Outcomes and cost-Minority supplement*

Brown, L. P., Meier, P., Spitzer, A., Finkler, S., Jacobsen, B., Spatz, D. L. & Deatrick, J.

**Co-investigator**

Funded: National Institute of Nursing Research (PP)  
RO1-NR-03881 - \$167,694 (1996 – 2000)

*Breastfeeding services for LBW infants—Outcomes and cost*

Brown, L. P., Meier, P., Spitzer, A., Finkler, S., Jacobsen, B. & Spatz, D. L.

**Co-investigator and nurse interventionist**

Funded: National Institute of Nursing Research (R01)  
RO1-NR-03881 - \$3,184,155 (1995 – 2000)

*Nurse home care—High risk pregnant women: Outcome and cost*

Brooten, D., Brown, L. P., Cohen, A., Munro, B., Finkler, S. & Armstrong, C.

**Nurse interventionist**

Funded: National Institute of Nursing Research (R01)  
RO1-NR-02897 - \$1,862,500 (1991-1996)

## **RESEARCH (continued)**

*Factors affecting milk volume in mothers of VLBW infants*

Brown, L. P., Hollingsworth, A. O., Armstrong, C. & Spatz, D. L.

**Co- investigator and clinical nurse specialist/research assistant**

Funded: Nutrition Center CHOP - \$5,000 (1990–1991) **(PG)**  
International Sigma Theta Tau- \$2,994 (1990-1991)

### **Funded Program Grants**

*The program for North American mobility in higher education*

Spatz, D. L., Brown L. P., Stringer, M. & McCauley, K.

Sub-contract with the University of New Mexico College of Nursing

**\*Principal Investigator**

Funded: FIPSE **(TG)**  
\$100,000 (9/00-8/04)

*Cultural competence education for faculty and clinical teachers*

Watts, R. & Spatz, D. L.

**\*Co-Principal Investigator**

Funded: The Diversity Fund **(TG)**  
University of Pennsylvania  
\$16,300 (2000-2001)

### **Other Grants**

*Skin to skin transfer of the ventilated infant-DVD production*

Departmental Grant- Division of Neonatology **(PG)**

Funded: \$5,000 (2005)

### **Funded Research with Undergraduate Students**

*Incidence of postpartum depression in mothers of infants admitted to a neonatal intensive care unit and the relationship to breastfeeding*

Hitti, N. (2005-2006)

Faculty Advisor–Spatz, D.L.

Funded: \$1,000 Holz Award **(PG)**

*Mom and me do BSE: Mothers and daughters together for breast health promotion.*

Beerley, M. (2000-2002)

Faculty Advisor–Spatz, D. L.

Funded: 21<sup>st</sup> Century Scholars-Wyeth Ayerst Grant **(PG)**  
\$3,750 Student Award  
\$1,250 Faculty Award

## **RESEARCH (continued)**

*Qualitative analysis of African American adolescent females' knowledge and use of emergency contraceptive pills.*

Chertow, E. & Olsen, C. (1999-2001)

Faculty Advisor– Spatz, D. L.

Funded: Nassau Fund\* \$400 (PG)

\*University of Pennsylvania undergraduate research fund

*A qualitative analysis to describe breastfeeding practices of mothers of LBW infants.*

Reed, K. (1998-2001)

Faculty Advisor– Spatz, D. L.

Funded: Nassau Fund\* \$500 (PG)

\*University of Pennsylvania undergraduate research fund

*Breastfeeding duration and influencing factors.*

Cromar, M. & Fisher, M. (1997-1999)

Faculty Advisor–Spatz, D. L.

Funded: Effect Fund\* \$500 (PG)

\*University of Pennsylvania undergraduate research fund

*Cultural aspects of breastfeeding among Puerto Rican women.*

Hernandez, I.G. (1996-1997)

Faculty Advisor–Spatz, D. L.

Funded: Nassau Fund\* \$720 (PG)

Effect Fund\* \$500 (PG)

\*University of Pennsylvania undergraduate research fund

## **Non-Funded Research Protocols**

An Exploration of HMBANA Milk Banks support of Breastfeeding

Spatz, D.L. & Kostiuk, O. (2020 to present)

Initiation of Lactation following Cesarean Delivery

Froh, E.B & Spatz, D. L. (2018 to present)

*City Legislation for Employee Breastfeeding Mothers*

Spatz, D.L. & Froh, E.B. (2017 to 2018)

*Optimization of Human Skim Milk for Infants with Chylothorax*

Spatz, D.L., Berry, H. & Froh, E.B. (2014 to 2016)

*The Use of Donor Milk at a Children's Hospital*

Spatz, D.L. & Froh, E.B. (2014 to 2016)

*Islam and Breastfeeding Practices among African-American Muslims in West Philadelphia*

Kamoun, C. & Spatz, D.L. (2015 to 2017)

*An Evaluation of Child Care Centers for Breastfeeding Supportiveness*

Spatz, D.L., Garth, E., & Messner, A. (2015 to 2016)

*An Evaluation of University Lactation Support for Students*

Spatz, D.L. & Welsh, M. (2015 to 2016)

*An Evaluation of Lactation Accommodations in Convention Centers*

Spatz, D.L. & Woo, K. (2015 to 2016)

## PUBLICATIONS

### **Journal Articles: Research and Data Based- Peer Reviewed**

Bressler, T., Candelaria, L., & Spatz, D.L. (in press). "Because we can": Informal milk sharing for the hospitalized at risk infant in the orthodox Jewish community. *Breastfeeding Medicine*.

Hinson, T., Skinner, A. C., & Spatz, D. L. (in press). Addressing disparities in breastfeeding in the African American community. *Journal of Perinatal and Neonatal Nursing*.

Tangsuksan P., Ratinthorn, A., Sindhu, S. Spatz, D. L., & Viwatwongkasem, C. (2020). Factors influencing exclusive breastfeeding among urban employed mothers: A case-control study. *Pacific Rim International Journal of Nursing Research*, 24(1), 54-72. Retrieved from <https://www.tci-thaijo.org/index.php/PRIJNR/article/view/169846>

Lisanti, A. J., Buoni, A., Steigerwalt, M., Daly, M., McNelis, S., & Spatz, D. L. (2020). Kangaroo care for hospitalized infants with congenital heart disease. *American Journal of Maternal Child Nursing*, doi: 10.1097/NMC.0000000000000612 [Epub ahead of print]

Louis-Jacques, A. F., Wilson, R., Dean, K., Hernandez, I., Spatz, D., & Običan, S. (2020). Improving drug exposure knowledge during lactation: Quality improvement initiative in low-income women. *Breastfeeding Medicine*, 15(3), 140-146. doi: 10.1089/bfm.2019.0222

Juntereal, N.A., & Spatz, D.L. (2020). Breastfeeding experiences of same-sex mothers. *Birth*, 47(1), 21-28.. doi: 10.1111/birt.12470

Spatz, D.L., & Froh, E.B. (2019). Human milk and breastfeeding outcomes of infants with myelomeningocele. *Advances in Neonatal Care*, 19(5), 376-382. doi: 10.1097/ANC.0000000000000653

Spatz, D.L., Froh, E.B., Bartholomew, D., Edwards, T., Wild, K.T., Hedrick, H., & Nawab, U. (2019). Lactation experience of mothers and feeding outcomes of infants with congenital diaphragmatic hernia. *Breastfeeding Medicine*, 14(5), 320-324. doi: 10.1089/bfm.2019.0011

Ferrarello, D., Froh, E.B, Hinson, T.D., & Spatz, D.L. (2019). Nurses' views on using pasteurized donor human milk for hypoglycemic term infants. *American Journal of Maternal Child Nursing*, 44(3), 157-163. doi: 10.1097/NMC.0000000000000525

Henry-Moss D., Lee J., Benton, K., & Spatz, D. L. (2019). An exploration of lactation facilities and planning in U.S. higher education campuses. *Breastfeeding Medicine*, 14(2), 121-127. doi: 10.1089/bfm.2018.0198

Henry-Moss, D., Abbuhl, S., Bellini, A., & Spatz, D. L. (2018). Lactation space experiences and preferences among health care workers in an academic medical center. *Breastfeeding Medicine*, 13(9), 607-613. doi: 10.1089/bfm.2018.0101

## **PUBLICATIONS (continued)**

- Froh, E. B., Cascino, A., Cerreta, S.K., Karsch, E.A., Kornberg, L.F., Lilley, J.E., Welch, L., & Spatz, D.L. (2018). Status of legislative efforts to promote and protect breastfeeding and the provision of human milk for women returning to work in the first postpartum year. *Breastfeeding Medicine, 13*(7), 506-509. doi: 10.1089/bfm.2018.0092
- Spatz, D.L. (2018). Beyond BFHI: The Spatz 10-step and breastfeeding resource nurse models to improve human milk and breastfeeding outcomes. *Journal of Perinatal and Neonatal Nursing, 32*(2), 164-174. doi: 10.1097/JPN.0000000000000339
- Hinson, T.D., Skinner, A.C., Lich, K.H., & Spatz, D.L. (2018). Factors that influence breastfeeding initiation among African America women. *Journal of Obstetric Gynecologic and Neonatal Nursing, 47*(3), 290-300. doi: 10.1016/j.jogn.2018.02.007
- Folker-Maglaya, C., Pylman, M.E., Couch, K.A., Spatz, D.L., & Marzalik, P. R. (2018). Implementing a breastfeeding toolkit for nursing education. *Journal of Perinatal & Neonatal Nursing, 32*(2), 153-163. doi: 10.1097/JPN.0000000000000330
- Candelaria, L., Spatz, D.L., & Giordano, N. (2018). Experiences of women who donated human milk. *The Journal of Obstetric Gynecologic & Neonatal Nursing, 47*(4), 556-563. doi: 10.1016/j.jogn.2017.12.007.
- Spatz, D.L., Robinson, A.C., & Froh, E.B. (2018). Cost and use of pasteurized donor human milk at a children's hospital. *Journal of Obstetric, Gynecologic, and Neonatal Nursing, 47*(4), 583-588. doi: <https://doi.org/10.1016/j.jogn.2017.11.004>
- Kamoun, C. & Spatz, D.L. (2018). The influence of Islamic traditions on breastfeeding beliefs and practices among African-American Muslims in West Philadelphia: A mixed methods study. *Journal of Human Lactation, 34*(1), 164-175. doi: 10.1177/0890334417705856
- Preusting, I., Brumley, J., Odibo, L., Spatz, D.L., & Louis, J.M. (2017). Obesity as a predictor of delayed lactogenesis II. *Journal of Human Lactation, 33*(4), 684-691. doi: 10.1177/0890334417727716
- Froh, E.B, Deatrick, J., Curley, M.A.Q. & Spatz, D.L. (2017). Mothers of infants with congenital diaphragmatic hernia describe "breastfeeding" in the neonatal intensive care unit: "As long as it's my milk, I'm happy." *Journal of Human Lactation, 33*(3), 524-532. doi: 10.1177/089033441770946
- Spatz, D.L., Evans, A. & Froh, E.B. (2017). Creation of a regional human milk assembly: A model to influence practice change in the NICU. *Advances in Neonatal Care, 17*(5), 417-423. doi: 10.1097/ANC.0000000000000393



