

In Recognition of
National Period Day

Donations Drive
October 21 - 31, 2019

Donation boxes for **menstrual products**
are located on 4U, Fagin Hall



WHAT IS NATIONAL PERIOD DAY?

On October 19, 2019, rallies are being held in all 50 states in honor of the world's first #NationalPeriodDay -- elevating the issue of period poverty and demanding real change to making period products more accessible for all and ending the #TamponTax.

It's 2019, and yet, 35 US States still have a sales tax on period products considering them non-essential items. **1 in 4 women struggle to afford period products** due to a lack of income. In the first city-wide study on period poverty, it was found that 46% of low-income women had to choose between a meal and period products. Because of the period stigma that makes menstruation a taboo topic, we don't often think about what it's like for a homeless or low-income menstruator to get their period, and don't have open conversations about period health or solutions to period poverty.

In recognition of **National Period Day**, Penn Nursing's Center for Global Women's Health invites you to participate in a **menstrual product donation drive**. All donations will go to support women and girls in the West Philadelphia community, and will be distributed through our partnerships with Cycle Sisters.

