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For Immediate Release

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Greetings!:

The University of Pennsylvania School of Nursing has exciting news, prestigious awards and ground breaking research developments happening every day. See what we've got going on now. Click on the headlines to be taken to the full story below:

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Pennsylvania Launching of Future of Nursing Report to be held at the University of Pennsylvania School of Nursing

The University of Pennsylvania School of Nursing will host the Pennsylvania launching of the Future of Nursing report from 3-6 p.m., Oct. 14, at Claire M. Fagin Hall.

The Future of Nursing Initiative, co-sponsored by the Robert Wood Johnson Foundation and

the Institute of Medicine, was launched in 2008 with the goal of examining the nursing workforce and its capacity for meeting the demands of a reformed health care and public health system.

"This initiative comes at a critical time during the health care reform debate," said Afaf Meleis, Dean of the University of Pennsylvania's School of Nursing. "It will provide a blueprint for the nursing profession to proactively meet the demands of a reformed health care system that will offer greater access, higher quality, and more cost-effective care to the American public."

Nurses, physicians, and other health professionals, state and local officials, insurers, health profession educators and other groups all have a stake in how the recommendations are implemented, Dean Meleis said. She added that the nursing profession will have to work with various stakeholders at the national, regional and local levels to set in motion some of the changes that will be needed in health policy, public and private funding, education programs, practice environments, and payment mechanisms.

"Part of the purpose of our symposium will be to bring together Philadelphia-area stakeholders to learn first-hand about the specific report recommendations and its implications, as well as to begin a dialogue about how we might work together to move them forward toward implementation," Dean Meleis said. "We see this symposium as the beginning of a process to maximize our collective efforts to improve health care for the citizens of our region. As members of this community, we all must play a part in and take responsibility for successful health care reform and the findings of this initiative will be a critical component as we move forward."

The findings and recommendations of the Future of Nursing Committee will be formally and publicly launched on October 5, 2010 in Washington, DC.

The Future of Nursing symposium at the University of Pennsylvania School of Nursing will include a presentation by Dr. Risa Lavizzo-Mourey, President and CEO of the Robert Wood Johnson Foundation, and a panel presentation that will include Dr. George Thibault, President and CEO of the Macy Foundation, and Penn School of Nursing's Dr. Julie Fairman, who has worked closely with the Future of Nursing Committee, and Dr. Julie Sochalski, who was (in 2009-2010) the AAN-AARP Senior Policy Fellow in Washington, DC working on health care reform "from the front row." Governor Rendell has also been invited as the school's special guest.

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Developing HIV & Partner Abuse Interventions for Adolescent Girls

"Safe sex saves lives" has been the mantra of the movement to protect against HIV infection.

But for teen girls - and especially for young African-American women, who are among the fastest growing population of new HIV cases in the United States - research has found the conversation on safe sex should essentially begin with a discussion of healthy versus abusive partner relationships.

"Those who are sexually active are at the highest risk for intimate partner abuse," said Dr. Anne Teitelman, a professor with Penn School of Nursing's Center for Health Equities Research. "For teens to practice safe sex, they need to first understand the different types of partner abuse and how abuse undermines safe sex practices."

As a nurse practitioner working in an adolescent health center, Dr. Teitelman, said she began to wonder what was going on when girls would come back with repeat sexually transmitted infections (STIs). Thus began the idea for what has driven her halfway through a five-year study funded by the National Institutes for Health, titled: "HIV Prevention and Partner Abuse: Developing an Intervention for Adolescent Girls."

There has been no research on HIV prevention interventions specifically for adolescent girls that integrates partner abuse prevention, including the newly discovered methods of condom coercion, until now.

Her findings, to date, were published in the Summer 2010 edition of *Family Violence Prevention & Health Practice*. See: <http://endabuse.org/health/ejournal/2010/06/condom-coercion-sexual-relationship-power-and-risk-for-hiv-and-other-sexually-transmitted-infections-among-young-women-attending-urban-family-planning-clinics/>

Dr. Teitelman conducted individual interviews with young women who were seeking care at an urban family planning clinic to better understand partner-related barriers to safer sex in healthy and unhealthy relationships. All of the females were from neighborhoods in which the homicide rate is five times the national average, and many reported seeking "protective" men. For most of these women, protective turned into abusive.

One form of abuse is an emerging area of research that Dr. Teitelman identifies as "condom coercion" a form of safe sex sabotage. It is a power dynamic in which males coerce their partners into unprotected sex through various means, ranging from manipulating partners for example by insinuating promiscuity ("you must be cheating on me if you want to use a condom") to more overt condom sabotage, eg. surreptitiously removing the condom before sex. Through these in-depth interviews, Teitelman identified several new forms of condom coercion that involved various types of emotional manipulations such as: overstating commitment to the relationship; ignoring requests for condom use; insinuating promiscuity; leaving; having sex with someone else; and minimizing the risk of getting a sexually transmitted infection (STI) or HIV. These forms of condom coercion are especially difficult for young women to identify and resist given the prevailing gender norms of expectations for sex, partner non-monogamy and condom non-use.

"Up until now, we knew little about the subtle ways in which partner abuse led to unsafe sex.

We can now use this information to make HIV prevention programs even more effective than before," states Teitelman.