## **PUBLICATIONS (continued)**

Devido, J.A., Doswell, W.M., Braxter, B.J., Spatz, D.L., Dorman, J.S., Terry, M.A., & Charron-Prochownik, D. (2017). Experiences of parish nurses in providing diabetes education and preconception counseling to women with diabetes. *Journal of Obstetric, Gynecologic, and Neonatal Nursing*, 46(2), 248-257. doi: 10.1016/j.jogn.2016.10.010

Froh, E., Dahlmeier, K., & Spatz, D.L. (2017). NICU nurses and lactation-based support and care. *Advanced Neonatal Care*, 17(3), 203-208.  
doi:10.1097/ANC.0000000000000370

Cunniff, A., & Spatz, D. (2017). Mother's weaning practices when infants breastfeed for more than one year. *MCN American Journal for Maternal Child Nursing*, 42(2), 88-94.  
doi: 10.1097/NMC.0000000000000310

Baumgartel, K.L., Groer, M.W., Cohen S.M., Ren, D., Spatz, D.L., & Conley Y.P. (2017). Maternal interleukin genotypes are associated with NICU outcomes among low-birth-weight infants. *Biological Research for Nursing*, 19(1), 36-44.  
doi: 10.1177/1099800416664585

Froh, B., & Spatz, D.L. (2016). Navigating return to work and breastfeeding in a hospital with a comprehensive employee lactation program. *Journal of Human Lactation*, 32(4): 689-694. doi: 10.1177/0890334416663475

Koo, K., & Spatz, D.L. (2016). National survey of convention centers' lactation facilities. *Journal of Human Lactation*, 32(4), 735-739. doi: 10.1177/0890334416653740

Bostick, M.W., Albrecht, S.A., Baghdadi, N., Haley, C., & Spatz, D.L. (2016). Do American colleges and universities support lactation needs of students? *Breastfeeding Medicine*, 11, 376-379. doi: 10.1089/bfm.2016.0022

Baumgartel, K.L., Groer, M.W., Cohen, S.M., Ren, D., Spatz, D., L., & Conley, Y.P. (2016). Effect of promoter polymorphisms on cytokine concentration in preterm breast milk and subsequent infant outcomes. *Journal of Human Lactation*, 32(3), 425-437. doi: 10.1177/0890334416646725

Thussanasupap, B., Lapvongwatana, P., Kalampakorn, S., & Spatz, D. L. (2016). Effects of the community-based breastfeeding promotion program for working mothers: A quasi-experimental study. *Pacific Rim International Journal of Nursing Research*, 20(3), 154-161. doi: 10.1097/NMC.0000000000000229

Garth, E., Messer, A.L., & Spatz, D.L. (2016). Child care centers' role in support of breastfeeding families. *American Journal of Maternal Child Nursing*, 41(3), 154-161.  
doi: 10.1097/NMC.0000000000000229

## **PUBLICATIONS (continued)**

Hallowell, S.G., Rogowski, J.A., Spatz, D.L., Hanlon, A.L., Kenny, M. & Lake, E.T. (2016). Factors associated with infant feeding of human milk at discharge from neonatal intensive care: Cross-sectional analysis of nurse survey and infant outcomes data. *International Journal of Nursing Studies*, 53, 190-203. doi:10.1016/j.ijnurstu.2015.09.016.

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## **PUBLICATIONS (continued)**

### **Guest Editorships**

<i>Advances in Neonatal Care</i>	2014
<i>Journal of Obstetric Gynecologic &amp; Neonatal Nursing</i>	2011, 2015, 2018
<i>Journal of Perinatal &amp; Neonatal Nursing</i>	2018

### **Position Statements and Educational Modules**

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Spatz, D. L. (n.d.). I'm weaning my baby. Is there anything I can do to help dry up my milk supply? [Web log comment]. *BabyCenter*. Retrieved from [http://www.babycenter.com/404\\_im-weaning-my-baby-is-there-anything-i-can-do-to-help-dry-up\\_8921.bc](http://www.babycenter.com/404_im-weaning-my-baby-is-there-anything-i-can-do-to-help-dry-up_8921.bc)

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DiSanto, Lauren (Producer). (2005, August 3). Interview of Diane Spatz on *Your Morning on CN8* [Television Broadcast]. Philadelphia, PA: Comcast Corporation.

Spatz, D. L. (2003). Mother's milk. In *Embracing innovation: The Children's Hospital of Philadelphia nursing annual report 2002*. Philadelphia: Children's Hospital of Philadelphia.

Spatz, D. L. (2003, August). Breastfeeding module—Mandatory for nursing re-licensure in Puerto Rico. Retrieved from <http://nsweb.nursingspectrum.com/ce/m37a.htm>

#### **CONSULTATION: Clinical/Educational**

2019-Australia

The Royal Women's Hospital of Melbourne  
Monash Hospital Melbourne

2019-Thailand

Thai Breastfeeding Foundation and Thai government  
Implementation of Spatz 10 Steps in all NICUs in Thailand  
Mahidol University  
Ramathibodi School of Nursing

2018-Japan

Saitama Medical University, Saitama Medical Center  
Center for Maternal, Fetal and Neonatal Medicine  
Kawagoe, Saitama

2018-Mexico

2017 to present-New York University Hospital

2017- Kapiolani Medical Center

#### **CONSULTATION: Clinical/Educational (continued)**



2016-Thailand

Thai Breastfeeding Foundation and Thai government  
Implementation of Spatz 10 Steps in all NICUs in Thailand

2016-Florida Perinatal Quality Collaborative & the Florida Department of Health

2016-China

Implementation of Spatz 10 Step model & Breastfeeding Resource Nurse Model

2016-Tampa General Hospital/University of South Florida

2016-Delhi & Jaipur, India

Implementation of Spatz 10 Step model & Breastfeeding Resource Nurse Model  
Dr. RML Hospital  
Kalawati Children's Hospital  
Fortis Medical Research Institute  
JK Lon Hospital  
Zenana Hospital  
Mahila Hospital

2015-Thailand

Thai Breastfeeding Foundation and Thai government  
Implementation of Spatz 10 Steps in all NICUs in Thailand  
Ramathibodi School of Nursing & Samitivej Hospital

2014-Thailand

Thai Breastfeeding Foundation and Thai government  
Implementation of Spatz 10 Steps in all NICUs in Thailand  
Chiang Mai University Hospital

2013-University of Hawaii & Hawaii birth hospitals

2013-Thailand

Thai Breastfeeding Foundation and Thai government  
Implementation of Spatz 10 Steps in all NICUs in Thailand  
Mahidol University  
Ramathibodi School of Nursing

2012-Adler Hey Children's Hospital, Liverpool, UK

2011-The University of Miami/Jackson Memorial Medical Center

2011-The Hong Kong International Program-six nurses from six different institutions

2008-The Royal Children's Hospital of Sydney

**CONSULTATION: Clinical/Educational (continued)**

2007-The Royal Children's Hospital of Queensland

2005-The Children's Hospital of Eastern Ontario

## **INTERNATIONAL PRESENTATIONS**

*Beyond BFHI-The Spatz 10 Steps for Human Milk & Breastfeeding in Vulnerable Infants*  
5<sup>th</sup> International Conference of the European Milk Banking Association

Turin, Italy

October 10, 2019 (Invited Speaker)

*The Role of a Nurse Scientist in a Children's Hospital*  
*Using the Kouzes and Posner Model for Nursing Leadership*  
*Translating Research into Clinical Practice*

Annual Nursing Conference

Clinica Alemana

Santiago, Chile

September 5-6, 2019 (Invited Keynote Speaker)

*Getting it Right: The Critical Window for Establishing Lactation*

14<sup>th</sup> Annual Human Milk & Breastfeeding Symposium

London, England

April 5, 2019 (Invited Speaker)

*From Nurse to Research Academic*

Latrobe University

Melbourne, Australia

February 13, 2019 (Invited Speaker)

*Latest Research in Human Milk & Breastfeeding*

Monash University

Melbourne, Australia

February 13, 2019 (Invited Speaker)

*Latest Research in Human Milk & Breastfeeding*

Mater Hospital

Brisbane, Australia

February 11, 2019 (Invited Speaker)

## **INTERNATIONAL PRESENTATIONS (continued)**

*Beyond the Baby Friendly Hospital Initiative: The Global Situation of Human Milk and Breastfeeding for Vulnerable Infants*  
*Say No to Success & Yes to Goal Setting: Helping Mothers Reach their Personal Breastfeeding Goals*  
*Human Milk & Breastfeeding in Late Preterm Infants*  
*Team Building: Use of the KP Model with Case Exemplars*  
*Recommendations for Key Performance Indicators: Implementation of Spatz 10 Model in Thailand*  
*Skin to Skin Care: Just Do It!*  
*Human Milk Banking*  
The Fifth International Conference on Breastfeeding Sick Babies  
Bangkok, Thailand  
January 2019 (Invited Keynote Speaker)

*Optimizing Nutrition for Neonatal Growth and Development Outcomes*  
Nourishing the Neonate Conference 2018  
Calgary, Alberta  
November 2018 (Invited Speaker)

*Human Milk & Breastfeeding Outcomes of Infants with Congenital Diaphragmatic Hernia*  
19th International Conference of the International Society for Research in Human Milk and Lactation-Protecting, Promoting and Supporting Breastfeeding from Biology to Policy  
Kanagawa, Japan  
October 6-11, 2018 (Poster)

*Human Milk & Breastfeeding Outcomes of Infants with Congenital Diaphragmatic Hernia*  
*Spatz 10 Steps to Promote & Protect Human Milk & Breastfeeding for Vulnerable Infants*  
*Quality Improvement: How do you ensure mothers pump early, pump often?*  
Medela 13<sup>th</sup> International Breastfeeding and Lactation Symposium  
Paris, France  
March 22, 2018 (Poster)

*Use of Human Milk & Transition to Breast in Infants with Surgical Anomalies*  
*The Critical Window of Opportunity to Manage Maternal Risk & Effectively*  
*Initiate Lactation & Ensure Milk Supply*  
Mexico City, Mexico  
January 18, 2018 (Invited Speaker)

*Use of Human Milk & Transition to Breast in Infants with Surgical Anomalies*  
*The Critical Window of Opportunity to Manage Maternal Risk & Effectively*  
*Initiate Lactation & Ensure Milk Supply*  
Monterrey, Mexico  
January 17, 2018 (Invited Speaker)

**INTERNATIONAL PRESENTATIONS (continued)**

*Use of Human Milk & Transition to Breast in Infants with Surgical Anomalies  
The Critical Window of Opportunity to Manage Maternal Risk & Effectively  
Initiate Lactation & Ensure Milk Supply*

Guadalajara, Mexico  
January 16, 2018 (Invited Speaker)

*Improving Human Milk & Breastfeeding for NICU Infants with the Spatz 10 Step Model*  
The Mexico Association of Neonatologists

Guadalajara, Mexico  
January 15, 2018 (Invited Speaker)

*Human Milk & Breastfeeding: Implementing the Spatz 10 Step Model in Mexico  
Full Day-8 Hour Course*

Guadalajara, Mexico  
January 15, 2018 (Invited Speaker)

*Human Milk for Small and/or Sick Newborns*

Webinar for the United States Agency for International Development  
August 3, 2017 (Invited Speaker)

*Increasing Capacity for the Provision of Evidence-based Human Milk and Breastfeeding  
Support*

Medela 12<sup>th</sup> International Breastfeeding and Lactation Symposium  
Florence, Italy  
April 8, 2017 (Invited Speaker)

*Human Milk & Breastfeeding Saves Lives*

Hospital Angel de Ponce  
Consuelo, Dominican Republic  
March 8, 2017 (Invited Speaker)

*Human Milk & Breastfeeding Saves Lives*

Musa Hospital  
San Pedro, Dominican Republic  
March 8, 2017 (Invited Speaker)

*Human Milk & Breastfeeding Saves Lives*

Robert Reid Cabral Children's Hospital  
Santo Domingo, Dominican Republic  
March 7, 2017 (Invited Speaker)

*Human Milk & Breastfeeding Saves Lives*

San Lorenzo de los Minas Mother & Child Hospital  
Santo Domingo, Dominican Republic  
March 7, 2017 (Invited Speaker)

**INTERNATIONAL PRESENTATIONS (continued)**

*Improving Human Milk and Breastfeeding in the NICU and Beyond*  
Family Integrated Care Conference  
Toronto, Canada  
February 10, 2017 (Invited Speaker)

*Improving Human Milk & Breastfeeding Outcomes for NICU Infants with  
the Spatz 10 Step Model*  
Human Milk Science & Innovation: 4<sup>th</sup> International Conference  
Pasadena, CA  
September 9, 2016 (Invited Keynote Speaker)

*Ten Steps for Promoting and Protecting Breastfeeding in Sick Babies*  
*The CHOP Mothers' Milk Bank and New Research*  
*To Fortify or Not to Fortify: Current Research & Understanding*  
*A Continuous Quality Improvement Project to Implement Cue-based Feeding as a  
Standard of Care in the NICU*  
*The Use of Technologies to Support Human Milk & Breastfeeding*  
*New Research and Science of Human Milk*  
The Fourth International Conference on Breastfeeding Sick Babies  
Bangkok, Thailand  
September 13-15, 2016 (Invited Keynote Speaker)

*Changing Institutional Culture to Value Human Milk*  
*Ensuring Human Milk and Breastfeeding for Sick Infants*  
*Preserving Breastfeeding for the Re-Hospitalized Infant*  
National Conference on Breastfeeding for Poland  
Warsaw, Poland  
June 10 and 11, 2016 (Invited Keynote Speaker)

*10 Steps to Improve Human Milk & Breastfeeding in the NICU*  
The Children's Hospital Zhejiang University School of Medicine  
Hangzhou, China  
May 15, 2016 (Invited Speaker)

*10 Steps to Improve Human Milk & Breastfeeding in the NICU*  
Nanjing Maternity and Child Health Center  
Nanjing, China  
May 14, 2016 (Invited Speaker)

*10 Steps to Improve Human Milk & Breastfeeding in the NICU*  
Tianjin, China  
May 13, 2016 (Invited Speaker)

## **INTERNATIONAL PRESENTATIONS (continued)**

*10 Steps to Improve Human Milk & Breastfeeding in the NICU*  
Jilin University First Hospital  
Changchun, China  
May 11, 2016 (Invited Speaker)

*10 Steps to Improve Human Milk & Breastfeeding in the NICU*  
The West China Second University Hospital of Sichuan University  
Chengdu, China  
May 9, 2016 (Invited Speaker)

*Evidence Based Strategies to Ensure Human Milk & Breastfeeding in the NICU & Beyond*  
Recent Advances in China Perinatal Medicine Summit by CJPM  
Changsha, China  
May 5, 2016 (Invited Speaker)

*Donor Milk Usage in a Children's Hospital: A Descriptive Cohort Study*  
International Society of Researchers in Human Milk & Lactation Conference  
Stellenbosch, South Africa  
March 4, 2016 (Poster)

*Evidence Based Strategies to Ensure Human Milk & Breastfeeding During & Beyond the NICU Stay*  
Grand Rounds  
JK Lon Hospital  
Jaipur, India  
January 28, 2016 (Invited Speaker)

*Implementation of Spatz 10 Step Model & Spatz Breastfeeding Resource Nurse Model*  
Three Day Symposium & Training for Four Government Hospitals  
Jaipur, India  
January 25-27, 2016 (Invited Speaker)

*Why Evidence Based Lactation Care & Support is Essential*  
Grand Rounds  
JK Lon Hospital  
Jaipur, India  
January 25, 2016 (Invited Speaker)

*Ensuring Human Milk & Breastfeeding in the NICU*  
Kalawati Children's Hospital  
Delhi, India  
January 22, 2016 (Invited Speaker)

## **INTERNATIONAL PRESENTATIONS (continued)**

*Implementation of Spatz 10 Step Model*

Dr. RML Hospital

Delhi, India

January 20-21, 2016 (Invited Speaker-Two Day Intensive Staff Training)

*Ensuring Human Milk & Breastfeeding in the NICU*

Fortis Medical Research Institute

Delhi, India

January 19, 2016 (Invited Speaker)

*Human Milk & Breastfeeding in Vulnerable Infants-Exemplary Models of Evidence Based Practice*

Neonatal BFHI Conference

Uppsala, Sweden

May 19, 2015 (Invited Keynote Speaker)

*Human Milk & Breastfeeding: Translating Research to Clinical Practice*

Medela Education Group

Baar, Switzerland

April 20, 2015 (Invited Speaker)

*Evidence Based Strategies to Ensure Human Milk and Breastfeeding for Vulnerable Infants*

Medela International Breastfeeding Symposium

Warsaw, Poland

April 17, 2015 (Invited Keynote Speaker)

*3<sup>rd</sup> Annual Breastfeeding Sick Babies International Conference*

Invited to give 2 ½ Day Symposium

Bangkok, Thailand

March 11-13, 2015 (Invited Keynote Speaker)

*Optimization of Skim Milk for Infants with Chylothorax*

The International Society of Researchers in Human Milk & Lactation Conference

October 27, 2014 (Poster)

*2<sup>nd</sup> Annual Breastfeeding Sick Babies International Conference*

Invited to give 2 ½ Day Symposium

Bangkok, Thailand

March 12-14, 2014 (Invited Keynote Speaker)

*Breastfeeding in Sick Babies*

Chiang Mai University Hospital

Chiang Mai, Thailand

March 10, 2014 (Invited Speaker)

**INTERNATIONAL PRESENTATIONS (continued)**

*Outcomes of an Employee Lactation Program*  
*Human Milk & Breastfeeding Outcomes in Infants with Congenital Heart Disease*  
Sigma Theta Tau International Biennial Convention  
Indianapolis, IN  
November 17-18, 2013 (Podium Presentation)