The objective of the current phase of the study is to develop the HIV prevention intervention program that also includes messages about healthy and unhealthy relationships and intercepting these girls at family planning clinics before a bad relationship turns worse and leads to a STI or HIV. Teitelman is currently writing the curriculum based in part on the interviews with girls and will soon conduct a small randomized clinical trial to pilot test the intervention program.

"We are calling it 'Stand UP Together.' UP stands for United and Powerful," Teitelman said. "In it, girls will learn how to prevent HIV and STIs; how to recognize abuse, including all the different types of condom coercion; how to reduce their risks of abuse; how to get out of an unhealthy relationship; and how to help a friend with the same."

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Dr. Ann L. O'Sullivan to receive NCSBN Meritorious Service Award

Dr. **Ann L. O'Sullivan received** The National Council of State Boards of Nursing (NCSBN) Meritorious Service Award at the council's annual awards ceremony during the NCSBN Delegate Assembly, in Portland, OR, Aug. 11 -13.

The Meritorious Service Award is presented annually to a board or staff member of a member board for positive impact and significant contributions to the purposes of NCSBN. According to her nomination for the award, she "is a leader who looks for ways to develop regulatory excellence."

Dr. O'Sullivan, PhD, FAAN, CRNP is the Dr. Hildegard Reynolds Endowed Term Professor of Primary Care Nursing. Dr. O'Sullivan is also sits on the Pennsylvania Board of Nursing council. She is nationally known and an internationally recognized consulted expert on working with teen mothers.

For more information, see: <http://allnurses.com/nursing-news/pa-bon-chair-488131.html>

Faculty headshots are available up on request.

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Dr. Naylor's Transitional Care Model reduces hospital readmissions

Dr. Mary Naylor's Transitional Care Model is profiled in the June 9, 2010 issue of the Agency for Healthcare Research and Quality (AHRQ). The Transitional Care Model is an intensive, nurse-led care management program provided to high-risk seniors during and after hospitalization. A transitional care nurse with geriatric experience assesses inpatient and family needs, conducts discharge planning, implements the discharge plan through home visits and telephone communication, facilitates and encourages patient self-care, and serves as a liaison with community-based clinicians and services.

Dr. Naylor, PhD, FAAN, RN is the Marian S. Ware Professor in Gerontology; Director of NewCourtland Center for Transitions and Health. Her intensive research is designed to improve outcomes and reduce costs of care for vulnerable community-based elders.

For more information, see: <http://www.innovations.ahrq.gov/content.aspx?id=2674>

Faculty headshots are available upon request.

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Dr. Bradway's research on continence care featured on MedScape

Dr. Christine Bradway's extensive research on continence care for obese nursing home residents is featured as the first choice on the most recent Medscape Today, from WebMD. Her latest study aimed to describe demographic characteristics and co-morbid conditions of obese nursing home residents, current nursing care practices related to continence care in obese nursing home residents, licensed and unlicensed nursing caregivers' reports of continence care issues they experience with obese nursing home residents, and continence care issues reported by obese nursing home residents.

Dr. Bradway PhD, CRNP is the Assistant Professor of Gerontological Nursing, Clinical Educator and Program Director of the Gerontology Nurse Practitioner Program.

For more information, see: <http://www.medscape.com/viewarticle/721591> or <https://share.nursing.upenn.edu/sites/communications/Lists/MediaLog/Attachments/2517/5.18.10%20medscape%20bradway.pdf>

Headshots of faculty are available upon request.

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American College of Nurse-Midwives honors Penn Nursing alumna for contributions to midwifery and women's health

MSN Alumna Tonia Moore-Davis is presented with the Kitty Ernst award, one of the most prestigious honors given by the American College of Nurse-Midwives (ACNM). Each year, the Kitty Ernst award honors an exceptional midwife that has demonstrated innovative endeavors in clinical practice, education, administration, or research relating to midwifery and women's health.

Upon receiving the award on June 13, 2010, Melissa Avery, outgoing ACNM president, said, "Tonia is tireless and passionate in her work."

http://www.midwife.org/siteFiles/news/KittyErnstAward_2010pdf

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Dr. Sullivan-Marx named new Health and Aging Policy Fellow

Dr. Eileen Sullivan-Marx, Penn Nursing Associate Dean for Practice and Community Affairs, has been selected as a Health and Aging Policy Fellow for 2010-11. The goal of the Health and Aging Policy Fellowship is to create a cadre of professional leaders who will serve as positive change agents in health and aging policy, helping to shape a healthy and productive future for older Americans. Supported by The Atlantic Philanthropies and administered by Columbia University, this national program seeks to provide professions in health and aging with the experience and skills necessary to make a positive contribution to the development and implementation of health policies that affect older Americans.

In this role, Dr. Sullivan-Marx will focus on policymaking at the state and national levels particularly related to financing, dissemination, and quality of community based long term care for older adults. Building on her leadership in clinical practice, scholarship in improving outcomes of care for frail older adults, and education of nurses, advanced practice nurses and health professionals in the field of aging and interprofessional care, she will participate in policy making activities related to community based long term care in the Commonwealth of Pennsylvania Department of Aging, Office of Long Term Living, and the Center for Medicare and Medicaid Services (CMS) to learn how policy is implemented.

Dr. Sullivan-Marx, PhD, CRNP, FAAN, RN is the Shearer Term Associate Professor for Healthy Community Practices, and Associate Dean for Practice and Community Affairs. Her research area focuses on outcomes of care for frail older adults and sustaining models of care using advanced practice nurses locally and globally.

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