*Brain Development, Breastfeeding, and the Late Preterm Infant*  
18<sup>th</sup> Annual International Meeting of the *Academy of Breastfeeding*  
Philadelphia, PA  
November 23, 2013 (Invited Speaker)

*Innovations in the Provision of Human Milk in the Special Care Nursery*  
The Medela 8<sup>th</sup> Annual International Breastfeeding & Lactation Symposium  
Copenhagen, Denmark  
April 20, 2013 (Invited Speaker)

*Breastfeeding Sick Babies International Conference*  
Invited to give 2 ½ Day Symposium  
Bangkok, Thailand  
January 22-24, 2013 (Invited Speaker)

*Excellence in Breastfeeding & Human Lactation Research & Practice: Multi-disciplinary Approach*  
School of Nursing, Ramathibodi Hospital, Mahidol University  
Bangkok, Thailand  
January 21, 2013 (Invited Speaker)

*Breastfeeding: Current Situation & Research*  
Department of Public Health Nursing, Faculty of Public Health, Mahidol University  
Bangkok, Thailand  
January 19, 2013 (Invited Speaker)

*Research in Human Milk & Breastfeeding: Translating the Science into Practice*  
Faculty of Nursing, Siriraj Hospital, Mahidol University  
Bangkok, Thailand  
January 17, 2013 (Invited Speaker)

*Sharing Breastfeeding Knowledge*  
Charoenkrung Pracharak Hospital  
Bangkok, Thailand  
January 16, 2013 (Invited Speaker)

*How to Succeed at Breastfeeding Sick Babies*  
Queen Sirikit National Institute of Child Health (QSNICH)  
Bangkok, Thailand  
January 15, 2013 (Invited Speaker)

**INTERNATIONAL PRESENTATIONS (continued)**



*Successful Transition to Breastfeeding in Infants with Complex Surgical Anomalies*  
Grand Rounds and Keynote Address  
Alder Hey Children's Hospital  
Liverpool, England  
May 11, 2012 (Keynote Invited Speaker)

*Pumping Initiation Patterns and Milk Volumes in Mothers of Infants Born with  
Congenital Anomalies*  
*Associated Morbidities to Congenital Diaphragmatic Hernia and a Relationship to  
Human Milk*  
7<sup>th</sup> Annual International Breastfeeding and Lactation Symposium  
Vienna, Austria  
April 20, 2012 (Poster)

*Human Milk and Breastfeeding for Infants Born with Complex Surgical Anomalies*  
*A Comprehensive Nurse Driven Model of Lactation Support for Vulnerable Infants*  
*Pumping Initiation Patterns and Milk Volumes in Mothers of Infants Born with  
Congenital Anomalies*  
Baby Friendly Neonatal Care Conference and Workshop  
Uppsala, Sweden  
September 14-15, 2011 (Paper and Poster)

*Evaluation of Breastfeeding Support Interventions in Pediatric Primary Care.*  
McIlhenny, C., Brodecki, D., Paris, D., Chen-Lim, M. L., Barton, S. & Spatz, D.  
International Council on Women's Health Issues Conference, 18<sup>th</sup> Congress on Women's  
Health Issues, Cities and Women's Health: Global Perspectives  
Philadelphia, PA  
April 8-9, 2010 (Poster)

*Human Milk in the NICU: Translating Evidence into Practice*  
*Full Day-8 Hour Course*  
Saskatchewan, Canada  
March 17, 2010 (Invited Speaker)

*Project Transition: Transitioning Surgical Infants to At Breast Feeds*  
*The Maternal Child Health Leadership Academy: Leadership Projects for Advancing  
Maternal Child Nursing Care*  
Sigma Theta Tau International 40<sup>th</sup> Biennial Convention  
Indianapolis, IN  
November 3, 2009 (Invited Speaker)

*Human Milk in the NICU: Translating Evidence into Practice*  
*Full Day-8 Hour Course*  
Toronto, Canada  
May 27, 2009

**INTERNATIONAL PRESENTATIONS (continued)**

*Human Milk and Breastfeeding and the Preterm Infant*  
Saint John of God Hospital  
Perth, Australia  
March 28, 2007 (Invited Speaker)

*Protecting Breastfeeding for Vulnerable Infants and Managing Early Breastfeeding Difficulties*  
Australian College of Midwives Study Day  
Perth, Australia  
March 24, 2007 (Invited Speaker)

*Facilitation of Breastfeeding and Early Discharge in the Preterm Infant*  
King Edward Memorial Hospital  
Perth, Australia  
March 13, 2007 (Invited Speaker)

*Small Baby and Breastfeeding*  
Curtin University of Technology and King Edward Memorial Hospital  
Perth, Australia  
March 12, 2007 (Invited Speaker)

*Breastfeeding Science and Practice*  
The Australian Lactation Consultant Association  
Perth, Australia  
March 3, 2007 (Invited Speaker)

*More than Lip Service-Changing Institutional Culture to Really Support Breastfeeding Supporting Low Birth Weight Babies to Breastfeed*  
The Australian Breastfeeding Association National Four City Tour  
Breastfeeding, Milk, Health, and Love  
Brisbane, Australia-February 27, 2007  
Sydney, Australia-February 28, 2007  
Geelong, Australia-March 1, 2007  
Adelaide, Australia-March 2, 2007  
(Invited-Keynote Address)

*Supporting Breastfeeding in the Vulnerable Preterm Infant*  
Research Center for Clinical Practice Innovation  
Griffith University  
Brisbane, Australia  
January 30, 2007 (Invited Speaker)

**INTERNATIONAL PRESENTATIONS (continued)**

*Promoting and Supporting Breastfeeding in Vulnerable Infants*  
*Preserving Breastfeeding for the Re-Hospitalized Infant*  
Wellington Hospital and the Capital and Coast District Health Board  
Wellington, New Zealand  
January 25, 2007 (Invited Speaker)

*A Pictorial Image to Share the Science of How Human Milk Helps Infants*  
*Breast Milk Donation after Infant Loss: An Integral Part of the Grieving Process*  
*A Retrospective Analysis of Infants Admitted with Early Breastfeeding Difficulties*  
International Lactation Consultant Association Annual Conference  
Philadelphia, PA  
July 13-15, 2006 (Posters and Paper)

*Breastfeeding and Nursing Research*  
District Hospital  
Mumbai, India  
April 15, 2006 (Invited Speaker)

*Building a Community of Evidenced Based Practitioners*  
Sigma Theta Tau International Biennial Convention  
Indianapolis, IN  
November 13, 2005 (Paper)

*Protecting Breastfeeding in Marginalized Populations*  
IWK Grace Health Center- 26<sup>th</sup> Annual Perinatal Conference  
Halifax, Nova Scotia, Canada  
March 31, 2004 (Invited-Keynote Speaker)

*Linking Practice and Scholarship to Improve Breastfeeding Success One Community at a Time*  
Sigma Theta Tau International Biennial Convention  
Toronto, Canada  
November 2, 2003 (Paper)

*An Innovative Program for Breastfeeding Education and Support at a Children's Hospital*  
*Promoting Healthy Nutrition of Infants Born to African American Adolescent Mothers*  
IWK Grace Health Center- 25<sup>th</sup> Annual Perinatal Conference  
Halifax, Nova Scotia, Canada  
May 2, 2003 (Paper)

*Supporting Breastfeeding in the Low Birth Weight Infant*  
Ein Karem Hospital-Hadassah Medical Organization, Jerusalem, Israel  
May 15, 2000 (Invited Speaker)

## **INTERNATIONAL PRESENTATIONS (continued)**

*Breastfeeding the Preterm Infant: Researched Based Practice*  
Mount Scopus Medical Center-Hadassah Medical Organization  
Jerusalem, Israel  
May 15, 2000 (Invited Speaker)

*Facilitating Breastfeeding*  
Mount Scopus Medical Center-Hadassah Medical Organization  
Jerusalem, Israel  
May 8, 2000 (Invited Speaker)

*Breastfeeding Outcomes and Short Length of Stay for LBW Infants*  
Sigma Theta Tau Biennial Convention  
San Diego, CA  
November 8, 1999 (Paper)

*Establishing an International Breastfeeding Program of Research  
Advanced Practice Nursing Care for Breastfeeding of Low Birthweight Infants  
Breastfeeding Devices for Preterm and Low Birthweight Infants: Toward Research Based  
Indications and Guidelines*  
IWK Grace Health Center- 20th Annual Perinatal Nursing Conference:  
Halifax, Nova Scotia, Canada  
April 2-3, 1998 (Paper)

*Workshop on Intensive Lactational Support of the Preterm Infant*  
Sir Ganga Ram Hospital  
New Delhi, India  
February 15, 1998 (Invited Speaker)

*Breastfeeding Support for Low Birthweight Infants*  
Children's Trust Hospital  
Chennai, India  
February 11, 1998 (Invited Speaker)

*Breastfeeding Assessment and Care*  
Smt. Janak Rani Talwar School of Nursing, Moolchand Kharaiti Ram Hospital  
New Delhi, India  
February 5, 1998 (Invited Speaker)

*Family Oriented Newborn Care*  
Physician Conference, Moolchand Kharaiti Ram Hospital  
New Delhi, India  
February 4, 1998 (Panel Participant)

## **INTERNATIONAL PRESENTATIONS (continued)**

*Breastfeeding Services for LBW Infants*  
Sigma Theta Tau International Biennial Convention  
Indianapolis, IN  
December 3, 1997 (Poster)

*Breastfeeding Services for LBW Infants- Outcomes and Cost*  
*Advanced Practice Nurse Hospital and Home Care of Women Post Cesarean Section*  
*Birth*  
8th Annual COGNN and IWK-Grace Conference  
Halifax, Nova Scotia, Canada  
April 4, 1997 (Paper)

*Hypertensive Disorders of Pregnancy*  
Smt. Janak Rani Talwar School of Nursing, Moolchand Kharaiti Ram Hospital  
New Delhi, India  
January 20, 1997 (Invited Speaker)

*Classification of APN Functions Using the Taxonomy of Transitional Follow-up Care*  
Sigma Theta Tau International Biennial Convention  
Detroit, MI  
November 6, 1995 (Paper)

#### **NATIONAL, REGIONAL AND LOCAL PRESENTATIONS (Past 5 years)**

*COVID19-Human Milk & Breastfeeding*  
Philadelphia, PA  
April 17, 2020 (Live Webinar)

*Beyond BFHI-The Spatz 10 Step Model to Help Families Reach their Personal*  
*Breastfeeding Goals*  
Queen's Medical Center  
Oahu, HI  
December 16, 2019 (Invited Speaker)

*Pediatric Dentists: Human Milk & Breastfeeding*  
The University of Pennsylvania School of Dental Medicine  
Philadelphia, PA  
December 13, 2019 (Invited Speaker)

*Improving Human Milk and Breastfeeding Services in the Pediatric Practice*  
Care Network-Pottstown  
Pottstown, PA  
November 11, 2019 (Invited Speaker)

## **NATIONAL, REGIONAL AND LOCAL PRESENTATIONS (continued)**

*Timing of Milk Expression on Milk Volumes Among Mothers with Infants with Congenital Anomalies Following Cesarean Birth*

*Informal Milk Sharing in the Orthodox Jewish Community*

American Public Health Conference

Philadelphia, PA

November 5, 2019 (Poster Presentation)

*One Day Course-Implementation of Spatz 10 Steps for Human Milk & Breastfeeding Vulnerable Infants*

Christiana Medical Center

Newark, DE

November 1, 2019 (Invited Speaker)

*Same Sex Mothers and Lactation*

*Human Milk and Breastfeeding Considerations for Surgical Infants*

Association of Women's Health, Neonatal, Obstetric & Gynecologic Nursing 50<sup>th</sup> Anniversary Convention

Atlanta, GA

June 10-11, 2019 (Invited Speaker)

*Helping Mothers to Reach their Personal Breastfeeding Goals*

41<sup>st</sup> Annual Conference WIC Association of New York

Syracuse, NY

May 20, 2019 (Invited Speaker)

*Breastfeeding without Birthing*

Keystone 10 Summit

Grantville, PA

May 16, 2019 (Invited Speaker)

*A Career as a Nurse Scientist in Human Milk and Breastfeeding*

New York University School of Nursing

New York, NY

April 22, 2019 (Invited Speaker)

*Milk Donation for Bereaved and Palliative Care Mothers*

Human Milk Banking Association of North America

Chicago, IL

April 12, 2019 (Invited Speaker)

*The Role of the Obstetric Care Provider in Human Milk & Breastfeeding*

Princeton Medical Center

Princeton, NJ

April 9, 2019 (Grand Rounds Speaker)

## **NATIONAL, REGIONAL AND LOCAL PRESENTATIONS (continued)**

### *Improving Human Milk & Breastfeeding Outcomes*

NEC Unplugged Conference  
Cedar Park, TX  
March 25, 2019 (Invited Speaker)

### *Lactation Policy & Lactation Facilities Across United States Campuses*

Society for College and University Planning Regional Conference  
University of Maryland  
College Park, MD  
March 22, 2019 (Invited Speaker)

### *Understanding & Assessing Risk Factors Related to Establishment & Maintenance of Milk Supply*

Webinar  
March 20, 2019

### *Breastfeeding and Co-Sleeping*

Nurse Family Partnership  
Philadelphia, PA  
March 15, 2019 (Invited Speaker)

### *Informal Milk Sharing & Pasteurized Donor Human Milk*

The Centers for Disease Control & Prevention  
Atlanta, GA  
March 13, 2019 (Invited Speaker)

### *Human Milk & Breastfeeding for the Vulnerable Infants: Initiation & Maintenance of Milk Supply*

### *Human Milk & Breastfeeding for the Vulnerable Infants: Preparation for Discharge & Follow-up*

### *Human Milk & Breastfeeding for Adoptive & LGBTQ Families*

Emory Breastfeeding Conference  
Atlanta, GA  
March 12, 2019 (Invited Speaker)

### *Spatz 10 Steps to Promote and Protect Human Milk & Breastfeeding for Vulnerable Infants*

Children's Hospital of Minneapolis  
Minneapolis, MN  
March 8, 2019 (Invited Speaker)

### *Pasteurized Donor Milk and Milk Banking*

Drexel University School of Public Health  
Philadelphia, PA  
March 1, 2019 (Invited Speaker)

## **NATIONAL, REGIONAL AND LOCAL PRESENTATIONS (continued)**

*The Critical Window to Establish Effective Lactation*

Americas Sales Meeting for Medela  
Newport Beach, CA  
February 18, 2019 (Invited Speaker)

*Evidence Based Strategies for Human Milk & Breastfeeding*

Princeton Medical Center  
Princeton, NJ  
December 7, 2018 (Grand Rounds Speaker)

*Why Nurses Matter & Empowering Mothers to Reach Their Personal Breastfeeding Goals*

*Getting it Right-The Critical Window of Opportunity to Establish Lactation & Improve Patient Satisfaction*

Catawba Valley Medical Center  
Hickory, NC  
December 4, 2018 (Invited Keynote Speaker)

*Human Milk & Breastfeeding: Research, Practice & Policy*

Children's Hospital of Philadelphia Nutrition Seminar  
Philadelphia, PA  
November 14, 2018 (Invited Speaker)

*Global Work on Human Milk & Breastfeeding*

University of Pennsylvania School of Nursing  
Philadelphia, PA  
November 12, 2018 (Invited Speaker)

*Evidence Based Strategies for Human Milk & Breastfeeding*

Inspira Health  
Woodbury, NJ  
October 24, 2018 (Invited Grand Rounds Speaker)

*Best Practices to Help Mothers Reach Their Personal Breastfeeding Goals*

*Informed Decision & Sharing the Science of Human Milk  
Anatomy & Physiology of Milk Production: Ensuring Initiation & Maintenance of Milk Supply*

Parrish Medical Center  
Titusville, FL  
October 22, 2018 (Invited Keynote Speaker)

*Exploring Human Milk and Breastfeeding for LBGTQ Families*

AWHONN 49<sup>th</sup> Annual Convention  
Tampa, FL  
June 26, 2018 (Invited Speaker)



## **NATIONAL, REGIONAL AND LOCAL PRESENTATIONS (continued)**

*Creating Comprehensive Human Milk & Breastfeeding Care Models for Vulnerable Infants*

Tennessee Breastfeeding Coalition  
Chattanooga, TN  
June 15, 2018 (Invited Speaker)

*10 Steps to Promote & Protect Human Milk & Breastfeeding in Vulnerable Infants*

Speaking of NEC: Unplugged  
Cromwell, CT  
June 11, 2018 (Invited Speaker)

*Human Milk & Breastfeeding in Late Preterm Infants*

Pennsylvania Department of Health-Keystone 10 Initiative  
Blue Bell, PA  
May 22, 2018 (Invited Speaker)

*Getting it Right-The Critical Window of Opportunity to Establish Lactation & Improve Patient Satisfaction*

Houston, TX  
May 17-18, 2018 (Invited Speaker)

*Pediatric Dentists: Human Milk & Breastfeeding*

The University of Pennsylvania School of Dental Medicine  
Philadelphia, PA  
May 11, 2018 (Invited Speaker)

*Protecting Breastfeeding in Primary Care*

The Children's Hospital of Philadelphia: Care Network-Highpoint  
Chalfont, PA  
May 2, 2018 (Invited Speaker)

*A Career as a Nurse Scientist in Human Milk & Breastfeeding: Translating the Science to Practice & Policy*

New York University School of Nursing  
New York City, NY  
April 30, 2018 (Invited Speaker)

*CHOP Mothers' Milk Bank*

The Women's Resource Group at Children's Hospital of Philadelphia  
Philadelphia, PA  
April 23, 2018 (Invited Speaker)

*A Career as a Nurse Scientist in Human Milk & Breastfeeding*

The National Student Nurses Association Annual Convention  
Nashville, TN  
April 5, 2018 (Invited Speaker)

## **NATIONAL, REGIONAL AND LOCAL PRESENTATIONS (continued)**

*A Career as a Nurse Scientist in Human Milk & Breastfeeding: Translating the Science to Practice & Policy*

Penn Future Women in Health  
Philadelphia, PA  
March 30, 2018 (Invited Speaker)

*Spatz 10 Steps to Promote & Protect Human Milk & Breastfeeding for Vulnerable Infants*

Columbia University Medical Center  
New York City, NY  
March 13, 2018 (Invited Speaker)

*Global Work: Human Milk & Breastfeeding in Thailand, China, India, Dominican Republic, & Mexico*

Global Bites for the University of Pennsylvania School of Nursing  
February 28, 2018 (Invited Speaker)

*Human Milk & Breastfeeding for the Pediatric Nurse*

Webinar for the Society for Pediatric Nurses  
February 22, 2018 (Invited Speaker)

*A Career as a Nurse Scientist in Human Milk & Breastfeeding: Translating the Science to Practice & Policy*

University of Illinois-Chicago  
Chicago, Illinois  
February 19, 2018 (Invited Speaker)

*Human Milk & Surgical Infants*

Surgical Advance Practice Nurse Group  
The Children's Hospital of Philadelphia  
Philadelphia, PA  
February 16, 2018 (Invited Speaker)

*Protecting Breastfeeding in Primary Care*

The Children's Hospital of Philadelphia: Care Network-Springfield  
Springfield, PA  
January 23, 2018 (Invited Speaker)

*Protecting Breastfeeding in Primary Care*

The Children's Hospital of Philadelphia-After Hours Program  
Philadelphia, PA  
January 11, 2018 (Invited Speaker)

*Getting it Right-The Critical Window of Opportunity to Establish Lactation & Improve Patient Satisfaction*

Philadelphia, PA  
January 11, 2018 (Invited Speaker)

## **NATIONAL, REGIONAL AND LOCAL PRESENTATIONS (continued)**

*Getting it Right-The Critical Window of Opportunity to Establish Lactation & Improve Patient Satisfaction*

Rosemont, IL

December 7, 2017 (Invited Speaker)

*Getting it Right-The Critical Window of Opportunity to Establish Lactation & Improve Patient Satisfaction*

Oakbrook, IL

December 8, 2017 (Invited Speaker)

*Breastfeeding, Vulnerable Infants & Health Policy*

6th Annual Penn Medicine Nursing Research Conference

Nursing Research: Improving the Care of Vulnerable Populations

Philadelphia, PA

December 7, 2017 (Invited Speaker)

*Breastfeeding Support in Primary Care*

Webinar for Continuing Medical Education for the Children's Hospital of Philadelphia

Philadelphia, PA

November 28, 2017 (Invited Speaker)

*Improving Human Milk & Breastfeeding Outcomes*

Medical University of South Carolina Grand Rounds

Charleston, SC

October 12, 2017 (Invited Speaker)

*Changing Institutional Culture to Value Human Milk and Breastfeeding*

*The Spatz 10 Step Model for Human Milk & Breastfeeding in Vulnerable Infants*

Breastfeeding Symposium at the Eastern Area Health Education Center

Greenville, NC

August 11, 2017 (Invited Speaker)

*Preserving Human Milk and Breastfeeding for the Late Preterm Infant*

Association of Women's Health Obstetric & Gynecologic Nurses

New Orleans, LA

June 26, 2017 (Invited Speaker)

*Improving Human Milk and Breastfeeding in the NICU and Beyond*

Association of Women's Health Obstetric & Gynecologic Nurses

4 Hour Pre-Conference

New Orleans, LA

June 25, 2017 (Invited Speaker)

## **NATIONAL, REGIONAL AND LOCAL PRESENTATIONS (continued)**

*Improving Human Milk & Breastfeeding for NICU Infants with the Spatz 10 Step Model*  
Nationwide Children's Hospital Neonatal-Perinatal Conference  
Cleveland, Ohio  
May 17, 2017 (Invited Speaker)

*Nurses' Role in Providing Evidence Based Lactation & Breastfeeding Support and Care*  
Nationwide Children's Hospital-Grand Rounds  
Cleveland, Ohio  
May 16, 2017 (Invited Speaker)

*Improving Human Milk & Breastfeeding for NICU Infants with the Spatz 10 Step Model*  
Grand Rounds for Cincinnati Children's Hospital  
Cincinnati, OH  
May 11, 2017 (Invited Speaker)

*Using the Science of Human Milk to Transform Care*  
Inspira Health System  
Deptford, NJ  
May 8, 2017 (Invited Speaker)

*Implementation of the Spatz 10 Step Model for Human Milk and Breastfeeding*  
Hawaii State-Wide Education  
Oahu, Hawaii  
April 24-25, 2017 (Invited Speaker)

*Research & Quality Improvement Projects from Penn & CHOP*  
South Jersey Lactation Consultant Association at Virtua Hospital  
Voorhees, NJ  
April 4, 2017 (Invited Speaker)

*One Day Course-Implementation of Spatz 10 Steps for Human Milk & Breastfeeding  
Vulnerable Infants*  
Neonatal Quality Improvement Collaborative of Massachusetts-State-Wide Education  
Framingham, MA  
February 27, 2017 (Invited Speaker)

*Early Head Start-Evidence Based Breastfeeding Care*  
Early Head Start at Care Network-Karabots  
Philadelphia, PA  
February 14, 2017 (Invited Speaker)

*Sharing the Science: Helping Families to the Make the Decision to Start & Continue  
Breastfeeding*  
New Jersey Mother Baby Summit  
Princeton, NJ  
September 19, 2016 (Invited Keynote Speaker)

## **NATIONAL, REGIONAL AND LOCAL PRESENTATIONS (continued)**

*Making the Case for Using Donor Milk in Vulnerable Infants*  
*What Does a Label on the Bottle Have to Do with Growth? How Do You Use Donor Milk in the NICU?*

Human Milk Banking Association of North America Conference  
Orlando, FL  
April 11-12, 2016 (Invited Speaker)

*Mix Up Your Methodologies to Answer Many Research Questions*  
*A Career as a Nurse Scientist in the Field of Human Milk & Breastfeeding:*  
*Sustaining a Program of Research*

National Association of Neonatal Nurses Research Summit  
Phoenix, AZ  
April 5-6, 2016 (Invited Keynote Speaker)

*Creating a Human Milk & Breastfeeding Culture in the NICU*

The Culture of Breastfeeding Conference-  
Hillsborough County Breastfeeding Taskforce  
Tampa, FL  
February 19, 2016 (Invited Speaker)

*Antenatal Assessment, Education and Support to Prepare Women to Reach Their Personal Breastfeeding Goals*

Obstetric & Gynecologic Grand Rounds  
The University of South Florida Morsani College of Medicine  
Tampa, FL  
February 17, 2016 (Invited Speaker)

*Exclusive Human Milk/Breastfeeding: Why it Matters & How to achieve it*  
Pediatric Grand Rounds

Tampa General Hospital/University of South Florida  
Tampa, FL  
February 11, 2016 (Invited Speaker)

*Developing a Donor Milk Program and an HMBANA Milk Bank*

Webinar for Medela Education Series  
January 13, 2016

*Why Evidence Based Lactation Care & Support is Essential*

New York Methodist Hospital  
Brooklyn, NY  
December 9, 2015 (Invited Speaker)

## **NATIONAL, REGIONAL AND LOCAL PRESENTATIONS (continued)**

### *Evidence Based Strategies to Ensure Human Milk & Breastfeeding During & Beyond the NICU Stay*

Hot Topics in Neonatology

Washington, DC

December 8, 2015 (Invited Speaker)

### *Human Milk & Breastfeeding in the Surgical Infant*

13<sup>th</sup> Annual Conference-Topics Explored: Surgical & Trauma Nursing

The Children's Hospital of Philadelphia

Philadelphia, PA

November 13, 2015 (Invited Speaker)

### *Changing Institutional Culture to Embrace Human Milk & Breastfeeding*

Full Day 8 Hour Conference

The Children's Hospital of Wisconsin

Milwaukee, WI

October 20, 2015 (Invited Speaker)

### *Supporting Breastfeeding Families in the Care Network*

Ambulatory Nursing Conference

The Children's Hospital of Philadelphia

Philadelphia, PA

October 3, 2015 (Invited Speaker)

### *Ensuring Human Milk & Breastfeeding in the NICU*

Black Mothers Breastfeeding Association

Detroit, MI

October 2, 2015 (Invited Speaker)

### *Human Milk & Breastfeeding in Vulnerable Infants-Exemplary Models of Evidence Based Practice*

Memphis Area Breastfeeding Coalition

Memphis, TN

September 14, 2015 (Invited Speaker)

### *Supporting Baby Friendly Initiatives*

World Breastfeeding Week Podcast

August 5, 2015 (Invited Speaker)

### *Optimal Nutrition & the Health of Preterm Infants*

Preemie Matters-National Policy Summit

Washington, DC

June 25, 2015 (Invited Speaker)

## **NATIONAL, REGIONAL AND LOCAL PRESENTATIONS (continued)**

### *Grand Rounds-Human Milk & Breastfeeding*

Children's Mercy Hospital Main Campus

Kansas City, MO

June 18, 2015 (Invited Speaker)

### *What's New in Breastfeeding?*

9<sup>th</sup> Annual Perinatal Symposium

Sierra Providence Health Network

El Paso, TX

June 5, 2015 (Invited Speaker)

### *Human Milk & Breastfeeding-Exemplary Models to Improve Outcomes*

Neonatal Nursing Conference sponsored by the Children's Hospital of Philadelphia

Philadelphia, PA

May 14, 2015 (Invited Speaker)

### *Lactation Support in the High-Risk Setting*

Update on Fetal Diagnosis & Treatment Conference sponsored by the Center for Fetal Diagnosis and Treatment at the Children's Hospital of Philadelphia

Philadelphia, PA

May 14, 2015 (Invited Speaker)

### *Human Milk & Breastfeeding: Translating Research to Practice*

Abington Hospital

Abington, PA

May 11, 2015 (Invited Speaker)

### *Human Milk & Breastfeeding: Translating Research to Practice*

#### *Breastfeeding is a Public Health Issue*

Keynote Speaker for McDowell Stafford Lectureship Series, Illinois State University

Bloomington, IL

April 30, 2015 (Invited Keynote Speaker)

### *Human Milk & Breastfeeding:*

#### *A PhD Nurse Transforms Care & Translates Research into Practice*

National Student Nurses Association

April 9, 2015 (Invited Speaker)

## CONTINUING EDUCATION PROGRAMS FOR HEALTH PROFESSIONALS

### **Spatz One Day NICU Specialist Course**

New York University-Langone Medical Center  
New York City, NY

January 31, 2015, November 30, 2017, March 13<sup>th</sup>, 2018, May 4, 2018, September 13<sup>th</sup>,  
2018, December 3<sup>rd</sup>, 2018

### **Spatz One Day NICU Specialist Course**

*The Use of Human Milk and Breastfeeding Education for the NICU Nurse*

Full Day-8 Hour Course

Philadelphia, PA

November 8, 2019; May 14, 2019; October 25, 2018; May 1, 2018; November 9, 2017;  
November 11, 2016; April 27, 2016; November 5, 2015; March 31, 2015; November 18,  
2014; May 7, 2014; November 7, 2013; November 6, 2012; March 21, 2012; November  
10, 2011; March 24, 2011; November 4, 2010; March 24, 2010; April 2, 2009; November  
10, 2009; March 18, 2008; July 17, 2008; October 24, 2008; April 30, 2007; July 19,  
2007; October 16, 2007; July 18, 2006; October 31, 2006

*The Use of Human Milk and Breastfeeding Education for the NICU Nurse*

Full Day-8 Hour Course

Mountain States Health Alliance

Bristol, TN

July 19, 2011 (Invited Speaker)

***\*\*Note: The programs below are at the invitation of health systems with sponsorship  
by Medela Corporation***

*The Critical Window to Establish Effective Lactation\*\**

Continuing Education Dinner Meeting

Plano, TX

December 10, 2019

*The Critical Window to Establish Effective Lactation\*\**

Continuing Education Dinner Meeting

San Diego, CA

November 14, 2019

*The Critical Window to Establish Effective Lactation\*\**

Continuing Education Dinner Meeting

Boston, MA

October 29, 2019



**CONTINUING EDUCATION PROGRAMS FOR HEALTH PROFESSIONALS  
(continued)**

*The Critical Window to Establish Effective Lactation\*\**  
Continuing Education Dinner Meeting  
Miami, FL  
October 28, 2019

*The Critical Window to Establish Effective Lactation\*\**  
Continuing Education Dinner Meeting  
San Jose, CA  
October 17, 2019

*The Critical Window to Establish Effective Lactation\*\**  
Continuing Education Dinner Meeting  
Cleveland, OH  
August 7, 2019

*Human Milk & Breastfeeding: Translating Research into Practice\*\**  
Full Day-8 Hour Course  
Wellspan York Hospital  
York, PA  
October 5, 2015 (Invited Speaker)

*The Use of Human Milk and Breastfeeding Education for Healthcare Providers\*\**  
Full Day-8 Hour Course  
Riley Children's Hospital  
Indianapolis, IN  
June 4, 2015 (Invited Speaker)

*Human Milk & Breastfeeding: Translating Research into Practice\*\**  
Full Day-8 Hour Course  
Long Neck, DE  
April 27, 2015 (Invited Speaker)

*Human Milk & Breastfeeding: Translating Research into Practice\*\**  
Full Day-8 Hour Course  
Maumee, Ohio  
October 30, 2104 (Invited Speaker)

*Human Milk & Breastfeeding: Translating Research into Practice\*\**  
Full Day-8 Hour Course  
Lowell, MA  
June 16, 2014 (Invited Speaker)

**CONTINUING EDUCATION PROGRAMS FOR HEALTH PROFESSIONALS  
(continued)**

*Human Milk & Breastfeeding: Translating Research into Practice\*\**  
Full Day-8 Hour Course  
Baltimore, MD  
March 31, 2014 (Invited Speaker)

*The Use of Human Milk and Breastfeeding Education for the NICU Nurse\*\**  
Full Day-8 Hour Course  
Grand Rapids, MI  
November 18, 2013 (Invited Speaker)

*The Use of Human Milk and Breastfeeding Education for the NICU Nurse\*\**  
Full Day-8 Hour Course  
Lurie Children's Hospital  
Chicago, IL  
August 19, 2012 (Invited Speaker)

*The Use of Human Milk and Breastfeeding Education for the NICU Nurse\*\**  
Full Day-8 Hour Course  
The Children's Hospital of South West Florida  
Fort Myers, FL  
November 26 and 27, 2012 (Invited Speaker)

*The Use of Human Milk and Breastfeeding Education for the NICU Nurse\*\**  
Full Day-8 Hour Course  
Charleston, SC  
March 16, 2012 (Invited Speaker)

*The Use of Human Milk and Breastfeeding Education for the NICU Nurse\*\**  
Full Day-8 Hour Course  
Baltimore, MD  
October 24, 2011 (Invited Speaker)

*The Use of Human Milk and Breastfeeding Education for the NICU Nurse\*\**  
Full Day-8 Hour Course  
Baltimore, MD  
October 29, 2010 (Invited Speaker)

*The Use of Human Milk and Breastfeeding Education for the NICU Nurse\*\**  
Full Day-8 Hour Course  
Frankenmuth, MI  
October 28, 2009 (Invited Speaker)

**CONTINUING EDUCATION PROGRAMS FOR HEALTH PROFESSIONALS  
(continued)**

*The Use of Human Milk and Breastfeeding Education for the NICU Nurse\*\**  
Full Day-8 Hour Course  
Natick, MA  
November 17, 2008 (Invited Speaker)

**Spatz & Kim Program**

8 Hour Continuing Education Program  
East Lansing, MI  
September 29, 2014 (Invited Speaker)

**Spatz and Meier Symposium**

*Human Milk in the NICU*  
Children's Mercy Hospital Main Campus  
Kansas City, MO  
June 19, 2015 (Invited Speaker)

*Human Milk in NICU: Evidence, Case Studies and Tool Kits*  
Gainesville, GA  
December 9, 2013

*Human Milk in NICU: Evidence, Case Studies and Tool Kits*  
Orlando, FL  
December 2, 2013

*Human Milk in the NICU: Translating Evidence into Practice*  
Full Day-8 Hour Course  
Carle Hospital  
Urbana, IL  
March 1, 2013

*Human Milk in the NICU: Translating Evidence into Practice*  
Full Day-8 Hour Course  
Holy Cross Hospital  
Silver Spring, MD  
December 8, 2012

*Human Milk in the NICU: Translating Evidence into Practice*  
Full Day-8 Hour Course  
Edward Hospital & Health Services  
Lombard, IL  
December 9, 2011

**CONTINUING EDUCATION PROGRAMS FOR HEALTH PROFESSIONALS  
(continued)**

*Human Milk in the NICU: Translating Evidence into Practice*  
Full Day-8 Hour Course  
Oceanside, NY  
October 26, 2009

*Human Milk in the NICU: Translating Evidence into Practice*  
Full Day-8 Hour Course  
Palmetto Health System  
Columbia, SC  
May 12, 2009

*Human Milk in the NICU: Translating Evidence into Practice*  
Full Day-8 Hour Course  
Deaconess Medical Center  
Spokane, WA  
April 24, 2009

*Human Milk in the NICU: Translating Evidence into Practice*  
Full Day-8 Hour Course  
Arlington Heights, IL  
April 7, 2009

*Human Milk in the NICU: Translating Evidence into Practice*  
Full Day-8 Hour Course  
The University of Houston  
Houston, TX  
December 2, 2008

*Human Milk in the NICU: Translating Evidence into Practice*  
Full Day-8 Hour Course  
Methodist Hospital  
Dallas, TX  
December 1, 2008

*Human Milk in the NICU: Translating Evidence into Practice*  
Full Day-8 Hour Course  
Scottsdale Healthcare  
Phoenix, AZ  
November, 2008

*Human Milk in the NICU: Translating Evidence into Practice*  
Full Day-8 Hour Course  
Washington, DC  
October 8, 2008

## **CONTINUING EDUCATION PROGRAMS FOR HEALTH PROFESSIONALS (continued)**

*Human Milk in the NICU: Translating Evidence into Practice*  
Full Day-8 Hour Course  
Denver, CO  
September 12, 2008

*Human Milk in the NICU: Translating Evidence into Practice*  
Full Day-8 Hour Course  
Walnut Creek, CA  
April 8, 2008

## **PROFESSIONAL ORGANIZATIONS**

International Society of Researchers in Human Milk & Lactation	2014 to present
American Academy of Nursing	2007 to present
Pennsylvania Resource Organization for Lactation Consultants	2001 to present
Eastern Nursing Research Society	1995 to present
Pennsylvania Nurses Association	1991 to present
American Nurses Association	1991 to present
Philadelphia Perinatal Society	1989 to present
Association of Women's Health, Obstetric, and Neonatal Nurses	1989 to present
Sigma Theta Tau International Honor Society	1989 to present
The National Perinatal Association	1988 to present
The Pennsylvania Perinatal Association	1988 to present

## **PROFESSIONAL LEADERSHIP**

Editorial Board-American Journal of Maternal Child Nursing	2015 to present
Baby Friendly USA-Neonatal BFHI Taskforce	2014 to 2015
American Academy of Nursing	
Chair	2009 to 2016
Co-Chair	2008-2009
Expert Panel on Breastfeeding	2007 to present
United States Breastfeeding Committee	
AAN appointed representative to USBC	2009 to present
Research Constellation Chair	2015 to present
Advocacy Committee	2009 to 2015
Core Competencies Task Force	2009 to 2015
Core Measures Task Force	2009 to 2015

## **PROFESSIONAL LEADERSHIP (continued)**

Sigma Theta Tau International and Johnson & Johnson Maternal Child Health Leadership Academy	
Faculty	2010 to 2015
Mentor	2008-2009
Elsevier Publishing Company Advisory Board	2011 to present
NICU Medical Advisory Board	2009 to 2017
Medela Corporation	
<i>*One of only six nationally recognized leaders appointed to the board</i>	
Sigma Theta Tau International	
Research and Scholarship Advisory Council	2008 to 2009
Treasurer Mentor for Region 6	1996 to 2000
Nursing Research Committee Pennsylvania Hospital	1995 to 2002
Co-Chair of the Committee	1997 to 2001
Sigma Theta Tau-Delta Rho	
President	2000 to 2002
President Elect	1999 to 2000
Research Chair	1997 to 2000
Treasurer	1991 to 1998
Eligibility Committee	1990 to 1991
Sigma Theta Tau-Xi	
President	2005 to 2008
President Elect	2004 to 2005
Treasurer	1999 to 2004

## **MANUSCRIPT REVIEWER**

Breastfeeding Medicine	2014 to present
Journal of Clinical Nursing	2013 to present
Advances in Neonatal Care	2013 to present
Journal of Perinatal & Neonatal Nursing	2013 to present
Journal of Obstetric Gynecologic & Neonatal Nursing	2011 to present
Breastfeeding Medicine	2010 to present
Biomed Central	2010 to present
Journal of Human Lactation	2003 to present
Computers in Nursing	2000 to present
The Nursing Spectrum	2000 to present
Journal of the Society of Pediatric Nurses	1996 to present
Journal of Perinatology	1990 to present

## **SCHOOL OF NURSING SERVICE**

Research Committee	2019 to present
Academic Standards and Progressions Committee	2009 to 2011
Penn Nursing Summer Institute for High School Students	2009 to 2010
Doctoral Admissions Committee	2007 to 2009
Doctoral Progressions Committee	2010 to 2011
Graduation and Awards Committee Task Force	2009 to 2014
	2005 to 2006
Chair	2000 to 2003
	1996 to 2003
Undergraduate Curriculum Committee	2009 to 2011
	2005 to 2007
	1997 to 2003
Practice Committee	2003 to 2005
Chair	2004 to 2005
International Activities Committee	2000 to 2003
Task Force on Undergraduate Research	2000 to 2002
Faculty Advisor-Student Nurses Association at Penn	1999 to present
Faculty Director-Israel Study Abroad Program	1999 to 2005
Study Abroad Committee	1999 to 2004
Undergraduate Advising Committee	1999 to 2003
Course Directors Committee	1998 to 2007
Committee on Committees	1997 to 1999
Alumnae Liaison Mentor	1995 to present
International Center of Research for Women, Children and Families	1995 to 2004

## **UNIVERSITY SERVICE**

Fraternity and Sorority Advisory Board	2017 to present
Chair	2018 to present
Facilities Committee	2011 to 2012
Biomedical Library Committee	2009 to present
Faculty Associate-Hill College House	2004 to present
Trustee Committee on Student Life	2003 to 2005
	2009 to 2011
Council on Health Promotion and Disease Prevention	2001 to 2002
Nutrition Research Retreat-Planning Committee	2001 to 2002
Middle East Study Abroad Advisory Committee	2001 to 2006
Committee for the Quality of Student Life	2000 to 2003
Chair	2002 to 2003
Faculty Associate-Stouffer College House	1999 to 2004
21st Century Project/Undergraduate Working Group	1997 to 1999
Nassau Fund Selection Committee	1997 to 1998
Rose Award Selection Committee	1997 to 1998

## **UNIVERSITY SERVICE (continued)**

Faculty Advisor-Phi Sigma Sigma Sorority	1995 to 2010
Greek Alumni Council	1995 to 2010
Vice Chair	1998 to 2005

## **CLINICAL AGENCY ACTIVITIES**

Skin to Skin CQI Work Group	2003 to 2005
Chair	2003 to 2005
Hospital Wide Breastfeeding Committee	2000 to present
Chair	2000 to present
NICU Sub-committee	2002 to present
Breastfeeding CQI Committee	2000 to 2001
Clinical Nurse Specialist Group	2007 to 2010

## **DOCTORAL DISSERTATION COMMITTEES**

### **University of Pennsylvania, School of Nursing**

Froh, E. (Final Defense- May 2014). Breastfeeding the Infant with Congenital Diaphragmatic Hernia.

Role: Chair

Hallowell, S. (Final Defense-December 2012). The Associations between Nurse Work Environment, Breastfeeding Support and Human Milk Provision in the NICU.

Role: Committee Member

Irving, S. (Proposal Defense July 2010). Patterns of Weight Change in Postsurgical Infants with Congenital Heart Disease over the First Year of Life: Potential Predictors of Growth Failure.

Role: Reader

Koppelman, N. (Final Defense March 2004). Defying dependence: Learning from women in recovery and service providers about family survival. School of Social Work.

Role: Committee Member

Frederick, A. (Proposal Defense April 2002). Violence in the dating experiences of college women. School of Nursing.

Role: Reader

Chimwaza, A. (Final Defense April 2002). A descriptive study of the experience of caregivers of patients with symptoms of AIDS in resource poor communities: The case of Malawi. School of Nursing.

Role: Reader



## **DOCTORAL DISSERTATION COMMITTEES (continued)**

Ash, L. (Proposal Defense September 2000 and Final Defense May 2002). Assessment of viral load and growth in children who are HIV-Infected. School of Nursing.  
Role: Reader

Harner, H. (Proposal Defense April 2000). Prenatal and obstetric outcomes of teenagers with adult and peer age partners. School of Nursing.  
Role: Reader

Phalen, A. (Proposal Defense October 2000 and Final Defense February 2002). A comparison of human milk intake in preterm infants using the preterm infant breastfeeding scale (PIBBS) and test weighing. School of Nursing.  
Role: Reader

Koppelman, N. (Proposal Defense May 2000). Defying dependence: Learning from women in recovery and service providers about family survival. School of Social Work.  
Role: Committee Member

Borucki, L. (Proposal Defense October 1999). The experience of using the supplemental nursery system. School of Nursing.  
Role: Reader

Krouse, A. (Final Defense June 1999). The family management of breastfeeding low birth-weight infants. School of Nursing.  
Role: Reader

Donahue, D. (Final Defense May 1998). A comparison of stress responses to prenatal care in women with high risk pregnancies: Homecare vs. clinic. School of Nursing.  
Role: Reader

Conliffe-Torres, S. (Proposal Defense January 1998). Physiologic responses to breast and bottle feeding in LBW preterm infants with bronchopulmonary dysplasia. School of Nursing.  
Role: Reader

### **University of Pennsylvania, External to School of Nursing**

Cross, J. (Final Defense May 2015). School of Social Policy & Practice.  
Role: Committee Member

Kamoun, C. (2016-2017) Breastfeeding Practices Among West Philadelphia African-American Muslims. School of Medicine.

Henry-Moss, D. (2016-present). (Content Expert and Committee Member). Improving breastfeeding support for working mothers at the University of Pennsylvania. MPH student at the University of Pennsylvania.

## **DOCTORAL DISSERTATION COMMITTEES (continued)**

### **External to University of Pennsylvania, National**

Butudom, A. (Proposal Defense-2017). A Proposal for Exploring Effects of Breastfeeding-Friendly Policies on Breastfeeding Behaviors of Working Mothers at a Factory Site in Thailand. **University of Illinois Chicago.**

Role: Committee Member & Content Expert

Penders, R. (Committee Member) **University of Massachusetts.**

Poole, S. (Proposal Defense-2014, Final Defense-2016) A Ground Theory: How Young Mothers Achieve Exclusive Breastfeeding. **University of Arizona.**

Role: Committee Member & Content Expert

Candelaria, L. (Proposal Defense-2015) Breast Milk Donation: The Lived Experience. **Molloy University.**

Role: Committee Member & Content Expert

Hinson, T. (Proposal Defense-2015, Final Defense 2016). Perceptions of the facilitators and barriers of breastfeeding initiation: Increasing initiation through a tailored approach of practice interventions and policy for African American mothers. **University of North Carolina Doctorate in Public Health Program.**

Role: Committee Member & Content Expert

Baumgartel, K. (Proposal Defense July 2013; Final Defense May 2015). Breast Milk is not a Uniform Substance: Epigenetics Mechanisms. **University of Pittsburgh.**

Role: Committee Member & Content Expert

### **External to University of Pennsylvania, International**

Thussanasupap, B. (Final Defense-December 2015). Development of a Community Breastfeeding Promotion Model for Working Mothers, Ban-Bueng Sub-district, Chonburi Province. **Mahidol University-School of Public Health.**

Role: Committee Member & Content Expert

Tangsuksan, P. (Final Defense-September 2016). Exclusive Breastfeeding for Employed Mothers in Bangkok, Thailand. **Mahidol University-School of Nursing.**

Role: Committee Member & Content Expert

## POST-DOCTORAL MENTORING

Jill Radtke Demirci-Funded K99/R00-Preventing Perceived Insufficient Milk:  
Development of a Text-Message Based Intervention.

Role: Consultant and Mentor

Cricco-Lizza, Roberta Post Doctoral-T-32 Award.

- Cricco-Lizza, R. (2009). Rooting for the breast: breastfeeding promotion in the NICU. *American Journal of Maternal Child Nursing*, 34(6), 356-64.
- Cricco-Lizza, R. (2009). Formative infant feeding experiences and education of NICU nurses. *American Journal of Maternal Child Nursing*, 34(4), 236-42.

Role: Co-Chair

## DOCTORAL ADVISEES

- 2019 to present           Juntereal, N.
- 2009-2014               Froh, E.
- 2007-2010              Hallowell, S.G.
- 2006-2009              Gatti, L.R.
- 2003-2004              Dickson, V.

## COMMUNITY SERVICE

Phi Sigma Sigma Foundation Trustee Emeritus	2004 to present
Phi Sigma Sigma Foundation Trustee	1999 to 2004
Director of Education and NKF liaison (Responsible for overseeing \$1 million in assets)	1999 to 2004
Phi Sigma Sigma Alumnae Panhellenic Delegate	1999 to 2003
Phi Sigma Sigma-Temple University Housing Corporation	1998 to present
Phi Sigma Sigma Election Committee	1996 and 1998
Phi Sigma Sigma Alumnae Advisory Board	1996 to 2002
Philadelphia Phi Sigma Sigma Alumnae Chapter	1990 to present
Charter member	1990
Vice President	1992 to 1998
President	1998 to 2003
Faculty Advisor	
Phi Sigma Sigma at University of Pennsylvania	1995 to 2010
Chapter Key Alumnae Advisor	
Phi Sigma Sigma at Temple University	1986 to present
Big Sisters of Philadelphia	1986 to 1989

Updated 4/18/20